



The Compassionate Friends
Manhattan Chapter
Supporting Family After a Child Dies

Our next meetings...

Jan 27
Feb 17
Mar 17
Apr 21

Manhattan Chapter Newsletter

January/February 2026

JAN 27TH MEETING—4TH TUESDAY IN-PERSON ONLY

On the **fourth Tuesday** this month only, January 27th. We are still working to figure out how and when we can work in on-line meetings. It's by far worth the extra effort to come in-person, but we recognize not everyone can.

*"If ever there is a tomorrow
when we're not together –
there is something you must remember.
You are braver than you believe,
stronger than you seem,
and smarter than you think.
But, the most important thing is,
even if we're apart...
I'll always be with you."*

~ **Winnie-the-pooh, A.A. Milne**

MESSAGE

*When the child you have cherished is taken,
when the light of that promise is gone,
when the faith which sustained you is shaken,
and your days stumble painfully on...*

*When the sorrows of loss are unending
and your God seems forever away,
find the message your lost one keeps sending:
words of loving and thanking and mending...
let your child shape the peace of your day.*

~ **Sascha Wagner**

Our Wish for 2026

We wish everyone a year of more loving remembrance, a year of finding gentler days and more peace...more than you ever thought possible.

Great Expectations.....not!!

"She didn't call."
"I never heard from them again."
"I know they think I'm fine."
"They never mention his name."
"All they talk about are their grandchildren. They're so insensitive."

During the earliest days of our grief, the people closest to us are usually there for us. They call, they write, they commiserate...if we're lucky. Then we begin to notice less and less attention as some decide they've done all that can be expected of them...and they and others begin to expect that we who are bereaved should begin to show signs of healing...which to them would mean becoming once again who we were.

So a great conundrum is in the making. We expect the world around us to be sympathetic and understanding of our limits and continue to extend an empathetic sensibility and accept who we are becoming. The world around us, on the other hand, expects that with time, we will show signs of healing and a return to the selves we used to be.

Neither of these things will happen. At least not in any

(con't on page 4)

TELEPHONE FRIENDS: When you are having the kind of day you feel only another bereaved parent or sibling can understand, we can listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: tcfmanhattan@gmail.com
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"Our Children" editor: **Dan Zweig:** danzweigtcf@gmail.com
Newsletter Editor: **Marie Levine** marielevine2@verizon.net

THE COMPASSIONATE FRIENDS MEETINGS are now monthly - in person on the third Tuesday of the month
WE MEET AT 7:00pm—arrive or sign on at 6:45pm
Jan. 27 and Feb. 17, 2026, we will be meeting only in person at the Fifth Avenue Presbyterian Church
55th Street and Fifth Ave (enter at 7 West 55th St.)

The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.

Winter of our Souls

by Sasha Goodman

It is winter today. There is no sun, not even a flash of light to focus on. The air has become murky as if it has solidified, losing its clarity. Ice covers everything, smothering any life that might have been.

Staring out my window, I compare the bite of winter to my grief: the coldness, the shadows, and my reluctance to breathe in any more discomfort. Grief, like winter, appears uninvited and unwelcome. We abhor the pain and wonder why we must endure the distress, while all along we feel the imminent arrival.

Winter compels the earth to rest. Everything stops struggling, stops performing, and sleeps. Abruptly, nature's need to "do" is gone and "being" is all that is necessary. All that was living before appears lifeless. The leaves disappear from the trees, flowers no longer grace our gardens, and the grass is entombed by snow. But what is going on beneath that which we see? Are the flowers really gone, or are they only changing . . . becoming new, becoming different?

I ponder how much further I dare go with this. Can I contend that grief, like winter, is a gift? Can I talk about the metamorphosis of grief, and contemplate gratitude for its presence? I do not know, but that is where my thoughts are leading me.

Grief necessitates a sabbatical from living. We stop struggling, stop performing, and freeze. Our compulsion to "do" dissolves, and "being" is all that is possible. Our life as we knew it disappears, dreams are shattered, and our hearts are ripped from us in the blink of an eye. We are gone, lost in our grief. But what is transpiring in our heart? Is everything gone, or is it only changing . . . becoming new, becoming different?

Grief is harsher than winter. The tasks of daily living are amplified, and what was once soft and blurred becomes sharp and ragged. While winter invariably ends and I remember that spring will arrive, grief makes no such promise. I must wait without assurance. There are moments when winter is beautiful: a blanket of fresh snow on Christmas morning or the surprise of a warm breeze in February. There are nights when winter is hard and ugly, when temperatures plummet and the howl of the wind threatens our sanity. Grief is the same. A special memory comes into my heart and grief becomes bittersweet . . . beautiful. Then, a letter addressed to my son arrives in the mail, and I am back to the harsh reality that he is gone.

My grief transformed me. It tore out everything within me and said There! It is GONE! What are you going to do?

