



**The Compassionate Friends**  
**Manhattan Chapter**  
 Supporting Family After a Child Dies

**Our next meetings...**

**Aug 10 & 24**  
**Sept 14 & 28**  
**Oct 12 & 26**  
**Nov 9 & 23**

**Manhattan Chapter Newsletter**

**August 2021**

**Anniversaries**

by Marie Levine

Seems that all of my civilian life, anniversaries were happy milestones. Matter of fact, there were two major celebrations ...a dinner and/or a present. Those were such simple times.

Now I'm in a very different place. Anniversaries are so momentous and so dreaded. They conjure up such a collection of mixed emotions. I spend so much energy bracing myself for each joyless anniversary. And then I relive everything. For days before, I remember. He was alive, I think. On the day before I relive each hour. On the anniversary date, every painful minute becomes a flashback of details. The day after, it continues and for practically a whole week I am brought to tears as wave after wave of despair overcomes me. The flood eventually subsides. Floods always do.

I write this having just returned from my compassionate friends meeting. I realized as we went around the circle, that I had been absent for several meetings and that there were many newly bereaved parents attending. I thought back to my first few months and my bewilderment as parent after aren't declared the loss of their child...one year ago, two years ago, three years ago... so much agony...so many painful anniversaries. And I remember thinking back then at my own beginning and I listened to those who had endured three months, one year, two years, five years..."*how did they do it?" They're different from me...they survived to be over it!*" What a confused jumble of thoughts and emotions. If only I could fast forward all these newly bereaved parents to where have come today. It's more manageable now. I want to whisk them into the future. And then I think *maybe that's what Peter thinks now.*

(cont'd page 3)

**Summer Thoughts**

by Libby Gonzales

Summer is a time when things naturally slow down, a time when many are waiting for the orderly routine of their lives to begin again. For those of us in grief whose lives are already in limbo, it can seem endless if we let it. Seeing children, babies and teenagers is not easy for us, and we see them everywhere from shopping centers to beaches. Everyone is out living, loving, enjoying carefree activities with their children, and we want to scream, "It's not fair!" I was sitting on my patio on evening at dusk recently listening to the shouts of children playing, and I was crying as I remembered the sounds that my child used to make. I became very depressed as I thought what a long summer this was going to be.

In my reverie, I was reminded of a recent comment that I had heard at a TCF meeting: "My child was such a loving, giving person. He would not want me to waste my life being bitter." "I also remember a good friend telling me to "count my blessings" and naming all the things I had to be grateful for. I was furious at that time. Nothing I had to be grateful for could compensate for the fact that my child had died. Now, sitting in the twilight of this early summer evening, I began to see things differently. I determined that this summer would not be an eternity: I would not let it be. I decided first of all to stay busy.

I am also going to try to enjoy the simple things that used to give me so much pleasure, like flowers, and working in my garden. I then decided to try to be truly grateful for the blessings that I have, like my husband, my friends, my job etc.

(cont'd page 3)

**TELEPHONE FRIENDS:** When you are having the kind of day you feel only another bereaved parent or sibling can understand, we are willing to listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

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 TCF MANHATTAN website: [www.compassionatefriends.nyc](http://www.compassionatefriends.nyc)  
 CO-CHAPTER LEADERS: **Dan Zweig:** [danzweigtcf@gmail.com](mailto:danzweigtcf@gmail.com)  
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THE COMPASSIONATE FRIENDS MEETINGS are always the second and fourth Tuesdays of the month

**WE MEET USING ZOOM AT 7:00pm—sign on at 6:45pm**

Soon as possible, we hope to return in person to the Fifth Avenue Presbyterian Church  
 55th Street and Fifth Ave (enter at 7 West 55th St.

*The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.*

## Summertime and the livin' is easy...

By Carol Tomaszewski

The lazy, hazy days of summer...

What does summertime bring to your mind? I think of the beach with the waves softly washing ashore. Walking along with the sand between my toes. Finding "treasure" along the shoreline. The sound of the ocean is calming. The sun is warm on my face.  
Life seems good.

And then I realize that being at the beach is forever changed for me. The memories of times past at the beach with my family come flooding back. Lots of good memories.

I stare at the ocean and think...the ocean is like my grief. Sometimes it seems wild and black with rage and almost impossible to manage. Riptides, currents and storm surges.