You have NOTHING LEFT TO HANG ON TO! You must begin again. You must change.

And change is what I did. As winter alters the earth, my grief changed me. It gave me a period of time to step back from living and just be, a space in my existence to feel only that which I needed to feel. It was a time for reflection, reprioritizing, and searching. Without it, I would remain as empty as a garden that never rests.

"But it was painful, horrifying, and devastating," you say. "How can you be thankful for such a thing?"

Grief, like winter, freezes our world. Both appear painful, horrify-

Winter of our Souls

(continued)

ing, and devastating, but it is our preparation for, reaction to, and perception of that creates our discomfort. It is our need to judge which labels discomfort as bad. If we deny that death is possible for those we love, we will be stunned and terrified by its occurrence. If we react to the first blizzard of winter with panic and fear, we will be too afraid to honor its power. If we perceive a fatal ice storm as an act of God, we will shake our fist at Him and spend more time than we have asking why. And if we distinguish death as the end of a loved one's existence, we will be eternally saddened by their absence. The path to spring, to the end of winter, requires only our patience and perseverance. The path to healing requires that and more: it requires that we learn to think differently.

We are a society that fears death. We consider it an end to life, love, and all that came before. Those who die either cease to be, or they exist in a place that is unavailable to us. It is not surprising that fear is present. However, if we alter our beliefs, we can then change our preparation for, reaction to, and perception of death. If we come to know that death is a change in form and not an end, we will not eliminate the winters of our grieving, but we will lessen our suffering.

When my son died in 1996, I had no other option but to change my thinking. I could not live another day presuming he no longer existed. By saying to myself often I am changing my perception of death, I announced to the universe and my higher self that I intended to change what I believed. I placed my intent, reached for it, and settled for nothing less.

I began searching for and finding information to support my new perception. I read books about life after death, mediumship, after death communication, spirituality, and reincarnation. I perused websites, subscribed to email lists, and joined chats where these topics were addressed. I found like-minded friends who understood what I was feeling. I observed mediumship activities on television, at seminars, and on the Internet. I began to support my new belief system with knowledge.

I invited experiences by talking to Jason and asking him to come to me in a dream or to give me a sign of his presence. I meditated and made myself more aware of that which isn't seen or touched. I opened up a doorway of possibility and welcomed all that came from love to enter.

Finally, I accepted what happened and expressed gratitude. When the lights went off and then on again for no apparent reason, I was quick to say "thank you." If I was only thanking the power company, it didn't matter. No one knew. The more I accepted as real, the more I experienced. We hear often that "seeing is believing," but this is about "believing is seeing."

My journey has been both desolate and inspiring. There have been moments when I thought the cold and darkness would never end, and moments when tears of joy washed away the pain and light permeated my being. I invite you to walk the path of grief a little differently: to nurture winter's bleakness and look deep into its purpose. And just as we must think differently to see winter's grace, we must think differently to see the gift of grief. It is there, buried beneath a frozen crust that protects and restores while the winter of our soul . . . ensues.

~reprinted from Love Never Dies

SIBLINGS

SIBLING GRIEF

I was a sophomore in high school when my little brother, Arthur, was killed. As a sad coincidence, the woman who killed him was the secretary in my school. I must have seen her at school the day he was killed, but I am not able to consciously remember it. I can't remember seeing Arthur lying in the street either, though I know I did. All I can recall is being horrified and needing to get away from there. I took my younger brother home and never saw Arthur again. It was the dreadful beginning of a very long and painful journey.

The pain of grief is unavoidable; so is the family disruption. What can be changed however, is the length of the grieving process. Unfortunately for our family, we were given no help, and we stayed a mess for a very long time. I would like to share some of my experiences in the hope that it will help you to cope with your brother or sister's death.

The first thing I can remember is not knowing how to act or what to do. I felt terribly alone and awkward. I was shocked. One minute was a nice normal day and the next everything was changed. I didn't know how I was supposed to act at school. Part of me wanted to tell everybody what had happened and part of me didn't want to talk to anyone at all. I felt guilty for getting some comfort from the attention. (I asked myself if this meant I was "glad" that my brother had died.) But on the other hand, I felt as if people would think I didn't care when I said nothing. It hurt either way. One way I dealt with my grief was by being sarcastic and laughing whenever something painful came up. I laughed outside but I think my friends knew I was crying inside. Most people don't know how to help us, but hopefully you will have someone you can talk to. If not, perhaps you will be able to talk about how you feel at home.

Home becomes a pain-filled place. Our parents have been hurt very, very badly. They aren't the parents we knew before. The biggest mistake I made in my grief was trying to "fix" my parents' pain. I wished for and acted in ways that I hoped would change them back to happy, whole people again. I know now that it was not my responsibility to do this. In fact, I couldn't do it. No matter how "good" I was, or how much I tried to make our home pleasant, they were still sad. The bad thing was, by trying to make them better, I stuffed a lot of my own sadness, tears and worries inside. This added more problems to my grief. In some ways it felt better to worry about them instead of myself but as I got older those painful old memories wouldn't stay covered up anymore. It is like a splinter that gets covered up with skin and feels better until the infection sets in; then it hurts so much more when it comes out. We have to take care of ourselves, and trust our parents to take care of themselves.

For years I rarely cried about my brother. I always thought something was strange about that. It was years before I was able to let the tears flow. Then I cried for him and for me. I cried for Arthur because he was dead and I cried for myself because of all I had missed. I missed feeling happiness in myself and my family. I missed feeling safe and secure. I missed the attention my parents were no longer able to give me. I missed the years of carefree childhood that were ripped away. These are all losses that we grieve for besides the loss of our brother or sister.

(con't on page 4)

The Compassionate Friends Sibling Credo

*We are the surviving siblings of The Compassionate Friends
We are brought together by the deaths of our brothers and sisters*

Open your hearts to us, but have patience with us.

Sometimes we need our families to be there.

*Sometimes we must walk alone, taking our memories with us,
to become the individuals we want to be.*

*We cannot be our dead brother or sister; however a special
part of them lives on with us.*

When our brothers and sisters died, our lives changed.

*We are living a life very different from what we envisioned and
we feel a responsibility to be strong even when we feel weak.*

*Yet we can go on because we understand better than many the
value of family and the precious gift of life.*

*Our goal is not to be the forgotten mourners that we are, but to
walk together to face tomorrow as the surviving siblings of The
Compassionate Friends.*

TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every
Tuesday of the month and more.

Sign up to get our siblings schedule emails

[Click here for exclusive sibling emails](#)

TCF SIBLING ZOOM MEETINGS

SIB Suicide support - Meets 4th Monday of the month at 9PM Eastern

Meeting with Jordon - Meets Tuesdays at 7PM ET

Grief Book Club - Meets 1st Tuesday at 7:30 PM ET

Write your soul - Meets first & third Wednesday of the month at 7 PM ET

Meeting with Jason - Meets Thursdays at 7PM ET

LGBTQ+ Sibs - Meets 1st & 3rd Thursdays at 9:30PM ET

Sibs that died of addiction - meets 4th Friday at 7PM ET

Canada sib sharing circle - meets 2nd Saturday of the month at 1:00PM ET

Sibs in relationships & partners - Meets 2nd Sunday of the month at 7PM ET

*To sign up for TCF SIBS newsletter,
visit siblingisland.com*

The Things I Didn't Say

If I could sit and talk to you
for just a little while,
I'd say the things I wish I'd said,
like...how I love your smile.

How much I loved the sight of you,
your voice, your eyes, your face...
to watch you playing basketball
and see you win a race.

You were so much a part of me,
the part that's gone away.
These memories you left become
more precious every day.

I pray that you can hear this,
and God will let you see
the pride, the joy, the happiness
that your life gave to me.

~ Pam Fennel, TCF, Delmar, NY

SIBLINGS GRIEF

(con't from page 3)

It hurts. Yes, it does. Cry about it. Laugh about it. Write about it. Pray about it. Just don't try to bury it. It won't work in the long run. And you know...I can do all those things today and it doesn't hurt nearly as much as it did when I started.

Another thing I now realize is that my feelings about my brother's death were not the same as my parents'. I used to think I didn't love my brother because I wasn't sad as long as they were. They hated the holidays, but I wanted the fun they brought. They couldn't be happy. I could, especially after the first terrible set of holidays. Our parents have the right to be sad because that's how they are feeling. We have the right to be happy if that's how we are feeling. Each one of my brothers and sisters had their own feelings. Each was sad, happy, regretful in their own way and time. We grieved with separate timetables. Sometimes we shared feelings, and many times they were different. None of us, however badly we felt, came close to having the depth of pain my parents did. I didn't understand that then as I do now. This is an important thing to know so we don't feel guilty about getting on with our lives.

Another thing I remember is that I used to think about things I did or did not do with my brother before he died. I felt guilty because I didn't play with him the last time he wanted me to. Of course I didn't know he was going to die. I remember times when I got mad at him and yelled at him for no good reason. I felt guilt about that too. I can now realize what I did or didn't do had nothing to do with his death. It is easy to take on guilt, so we have to be careful not to. One of my brothers has always felt guilt because it was his bicycle Arthur was riding when he was killed. My brother did not kill Arthur. The woman who was driving her car did. It is important not to blame ourselves. Even if we did have a part in the death (or think we did), we must forgive ourselves. Certainly we didn't deliberately do it.

One last thing that has stayed with me is a fear of dying and of death. After Arthur was killed, I suddenly noticed that death was

Great Expectations.....not!!