Sometimes it's like rough waves hitting the shore, continually pounding. And sometimes the waves are smaller and are enjoyable to play in. Then sometimes it is unusually calm and I can wade in and let the cool water surround me.

So now I go to the beach to remember. And let the sun warm my heart. Let the sound of the waves calm my soul. And get sand between my toes.

~Carol Tomaszewski, Annapolis Chapter, BP/USA  
~reprinted from July DC/Northern Virginia Chapters Newsletter

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## Don't Think I Do Not Grieve

By Brenda Penepent

Don't think I do not feel; because you see no tears.  
A river rages deep inside of grief, and loss, and fears.  
Just because I do not cry now, don't think my heart's not broken.  
I keep inside the misery of words not to be spoken.  
Sometimes I smile, or crack a joke, so you won't see the pain;  
or notice how my hands will shake, or how I've gone insane.  
Each time I chance to think of her, my heart is ripped asunder.  
The loss I feel is mine alone. you will not see my thunder.

~Brenda Penepent

~reprinted from July DC/Northern Virginia Chapters Newsletter

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"Grief and sadness knits two hearts in closer bonds than happiness ever can; and common sufferings are far stronger than common joys."

-  
Alphonse de Lamartine

~reprinted from July DC/Northern Virginia Chapters Newsletter

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### TCF SIBLING CHAT

This chat is available for adult and teen siblings to share concerns and feelings

WEDNESDAY & THURSDAY EVENINGS  
9 PM

[www.compassionatefriends.org](http://www.compassionatefriends.org)

### TCF SIBLING TUESDAYS

Siblings in the Manhattan Chapter meet every Tuesday of the month.

With Jordon Ferber - Sibling Leader

TUESDAYS AT 7:00PM

[www.compassionatefriends.nyc](http://www.compassionatefriends.nyc)

## Anniversaries...

(cont'd from page 1)

This summer marked four years since I have spoken to my beloved son Peter. It is ever a wonder to me that I go on. For my husband and me, the summer evokes one date after another... a regular endurance test of emotion. Peter's birthday is July 14<sup>th</sup>. Our wedding anniversary is August 2<sup>nd</sup>. Peter's "anniversary" a scant five days later...August 7<sup>th</sup>. As you can imagine, we go through a lot of candles in a very short period of time.

But time does indeed tell a lot. Though I marvel that I endure...I do. Though my grief hasn't abated as I originally thought it would, I have become expert at managing the pain. This particular summer has brought home an inescapable fact of life. Time flies. Everywhere I go, this summer more than ever, I've listened to people remark on how fast the summer has gone. I wonder. Has it?.

Has this summer gone faster than most? Four years ago I thought time stood still. I would sit on the edge of my bed for what seemed like a few minutes, transported by despair. The I would look up and discover the afternoon would be almost gone. Where had the time gone? Now, four years later I find there is hardly any time at all. My days are filled with as much activity as I can cram into 24 hours. I realize that no one gets out of here alive, there is so much to do and so little time...and I am comforted to know that. However far away or ahead of me Peter is, I am rapidly gaining on him.

So I go on. Racing along at 78rpm. Slowing down only briefly for a few weeks in the summer when the pain of another clump of anniversaries clogs my path, chokes my breathing and time seems to stand painfully still for one more cosmic moment.

~ Marie Levine, 1997

## Marie Levine

Editor, TCF Manhattan and Twin Forks, NY

[marielevine2@verizon.net](mailto:marielevine2@verizon.net)

## Anniversaries (an update)...

*Epilogue: re-reading this, now as I am about to commemorate the 28<sup>th</sup> anniversary (!) of Peter's passing brings on a whole new set of thoughts. The pain has most definitely abated. The commemorative days do still bring on a particular sadness for all that might have been. The longing and the missing is as intense as ever. But as I close in on old age, I relish the days more and find some inexplicable comfort in knowing I grow closer and closer to reuniting with my guys. I'm once again delighted by a beautiful sunny day, pattering in the garden, sharing a laugh with friends, being an observer more than a participant – I marvel at how I have restored my life. And I pray I can assure my compassionate friends that they too will again one day, find joy in their lives.*

~ Marie Levine, 2021

## Summer Thoughts

(cont'd from page 1)

It has been almost 5 years for me, and I know that last year this would not have worked. Of course I still have times of sadness; I know I always will. But I have decided that in the process of grieving we close so many doors, the only way to recovery is to reopen them gradually at our own pace.