(con't from page 1)

predictable period of time. Disappointment can be defined as the result of missed expectations. And what greater disappointment is there than the loss of a child and the expected future we had hoped for but lost. Coming to terms with that disappointment may take a lifetime and though it may always be with us, along the way we continue to experience life in all its varying forms but always seen through the prism of loss. How we experience the world after such loss changes us, but those around us are not changed. The stage is then set for more and more disappointment as our expectations and those of our extended family and friends become more and more misaligned.

Looking back at my own experience, I can't remember what it felt like to be bereaved at five years or at ten, at seven years or at twelve years. I vividly remember what it felt like to be bereaved that first and second year...maybe even the third year. But all the other years in my memory feel the same. Like it does today. I long for my son. I miss him every minute, every day of my life. So much happens that I wish I could share with him. So much of what might have been his life continues to occupy my thoughts. The love continues. And so does the disappointment.

I guess what has changed are my expectations. And along with those, my disappointments have changed as well. I no longer expect people to acknowledge Peter's special days - his birthday and the anniversary of his leaving. I no longer expect people to acknowledge that I am forever bereaved. I recognize that most people think I am "over it" and it no longer bothers me. (Well, maybe a little.) My friends' lives continue and change as they watch their own children grow and expand their lives. I only grow older. Nothing eventful or memorable or hopeful inhabits my days.

My own family has almost disappeared from my life. And that is okay I suppose. I am not forever exposed to their joy and happiness and am not required to comment or participate in their lives. In a funny way, that's made it easier for me. My total disappointment in them and the way they abandoned me during my darkest days made it easy for me to distance myself from them. They can't disappoint me anymore.

There is an upside to what would seem to be pretty sad. Truth is I lead a very full life, a life filled with great friendships, a magnificent garden, and travel unencumbered by family requirements. It's a life redesigned by circumstance. I miss my son desperately, but I enjoy the lives of those I've chosen to be close to me. Life's greatest disappointment has made me impervious to all the others.

~ Marie Levine, 2010

SIBLINGS GRIEF

(continued)

real. A friend from school died, a cousin died, and two of my pets died. Even now it is almost like I expect people to die around me. Whenever I travel, I ask when I get back, "is everybody okay?" Fortunately, there have been many times I expected death and it didn't happen, but the fear is still there. I frequently remind myself that and that helps. I also try to use the awareness of death's reality to value others in my life right now.

My brother's death definitely changed my life. It brought pain and unhappiness, but it also brought awareness of other people's pain and the ability to understand and help others. I hope you can take something from my experience and use it in your grief - and maybe you can pass it on someday, too.

Recommended reading...

A wealth of resources are available at www.centering.com. These are a few;

Love Never Dies; *A Mother's Journey From Loss to Love* by Sandy Goodman. Sandra shares her story in a way that will help you find your own path through your most private pain. You too, can emerge from the deepest hurt and darkness into the awareness that the loves you lost still remain with you in so many ways.

Beyond Tears: *Living After Losing Child*. Revised edition with a brand new chapter written by young adults. Nine mothers who met in a support group give comfort and direction to bereaved parents. They candidly share with other grieving parents what to expect in the first year and beyond.

Into The Valley and Out Again: *The Story of a Father's Journey* by Richard Edler. After the unexpected death of his son, Rich's life seems to stop. The next few years were spent climbing out of the bottom of a valley he had not known existed before. It is a story about what is important in life, sorrow, faith, acceptance and rebirth.

The Bereaved Parent by Harriet Schiff. Many parents feel that no one can help because no one understands the complex ramifications of their tragedy. Harriet wrote this book to help other bereaved parents. Offers guidance and step-by-step suggestions on how to cope with the stages of grief, from the funeral to rebuilding your marriage.

For Bereaved Grandparents by Margaret Gerner. Written by a bereaved grandparent, this gentle resource addresses the issues grandparents are faced with when experiencing this double grief. Includes information about grief, helping your grieving child, what you can do, grandfathers, holidays and deeper relationships.

Reading other bereaved people's stories helps us. Take advantage of these resources. Discovering how much of what we feel is being experienced by fellow travelers helps us understand the process and restores hope.

The Compassionate Friends Credo

We need not walk alone.

We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

Our children have died at all ages and from many different causes,

but our love for our children unites us.

Your pain becomes my pain just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races and creeds.

We are young and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh,

and so intensely painful that we feel helpless and see no hope.

Some of us have found our faith to be a source of strength; some of us are struggling to find answers.

Some of us are angry, filled with guilt or deep depression; others radiate an inner peace.

It is pain we will share just as we share the love for our children.

We are all seeking and struggling to build a future for ourselves,

but we are committed to building a future together as we reach out to each other

in love, and share the pain as well as the joy,

share the anger as well as the peace,

share the faith as well as the doubts,

and help each other to grieve, as well as to grow.

WE NEED NOT WALK ALONE.

WE ARE THE COMPASSIONATE FRIENDS.