I know I will never be the same person I was before the death of my child, but I hope eventually in some ways I will be a better person because suffering can be beneficial if we learn and grow through it. A year ago I didn't feel that way, and I know I still have a long way to go, but in the meantime, I know the greatest tribute to my child will be to enjoy this summer as he would have done.

~Libby Gonzales, TCF Huntsville, AL

~reprinted from July DC/Northern Virginia Chapters Newsletter

## Gifts of Love

**A Love Gift** is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

**Passing the Basket** – During normal times, we raise needed funds at each meeting by passing a basket for voluntary contributions. In this time without in person meetings, the Manhattan Chapter is going without the resources we usually get from the basket passed during our meetings. We are so glad to be able to hold the online meetings, and if you are able to, once a month or whenever you are able to, please help and make a 'Basket' contribution to help our organization.

## Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.



OUR CHILDREN—LOVED AND REMEMBERED



AUGUST BIRTHDAYS

- 8/2 **MICHAEL KLINOFSKY**, brother of Melanie Klinofsky
- 8/3 **JAKE MAJER**, grandson of Linda Reed
- 8/4 **LOUIS KORENMAN**, son of Sanders Korenman
- 8/5 **JESSICA REVELEY**, sister of Britt Bonney
- 8/7 **LAURIE NICHOLS**, daughter of Marie Jones
- 8/7 **SAMUEL TITUS**, son of Sara Jenkins
- 8/8 **RAIDEN SHIMOYAMA**, son of Jenna Agins & Toku Shimoyana
- 8/9 **BRIAN GOLDBERG**, son of Gloria & Arthur Goldberg
- 8/9 **GER ANDLINGER**, daughter of Jeanne Andlinger
- 8/9 **HANNAH POTIS**, sister of Taylor Potis
- 8/9 **ZUNILDE (ZUNNY) MARTE**, daughter of Victor Marte
- 8/10 **BRITTANY**, sister of Jordan Malveaux
- 8/11 **HAMEEN JASPER**, daughter of Yolanda Jasper
- 8/12 **AVA NASCIMENTO**, granddaughter of Eugenia Nascimento, niece of Laura Jones
- 8/14 **SHERINIECE M. LAWTON**, daughter of Linda Lawton
- 8/15 **BENJAMIN TEPPERBERG**, son of Susann Tepperberg
- 8/16 **CAROLINE MONTGOMERY**, daughter of Catherine Montgomery
- 8/16 **HUNTER MARSHAD**, grandson of Erica & Neal Marshad
- 8/16 **MEL'LISA ANDRE**, daughter of Darchelle Hinson-Andre
- 8/17 **SHANNA JOSEPH**, daughter of Lynn Platt, sister of Rebecca Wasserman
- 8/18 **DYLAN JOSEPH MAIDA**, son of Lisa Burns & Sal Maida
- 8/18 **MISCHA DRUCKER ZIMMERMAN**, son of Henia Drucker
- 8/18 **VISHAL TUNGARE**, brother of Ajay Tungare

- 8/19 **GRAYSON LOLLER**, son of Tania Rivera
- 8/19 **JAMES GIBBON**, son of James (Jimie) Gibbon
- 8/20 **JULIO BARRERA**, son of Martha Riveira
- 8/20 **LAUREN MARIE NELSON**, sister of Mickey (Michelle) Nelson
- 8/21 **FRANK UNTENER**, son of Barbara Chase
- 8/21 **GAGE TURZANI**, Nephew of Liz Sherman
- 8/21 **SANGEETA LAL**, brother of Seema Lal
- 8/22 **MICHAEL RAVEN**, son of Selma & Rob Raven
- 8/23 **GAIL ROACH**, daughter of Joyce Roche
- 8/23 **MONTE JONATHAN GOLUB**, son of Ellie Gollub
- 8/25 **JAMES ROACH**, brother of Omar Roach
- 8/26 **JOHNNY & HOLLY RAHN**, twin children of Kathrin Laser & David Rahn
- 8/27 **MARGARET BRAUN-GRIEP**, sister of Helen Braun
- 8/28 **BLAKE GOODMAN**, brother of Claudia Goodman
- 8/28 **JAMIE MARCUS**, daughter of Bruce Marcus
- 8/28 **LOGAN GENTRY**, son of Christine Spiro
- 8/29 **ALEXIS ECHAVARRIA**, son of Christina Echavarria
- 8/29 **JOSHUA ROBERT ESFORMES**, son of Susan Esformes, brother of Jacob
- 8/29 **SAM BERGER**, son of Marla & David Berger
- 8/30 **LAEL MASE**, daughter of Marla Mase
- 8/31 **KIMANI FOSTER**, daughter of Katrina Thomas
- 8/31 **ROSITA CUNNINGHAM**, sister of Sedel Mapp



**Our Children Remembrances — Changes**

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to [tcfmanhattan.nyc@gmail.com](mailto:tcfmanhattan.nyc@gmail.com) and tell us what needs to change.

Dan Zweig



**OUR CHILDREN—LOVED AND REMEMBERED**  
**AUGUST ANNIVERSARIES**



- 8/1 **JOHN RICHARDSON**, son of Vivian Richardson
- 8/1 **LUIS LARA**, son of Harry & Maria Ruff
- 8/1 **MANUEL RODRIGUEZ**, son of Irene Rodriguez
- 8/1 **TIMOTHY KOK**, brother of Tse Wei Kok
- 8/2 **ETHAN MAGDER**, son of Andrea & Gary Magder, brother of Abbi Magder
- 8/2 **KANNE IKONOMOU**, sister of Natasha Ikonomou
- 8/2 **KARINA VETRANO**, sister of Tara Vetrano
- 8/2 **WILLIAM JOHN**, brother of Joseph John
- 8/3 **DESHA BEAMER**, sister of Laura Beamer
- 8/3 **JONATHAN DIAZ**, son of Jeanette Diaz
- 8/3 **MICHAEL DURNIN**, son of Karen & Mike Durnin
- 8/3 **SHANNA JOSEPH**, daughter of Lynn Platt, sister of Rebecca Wasserman
- 8/4 **ALEXIS ECHAVARRIA**, son of Christina Echavarrria
- 8/4 **CHADWICK ALEXANDER ANDERSON**, son of Stacie Hawkins
- 8/5 **CASEY ACKERMAN**, son of Melissa and Hal Ackerman
- 8/5 **HOLLY OESTREICH**, daughter of Joyce Oestreich
- 8/6 **BENJAMIN TEPPERBERG**, son of Susann Tepperberg
- 8/6 **BURKE TAYLOR**, brother of Emily Yoshikawa
- 8/7 **BELLA BRODSKY**, sister of Jennifer Brodsky
- 8/7 **MICHAEL MOSS**, son of Michaela & Bob Moss
- 8/7 **PETER ADAM LEVINE**, Beloved Son
- 8/8 **ALISON GERTZ**, daughter of Carol & the late Jerry Gertz
- 8/10 **GAGE TURZANI**, Nephew of Liz Sherman
- 8/11 **CHRISTOPHER PALMER**, son of Darlene and Douglas Palmer
- 8/11 **RUTH DOUGHTY**, sister of Louise Doughty
- 8/12 **MIA SACASA**, daughter of Malik Sacasa
- 8/15 **BEN BREEN**, son of Carol Breen
- 8/16 **ALAN SOLITAR**, son of Susie & Bruce Solitar
- 8/16 **CHARLIE-ROSE MCCALL**, daughter of Yvette Perry
- 8/16 **RAIDEN SHIMOYAMA**, son of Jenna Agins & Toku Shimoyana
- 8/18 **ERIK BANKS**, son of Laurene Buckley
- 8/18 **FORREST RYZY-RYSKI**, brother of Sophia Rzyz-Ryski
- 8/18 **NONI BIALE**, daughter of Margaret and Noam Biale