~ ~ ~

Online Support from the National Compassionate Friends Website

Live Chats

The Compassionate Friends offers "virtual chapters" through an Online Support Community (live chats). This program was established to encourage connecting and sharing among parents, grandparents, and siblings (over the age of 18) grieving the death of a child. The rooms supply support, encouragement, and friendship. The friendly atmosphere encourages conversation among friends; friends who understand the emotions you're experiencing. There are general bereavement sessions as well as more specific sessions.

Click [HERE](#) for more information and a list and schedule of Live Chats.

Private Facebook Groups

The Compassionate Friends offers a variety of Private Facebook Groups. These pages cover a wide range of topics and are moderated by bereaved parents, siblings, or grandparents. They may be accessed only after a request to join is approved by a moderator.

Click [HERE](#) for more information and a list of Private Facebook Groups.



OUR CHILDREN—LOVED AND REMEMBERED



JANUARY BIRTHDAYS

- 1/2 **LAURA LEVIS**, daughter of Georgia & William Levis
- 1/2 **LUCY GRAVES**, daughter of Edward Graves
- 1/3 **BRIAN MARC LIPTON**, son of Nancy & Charles Lipton
- 1/3 **WILLIAM (BILLY) SMEAL**, nephew of Amanda Smeal
- 1/5 **BENJAMIN TELUSHKIN**, son of Joseph & Dvorah Telushkin
- 1/5 **MICHAEL MOSS**, son of Michaela & Bob Moss
- 1/5 **NOELLE QUARANTA**, sister of Meredith Bonacci
- 1/5 **RUTH DOUGHTY**, sister of Louise Doughty
- 1/7 **CAMERON NICHOLLS**, son of Stephanie Moore Nicholls
- 1/7 **JAQUELINE AHERN**, niece of Nan Ahern
- 1/7 **OSCAR JOAQUIN**, son of Dru Levasseur
- 1/8 **CHRISTINE EBERT**, daughter of Judy & John Ebert
- 1/8 **ELLIOT CALVIN COPP**, son of Ariel Marie Pierce & Aaron Copp
- 1/8 **JENNIFER BLANCHE BYRD**, daughter of Claudia Byrd
- 1/8 **JOCELYN REED**, daughter of Cynthia Powell
- 1/9 **JACK BRAUN**, brother of Hannah Braun
- 1/10 **MICHAEL STEIN**, son of Eric Stein
- 1/11 **BRYAN KELLY**, son of Sean Kelly
- 1/11 **JESS ILIAS**, son of Chris Clavelli
- 1/12 **JOHN MARZANO**, son of Claire Martino
- 1/12 **JONATHAN MOORE**, son of Ron & Ronnie Moore
- 1/13 **CHRISTOPHER JAMES ROUCH**, son of Kathy Rouch
- 1/13 **JOSE SANFORD**, son of Yolanda Rosado Ortiz & Gloria Perez
- 1/13 **MICHAEL RATH**, son of Kathy Rath
- 1/14 **ANTHONY SANCHEZ**, son of Deborah Sanchez
- 1/14 **BRIAN CULLIMORE**, son of Teresa Cullimore
- 1/14 **CHARLENE ALVAREZ**, daughter of Charlie Alvarez
- 1/14 **DAVID GIBBS**, son of Ann Gibbs
- 1/15 **ADAM GERVER**, son of Howie Gerver
- 1/15 **ARA DYMOND**, son of George & Linda Torosian Dymond
- 1/15 **MARIA CUNARD**, sister of Angela George
- 1/16 **AMOL VADEHRA**, brother of Mallika Vadehra
- 1/17 **GABRIEL J. DIERRE**, son of Marie Nicole Rene

- 1/17 **KIARA KHARPERTIUM**, sister of Devin Kharpertium
- 1/17 **PAMELA SUE CHAIKEN**, daughter of Sandy & Lionel Chaiken, sister of Stephanie
- 1/17 **PHILIP SULZER**, son of Barbara & Burton Sulzer, brother of Lisa
- 1/18 **STEPHANIE GUBIN**, daughter of Rita Mittman
- 1/19 **LUKE NIGHSWANDER**, son of Matthew Nighswander
- 1/19 **VINCENT MONACO**, brother of Charles Monaco
- 1/20 **JONATHAN TARA**, son of John & Mary Tara
- 1/21 **CHARLIE CAMPDERRICH**, son of Jody Campderrich
- 1/21 **LISA WEBB**, sister of Janine Clancy
- 1/21 **YVONNE LAURICE AJAKIE**, daughter of Evelyn Rabi
- 1/22 **KEITH DANIEL**, son of Linda Daniel Finer
- 1/23 **ADRIAN V. ROSAS**, son of Alejandra & Adriano Rosas
- 1/24 **ALEX KNEPPER**, son of Lisa & Emanuel Psychojos
- 1/24 **ERIC ROSENBERG**, son of Sharon Rosenberg
- 1/24 **LATASHA ALCANTARA**, daughter of Anita Guy-Martin
- 1/24 **MICHAEL AARONSON**, son of Dorothy Aaronson, brother of Robert Aaronson
- 1/25 **ARIELLE ANEY**, daughter of Jenelle & Christopher Aney
- 1/25 **KELLY ERIN GRAVES**, daughter of Gail Graves
- 1/26 **DAVID 'JESSE' REISSMAN**, brother of Phil Reissman
- 1/26 **FRANCISCO JAVIER**, son of Doris Cales
- 1/26 **SONU ADAMS**, daughter of Una Chaudhuri & Michael Adams, sister of Nathaniel Adams
- 1/27 **JEFF CARPENTER**, son of Donna Carpenter
- 1/27 **JOHN THOMAS (TOMMY) VIGORITA**, son of Patricia & Vincent Vigorita
- 1/27 **ROBBIE LAWRENCE**, son of Keisha Lawrence
- 1/27 **WILL EARLE**, son of Nancy Earle
- 1/29 **EREZ KLEIN**, son of Rachel Gordon
- 1/29 **STEVEN STERMAN**, son of Lenore Salazar
- 1/30 **JIMMY ARMSTRONG**, brother of Siobhan Armstrong
- 1/31 **AHREN JUDE KARRAN SINGH**, son of Rondha-Ann Lam
- 1/31 **ELLIS ZIMMERMAN**, son of Anna Ellis & Benjamin Zimmerman