- 8/19 **ARTURO LAULO**, brother of Luz Laulo
- 8/19 **DONALD BROWN**, son of Desiree Brown
- 8/19 **KHALID ALBABA**, son of Kerri Albaba
- 8/20 **BRYANT GIBBS**, brother of Cynthia Gibbs-Pratt
- 8/20 **JEFF CARPENTER**, son of Donna Carpenter
- 8/20 **RICKY BATASHOFF**, brother of Dana Stein
- 8/20 **SHANE ALVAREZ**, son of Melanie Alvarez
- 8/21 **DYLAN BISCH**, son of Eileen Eck
- 8/21 **JEFFREY CARTER**, son of Linda Carter
- 8/21 **ROSE MAYR**, sister of Anna Mayr
- 8/22 **FABIAN ABNEY**, nephew of Chiffon Abney
- 8/22 **JANIE GONG**, daughter of Alan & Daisy Gong
- 8/23 **JOANNA ZWEIG**, Ben's aunt, sister of Daniel Zweig
- 8/24 **DESIRA (DESI) PACUK**, sister of Nikkie Pacuk
- 8/24 **DIANE HASS**, daughter of Lillian Hass
- 8/24 **MARIA CUNARD**, sister of Angela George
- 8/25 **MEGAN YODER**, sister of Kyle Yoder
- 8/25 **SANGEETA LAL**, brother of Seema Lal
- 8/26 **JOHNNY & HOLLY RAHN**, twin children of Kathrin Laser & David Rahn
- 8/26 **LAURA FELDSTEIN**, daughter of Marilyn & Al Feldstein
- 8/27 **DAVID GLASS**, son of Jack & Laura Glass
- 8/28 **BRITTANY MCGRATH**, sister of Chelsea McGrath
- 8/29 **JOSEPH BABY**, brother of Marilyn Baby, son of Yohannan Baby
- 8/29 **JOSHUA UNDERWOOD**, brother of Sarah Underwood
- 8/29 **LINDA MARQUEZ**, daughter of Hilda Mendoza
- 8/29 **TRYGVE WASBOTTEN**, son of Marilyn Wasbotten
- 8/30 **CASEY LOW**, brother of Dara Low
- 8/31 **BENJAMIN ZWEIG**, son of Sally Petrick & Daniel Zweig
- 8/31 **CHRISTINE**, sister of Theresa Fornato
- 8/31 **DANNY LING**, son of Dan Ling
- 8/31 **GALIAH GARBER**, sister of Anath Garber
- 8/31 **NOAH STERN**, son of Barbara Samuels & Nicholas Stern
- 8/31 **TYLEAH MCFADDEN**, daughter of Lisa Jenkins, sister of Nadirah McFadden





**OUR CHILDREN—LOVED AND REMEMBERED**  
**SEPTEMBER BIRTHDAYS**



- 9/1 **DWAYNE NELSON**, son of Amelia Brewer-Nelson
- 9/1 **MARK H. IHDE**, son of Linda & Don Ihde
- 9/1 **ROSE LIANG**, sister of Holly & Chue Liang
- 9/2 **GEORGE MICHAEL KOTSIS**, son of Doris Kotsis
- 9/3 **BETTY DIBIASO**, daughter of Susan Carty
- 9/4 **JОВI RAMOS**, son of Desiree Ramos
- 9/6 **HENRY SZOR**, son of Eva Grin
- 9/6 **MAX GLEZOS-CHARTOFF**, son of Julie Chartoff & Irene Glezos
- 9/7 **TOMMASO CERASE**, son of Barbara Riccardi & Alessandro Cerase
- 9/8 **AHMAD SHARRIEFF-AL-BEY**, son of Rashied Sharrieff-Al-Bey
- 9/8 **CALLUM ROCHE**, son of Sean Roche
- 9/8 **CYRUS SINK**, son of Susan Huggins
- 9/8 **MELISSA ANN WALSH**, sister of Stephanie Walsh
- 9/8 **THERESA MARTIN HOUGH**, daughter of Sara Martin
- 9/12 **AVA LOUISE HOUSE**, daughter of Molly House
- 9/12 **SAIGIA BRON**, daughter of Florence Layayette
- 9/12 **SOPHIA JOLIET AGUIRRE**, daughter of Monica Deliz
- 9/13 **CANDICE CHEN**, daughter of Belle Tung
- 9/13 **TROY HALL**, son of Victor Hall
- 9/14 **CASEY STRAKA**, son of Dana Straka
- 9/14 **GALIAH GARBER**, sister of Anath Garber
- 9/15 **MICHAEL MCFARLAND**, son of Tamara McFarland
- 9/16 **PAUL THOMPSON**, son of Elaine Thompson
- 9/17 **KARIM HALAWI**, brother of Lama Halawi
- 9/18 **DAVID PICARD**, son of Darlene Picard
- 9/18 **IAN MALSON**, brother of Caitlin Malson
- 9/19 **ILIA KRASOTINA**, sister of Sofiya Krasotina