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children’s and sibling’s birthdays and anniversaries. I know I look first at each issue of the newsletter to see my child’s listing, my sister’s listing, and scan for the birthdays and anniversaries of my TCF friends’ loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one’s listing or if your listing is missing, please let us know. Email to tcfmanhattan.nyc@gmail.com and tell us what needs to change.



OUR CHILDREN—LOVED AND REMEMBERED
JANUARY ANNIVERSARIES



- 1/1 **MATTEO SACHMAN**, son of Alexia & Steve Sachman
- 1/1 **MATTHEW SADI**, son of Sheri & Tzuri Sadi
- 1/1 **SCOTT DEMEL**, son of Caren and Marc Demel
- 1/1 **SIMONE MILLER**, daughter of Josephine Wong & Steve Miller
- 1/2 **BRADLEY CHAIN**, son of Herbert Chain
- 1/3 **AMIAS**, son of Samantha Diaz, nephew of Jasmine Burney
- 1/3 **BARBARA STRAUSS**, sister of Joanne Shapiro
- 1/3 **PHILIP GOODFRIEND**, son of Debbie Goodfriend
- 1/3 **STUART MILLER**, son of Nancy Morgan
- 1/3 **WILLIAM FISHER**, son of Sally A. Fisher
- 1/4 **BAYYINAH GRAVES**, son of Carmen Souchet
- 1/4 **JASON KLEIN**, son of Jeanette LaBarb
- 1/4 **LOUIS DEDAJ**, brother of Victor Dedaj
- 1/4 **MARK H. IHDE**, son of Linda & Don Ihde
- 1/4 **ROBBIE LAWRENCE**, son of Keisha Lawrence
- 1/5 **NOELLE QUARANTA**, sister of Meredith Bonacci
- 1/6 **ARA DYMOND**, son of George & Linda Torosian Dymond
- 1/7 **JAKE GOLDBERG**, son of Gene Goldberg, brother of Ben Goldberg
- 1/8 **AVA NASCIMENTO**, granddaughter of Eugenia Nascimento, niece of Laura Jones
- 1/8 **DAVID MCSWAIN**, brother of Malissa McSwain
- 1/8 **JASON R. CHIN**, son of China Chin
- 1/9 **CAROLINE MONTGOMERY**, daughter of Catherine Montgomery
- 1/10 **ELLIOT CALVIN COPP**, son of Ariel Marie Pierce & Aaron Copp
- 1/10 **INSANN LAWLOR**, son of Serena Bhaduri
- 1/11 **ANYA GABRIELA KUPPERSMITH**, daughter of Judith Kuppersmith
- 1/11 **SAM BERGER**, son of Marla & David Berger
- 1/12 **CHARLOTTE MILLER**, daughter of Caitlin Felton & Barney Miller, sister of Clara
- 1/13 **WONDER HAMILTON**, daughter of Gary & Jennifer Hamilton
- 1/14 **CASEY CRUZ**, daughter of Ibelka Cruz
- 1/14 **CHRISTOPHER MURPHY**, brother of Nina Murphy
- 1/16 **SANDY SMITH**, sister of Cindy Smith
- 1/18 **DAYLE HENRY GRUBER**, son of Hank Henry
- 1/18 **LISA WEBB**, sister of Janine Clancy