- 9/19 **TYLEAH MCFADDEN**, daughter of Lisa Jenkins, sister of Nadirah McFadden
- 9/21 **CHRISTOPHER LUKE ELMER**, son of Anne Elmer & Jeff Elmer
- 9/21 **GINGER SIMMS**, daughter of Larry Simms & Alison Ho
- 9/21 **TATIANA HICKMAN**, sister of Autumn Hickman
- 9/21 **WONDER HAMILTON**, daughter of Gary & Jennifer Hamilton
- 9/22 **ALEXANDRA DISANTIS**, daughter of Margo & Frank DeSantis
- 9/22 **JAMES HAYS**, brother of Claire Hays
- 9/23 **CASEY CRUZ**, daughter of Ibelka Cruz
- 9/23 **GREGORY ROTH**, brother of Stephanie Roth
- 9/25 **CHRISTOPHER DOMBROWSKI**, brother of William & Brianne Dombrowski
- 9/26 **MITCHELL WALKER**, son of Fountain Walker
- 9/27 **ARON LINDELL**, son of Julie Lindell
- 9/27 **JAY SCHNEIDER**, son of Bonnie Bowes
- 9/27 **WILLIAM JOHN**, brother of Joseph John
- 9/28 **ALEX BIBLER**, son of Lindsay Bibler
- 9/28 **KRISTEN DUBERRY**, daughter of Michael Duberry
- 9/28 **PAMELA ARGUELLO**, daughter of Doris Carraquillo, sister of Vinny Urena and Brandon Arguello
- 9/28 **RYAN CHRISTIAN BALLON**, brother of Dylan Ballon
- 9/29 **ANDREW SCHLEIFER**, son of Kittyhawk Schleifer
- 9/29 **BOBBY BEATTIE**, brother of Rose Beattie
- 9/29 **DANIEL SNYDER**, brother of Lisa Snyder
- 9/29 **LILY BADGER**, daughter of Madonna and Matt Badger
- 9/30 **BELLA BRODSKY**, sister of Jennifer Brodsky
- 9/30 **CHRISTOPHER WAGNER**, son of Linda & Edward Wagner





**OUR CHILDREN—LOVED AND REMEMBERED**  
**SEPTEMBER ANNIVERSARIES**



9/2 **IMOGEN ROCHE**, daughter of Theseus Roche  
 9/2 **ROWENNA WIGHT WHITE**, daughter of Nancy Wight  
 9/2 **YULIA KRASHENNAYA**, sister of Deb Faynshteyn  
 9/3 **BRENDEN CARSON**, son of Debra Carson  
 9/3 **CALEB SANDE**, grandson of Renee & Hervey Sande  
 9/3 **SEAN KIMERLING**, son of Ervine & Noah Kimerling  
 9/4 **ADEDAYO ADEWALE**, son of Modesta Baltazar  
 9/4 **MARLA SUE COLLAZO**, daughter of Lita & Joe Robinson  
 9/4 **ZANE MANDEL-MICHALAK**, son of Janet Robinson  
 9/5 **NOAH BOWER**, son of Pat Bower Cooley  
 9/6 **SHAUN BECKWITH CHASEN**, son of Dr. Barbara Chasen  
 9/6 **TIM MAGEE**, son of Mary & Tim Magee  
 9/7 **PATRIC KARN**, brother of Lisa Kaye  
 9/7 **YEHUDA MILSTEIN**, son of Edith Bayne, brother of Ilana Milstein  
 9/8 **BRIAN CULLIMORE**, son of Teresa Cullimore  
 9/9 **BRIAN MEEHAN**, brother of Kevin Meehan  
 9/9 **JORDAN WEINSTEIN**, daughter of Wendy J. Schriber  
 9/10 **KRISTINA ESPOSITO**, daughter of Cecilia Esposito  
 9/11 **AARON HOROWITZ**, son of Allan & Liz Horwitz  
 9/11 **CHRISTIAN FUERSICH**, son of Janet Fuersich  
 9/11 **JOHN COOPER JR.**, brother of Keith P. Cooper  
 9/12 **ADAM WEINER**, son of Susan Weiner  
 9/12 **ANDREW BALTINI**, brother of Kevin Baltini  
 9/12 **BLAKE GOODMAN**, brother of Claudia Goodman  
 9/12 **JENNA HERNAN**, daughter of Maria Hernan  
 9/13 **JAMES RUSSO**, brother of Adrienne Russo  
 9/13 **JASMIN REQUENA**, daughter of Eleanor Requena, sister  
 of Jaqueline  
 9/14 **EMRE EDEPLI**, son of Levant & Kirsten Edepli  
 9/14 **JOHN MARZANO**, son of Claire Martino  
 9/14 **TATIANA HICKMAN**, sister of Autumn Hickman  
 9/15 **CHRIS SANTIAGO**, son of Eve Ortega  
 9/15 **GEORGE MICHAEL PEREZ**, son of Priscilla Perez  
 9/15 **MARSHALL FORDE**, son of Asurf Forde, brother of Marcel Forde  
 9/16 **JON MICHAEL CAMINITI**, son of David Caminiti, Linda Caminiti  
 and brother of Jacqueline