- 1/19 **JENNA AGULE**, sister of Devon Agule
- 1/19 **ROBERT GOODEN**, son of Tonya & Frank Gooden
- 1/20 **ELIZABETH HANAU**, daughter of Marsha Hanau
- 1/22 **CHANDI PYTOWSKI**, daughter of Rosanne Cosentino & Bronek Pytowski
- 1/22 **MAGGIE GOWELL**, daughter of John & Rosanna Gowell and sister of Jesse
- 1/22 **MICHAEL RATH**, son of Kathy Rath
- 1/23 **ALEX WITONSKY**, brother of Ava Witonsky
- 1/23 **FRANCISCO JAVIER**, son of Doris Cales
- 1/23 **GIAN PAOLA SANTINI**, son of Joan Santini, brother of Giuliana Reitzfeld
- 1/23 **HUNTER MARSHAD**, grandson of Erica & Neal Marshad
- 1/23 **JAMES MONTGOMERY**, son of Denise Montgomery
- 1/23 **VICTOR CHEN**, son of Vivien Chen
- 1/24 **JAMILA IRONS-JOHNSON**, daughter of Jeannine Irons
- 1/24 **RAY RATTRAY**, son of Amy Schrier & Dan Ratray
- 1/25 **ADAM RAPOPORT**, brother of Lindsay Rapoport
- 1/25 **ANTHONY SANCHEZ**, son of Deborah Sanchez
- 1/25 **MEGAN SMITH**, daughter of Ann Smith
- 1/25 **RICHARD WARNOCK**, son of Claire Warnock, brother of Susan Warnock
- 1/26 **JULIO BARRERA**, son of Martha Riveira
- 1/27 **JASMINA ANEMA**, daughter of Theodora Anema
- 1/27 **TAMEK SKINNER**, son of Tameka Skinner
- 1/28 **ALEXANDER GOLDIN-KRAUS**, son of Jill Goldin
- 1/28 **ALEXANDRA DISANTIS**, daughter of Margo & Frank DeSantis
- 1/28 **MATT RITTER**, brother of Grace Ritter
- 1/29 **DANIEL SNYDER**, brother of Lisa Snyder
- 1/29 **JOSIAH BAAWUAH**, son of Porsha & Terry Baawuah
- 1/29 **VINCENT MONACO**, brother of Charles Monaco
- 1/30 **CHRISTOPHER KWIK**, brother of Sharon Kwik
- 1/30 **RICK HOWELL**, brother of Annie Howell
- 1/31 **EUGENE BONACCI**, brother of Meredith Bonacci
- 1/31 **MATTHEW GOODSTEIN**, son of Ann Goodstein
- 1/31 **ZACH HOWELS**, brother of Matt Howels

Our Children Remembrances — Changes

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OUR CHILDREN—LOVED AND REMEMBERED



FEBRUARY BIRTHDAYS

- 2/1 **JAMES RUSSO**, brother of Adrienne Russo
- 2/1 **RICHARD VALDEZ**, son of Lisa Valdez
- 2/2 **ANDREW BALTINI**, brother of Kevin Baltini
- 2/2 **BRUCE WALES**, son of Fran Wales
- 2/2 **ISAAC JACOB MEYERS**, son of Nahma Sandrow Meyers , brother of Hannah Meyers
- 2/2 **KAYDEN POLIUS**, son of Letitia & Greg Polius
- 2/3 **ANTONIA DALEY**, granddaughter of Linda Daley
- 2/4 **CHARLIE-ROSE MCCALL**, daughter of Yolette Perry
- 2/5 **BRYCE SHELDON**, son of Bianca Villalona
- 2/5 **CLAIRE MONTAIGNE**, daughter of Fen Montaigne
- 2/6 **JOSEPH BABY**, brother of Marilyn Baby, son of Yohannan Baby
- 2/6 **MASON SIMMS**, son of Shavon Simms
- 2/7 **BRADLEY KEITH BONGAR**, son of Beth Bongar
- 2/8 **TRYGVE WASBOTTEN**, son of Marilyn Wasbotten
- 2/9 **CLARK HARMAN**, son of Katherine & Alex Harman
- 2/10 **JEREMY RODRIGUEZ**, son of Wanda Marrero
- 2/10 **KAREN CASBAY**, sister of Laura Reissman
- 2/10 **MARINA ELIZABETH CLOOS**, daughter of Alice Cloos
- 2/10 **PABLO RAMIREZ**, son of Carlos Ramirez
- 2/10 **STUART MILLER**, son of Nancy Morgan
- 2/11 **BAYYINAH GRAVES**, son of Carmen Souchet
- 2/11 **KAMAAL C. KING**, son of Susan King
- 2/11 **STACEY LEONDIS**, sister of Diana Leondis
- 2/12 **IAN BOSIN**, son of Judy Neustadter
- 2/13 **BURKE TAYLOR**, brother of Emily Yoshikawa
- 2/13 **GARY LEUNG**, brother of Tony Leung
- 2/13 **ROMEL ARIAS**, son of Luisa Cabrera
- 2/15 **DESTINI DOYLE**, daughter of Annette & Kendall Doyle
- 2/16 **MARTIN DE JESUS FLORES**, brother of Joanna Flores
- 2/16 **RAJESHVARI PATEL**, sister of Sandip Patel