9/16 **KIARR LACEY MONROE**, son of Xenia Vasquez &  
 Lacey Monroe  
 9/16 **PAUL WALKER**, son of Ellen Walker  
 9/17 **PAMELA ARGUELLO**, daughter of Doris Carraquillo, sister  
 of Vinny Urena and Brandon Arguello  
 9/17 **TIM CARPENTER**, son of Donna Carpenter  
 9/17 **TOMMASO CERASE**, son of Barbara Riccardi &  
 Alessandro Cerase  
 9/18 **GLEN FRASER**, son of James Fraser  
 9/18 **LUCY GRAVES**, daughter of Edward Graves  
 9/19 **AVA LOUISE HOUSE**, daughter of Molly House  
 9/19 **ERIC ROSENBERG**, son of Sharon Rosenberg  
 9/19 **KASRIEL BENJAMIN**, son of Sarah & Tony Benjamin  
 9/19 **WILLIE GWATHMEY**, brother of Katie Gwathmey  
 9/21 **AIDAN HERNANDEZ**, son of Maura Moloney and  
 Victor Hernandez  
 9/21 **LYNDON HOWARD**, son of Lila Howard  
 9/23 **DUSTIN TUNICK**, son of Jenifer Kelly  
 9/24 **NOAH REISMAN**, brother of Rachel Reisman  
 9/24 **SOPHIE ANN MISSHUK**, daughter of Evan Misshuk  
 9/25 **CELINA PACHECO**, daughter of Evelyn Gonzalez  
 9/25 **ELIOT BARTLETT**, brother of Emanuekl (Man) Bartlett  
 9/25 **ISAIAH WINCH**, son of Jesse Winch, brother of  
 Louisa-Carpenter Winch  
 9/25 **SEAN COYLE**, brother of Krista Coyle  
 9/25 **WILLIAM GRIFFO**, son of Yvona & William Griffio, brother  
 of Mike Griffio  
 9/28 **JAMIE MARCUS**, daughter of Bruce Marcus  
 9/29 **KARIM HALAWI**, brother of Lama Halawi  
 9/29 **LAUREN MARIE NELSON**, sister of Mickey (Michelle) Nelson  
 9/29 **PAMELA SUE CHAIKEN**, daughter of Sandy &  
 Lionel Chaiken, sister of Stephanie  
 9/30 **ANTHONY HELZER**, son of Donna Romer



THE COMPASSIONATE FRIENDS CHAT SCHEDULE. <a href="#">Click here to display exact times and to see entire schedule</a>			
ET	MORNING	EARLIER EVENING	LATER EVENING
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
TUE		Loss to Substance Related Causes First time CHAT orientation	Bereaved less than 2 yrs Bereaved more than 2 yrs
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
THU		No Surviving Children First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
FRI	General Bereavement Parents/Grandparents/Siblings	Pregnancy/Infant Loss	General Bereavement Parents/Grandparents/Siblings
SAT			General Bereavement Parents/Grandparents/Siblings
SUN		Suicide Loss	General Bereavement Issues Parents/Grandparents/Siblings

**The Compassionate Friends National Office**  
48660 Pontiac Trail #930808, Wixom, MI 48393  
Toll Free (877) 969-0010  
www.compassionatefriends.org  
email:nationaloffice@compassionatefriends.org

**WE NEED NOT WALK ALONE**  
*TCF National Magazine*  
1 yr. subscription \$20

**MARK YOUR CALENDARS!**  
Our next Chapter meetings are Tuesdays:  
**AUG 10    SEP 14    OCT 12    NOV 9**  
**AUG 24    SEP 28    OCT 26    NOV 23**

**Deadline for Newsletter article submissions:**  
**Oct:** Sept 1st    **Nov:** October 1st  
**Dec:** November 1st    **Holiday:** November 15th

**MAKE A DONATION**  
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**OUR COMPASSIONATE FRIENDLY NEIGHBORS**

Babylon	1st Friday	(516) 795-8644	Rockville Centre	2nd Friday	(516) 766-4682
Bronx	2nd Tuesday	(914) 714-4885	Rockland County	3rd Tuesday	(845) 398-9762
Brookhaven	2nd Friday	(631) 738-0809	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Brooklyn	3rd Wednesday	(917) 952-9751	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Flushing	3rd Friday	(718) 746-5010	Syosset (Plainview)	3rd Friday	(718) 767-0904
Manhasset	3rd Tuesday	(516) 466-2480	Twin Forks/Hamptons	3rd Friday	(646) 894-0317
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389
Medford	2nd Friday	(631) 738-0809			

**PRIVATE FACEBOOK GROUPS**

**Click below for National Website's Listing of groups.**

24/7 PRIVATE FACEBOOK GROUPS

- |   |  |
|---|--|
| <a href="#"><u>TCF – Loss of a Child</u></a>                                    | <a href="#"><u>TCF – Loss of a Grandchild</u></a>                                  |
| <a href="#"><u>TCF – Loss of a Stepchild</u></a>                                | <a href="#"><u>TCF – Grandparents Raising their Grandchildren</u></a>              |
| <a href="#"><u>TCF – Loss of an Only Child/All Your Children</u></a>            | <a href="#"><u>TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild</u></a> |
| <a href="#"><u>TCF – Multiple Losses</u></a>                                    | <a href="#"><u>TCF – Loss to Long-term Illness</u></a>                             |
| <a href="#"><u>TCF – Daughterless Mothers</u></a>                               | <a href="#"><u>TCF – Loss to Cancer</u></a>  |
| <a href="#"><u>TCF – Men in Grief</u></a>                                       | <a href="#"><u>TCF – Loss After Withdrawing Life Support</u></a>                   |
| <a href="#"><u>TCF – Bereaved LGBTQ Parents with Loss of a Child</u></a>        | <a href="#"><u>TCF – Loss to Mental Illness</u></a>                                |
| <a href="#"><u>TCF – Bereaved Parents with Grandchild Visitation Issues</u></a> | <a href="#"><u>TCF – Sudden Death</u></a>  |
| <a href="#"><u>TCF – Loss to Miscarriage or Stillbirth</u></a>                  | <a href="#"><u>TCF – Loss to Suicide</u></a>                                       |
| <a href="#"><u>TCF – Infant and Toddler Loss</u></a>                            | <a href="#"><u>TCF – Loss to Homicide</u></a>                                      |
| <a href="#"><u>TCF – Loss of a Child 4 -12 Years Old</u></a>                    | <a href="#"><u>TCF – Loss to Substance Related Causes</u></a>                      |
| <a href="#"><u>TCF – Loss of a Child 13-19 Years Old</u></a>                    | <a href="#"><u>TCF – Loss to a Drunk/Impaired Driver</u></a>                       |
| <a href="#"><u>TCF – Loss of an Adult Child</u></a>                             | <a href="#"><u>TCF – Grieving with Faith and Hope</u></a>                          |
| <a href="#"><u>TCF – Loss of a Child with Special Needs</u></a>                 | <a href="#"><u>TCF – Reading Your Way Through Grief</u></a>                        |

The Compassionate Friends  
c/o Sally Petrick - Treasurer  
945 West End Ave Apt 2B  
New York, NY 10025

**Making a Donation—Now Online**

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings. You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)