- 2/17 **IRIS**, daughter of Alyson Ben-David
- 2/17 **JONATHAN DIAZ**, son of Jeanette Diaz
- 2/17 **JUSTIN CRAIG LEDERMAN**, son of Ruth Lederman
- 2/17 **QUENTIN MUNDY**, son of Terri Mundy
- 2/18 **DANNY CRONIN**, son of Mary Cronin
- 2/18 **EMRE EDEPLI**, son of Levant & Kirsten Edepli
- 2/19 **DEVON ALLEN**, son of Lisa Singletary
- 2/19 **JOHN DANFORTH**, brother of Roger Danforth
- 2/20 **BLAKELY RUSSELL KAY**, daughter of Barbara Russell
- 2/20 **JOHN RICHARDSON**, son of Vivian Richardson
- 2/20 **LISA COOPER**, daughter of Alphonso Appleton
- 2/20 **MIKEY HARTNETT**, son of Jessica & James Kerwin
- 2/20 **SHANEIREE DAMES**, daughter of Vivian Richardson
- 2/20 **ZACHARY JAMES MILLIKEN**, son of Vigi Cadunz
- 2/21 **ASHLEY HOPE GOODMAN**, daughter of Karen Goodman
- 2/22 **ALEXANDER GOLDIN-KRAUS**, son of Jill Goldin
- 2/22 **DANIEL BRENNAN**, brother of Aileen Brennan
- 2/24 **ANAYA TAHA**, granddaughter of Soheir Kache
- 2/24 **GEORGE MICHAEL PEREZ**, son of Priscilla Perez
- 2/25 **MICHAEL FABI**, son of Donna Leder
- 2/26 **IAN ADLER**, son of Judy Adler
- 2/26 **IMOGEN ROCHE**, daughter of Theseus Roche
- 2/26 **MATTHEW GOODSTEIN**, son of Ann Goodstein
- 2/27 **ADAM AZZOLI**, son of Amanda Azzoli
- 2/27 **ALISON GERTZ**, daughter of Carol & the late Jerry Gertz
- 2/27 **PARIS CAVIC**, sister of Mel Cavic
- 2/27 **QUINDORA PERSUAD**, daughter of Maria Cabassa
- 2/28 **ANTHONY & NICHOLAS AURELIA**, twin sons of Patrick Aurelia
- 2/28 **BARA COLODNE**, daughter of Mia and Eric Colodne
- 2/28 **MARCUS PRESTON**, son of Valerie Preston



Our Children Remembrances — Changes

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OUR CHILDREN—LOVED AND REMEMBERED
FEBRUARY ANNIVERSARIES



- | | | | |
|------|--|------|--|
| 2/1 | CHRISTOPHER KATZ , son of Jacqueline Ojeda | 2/14 | NAOMI STOLAR , sister of Susan Schindler |
| 2/1 | CLAIRE DELORIS LUCIDO , daughter of Kristen Lowman | 2/14 | RHETT THOMPSON , son of Gayla Thompson |
| 2/1 | ISABEL XIE , baby daughter of Denise Chow & Wayne Xie | 2/15 | RONAN CHRISTOPHER LOUIS , son of Rick Louis |
| 2/1 | JUSTIN HOLLAND , son of Carole & Marvin Holland | 2/17 | LAURIE NICHOLS , daughter of Marie Jones |
| 2/1 | MISCHA DRUCKER ZIMMERMAN , son of Henia Drucker | 2/17 | RICHARD VALDEZ , son of Lisa Valdez |
| 2/1 | RALPH JOSEPH GONZALEZ , son of Blanca Gonzalez | 2/18 | BRIAN GEWIRTZ , son of Kathleen & Steven Gewirtz |
| 2/2 | NARI GAJADHAR , son of Beena Bermingham, nephew of Asha Singh | 2/18 | MICHELE SIEGEL , daughter of Lillian Hass |
| 2/3 | CLARK HARMAN , son of Katherine & Alex Harman | 2/19 | BRANDON WEDEL , brother of Brittni Wedel |
| 2/3 | GABRIEL ROCCOFORTE , son of Judith Weiss | 2/19 | CASEY STRAKA , son of Dana Straka |
| 2/3 | JORDAN JOHN , brother of Christian John | 2/19 | CORLYN HAYNES , daughter of Yvonne Haynes |
| 2/4 | ELLA BANDES , daughter of Judy Kottick & Ken Bandes | 2/19 | IAN ADLER , son of Judy Adler |
| 2/5 | ADAM FELDBERG , son of Tsipi Taube | 2/19 | JAVAN STEWART , son of Omarr & Ursula Stewart |
| 2/5 | STEFAN PAKULSKI , brother of Marek Pakulski | 2/19 | KELLI ANNE AULETTA , daughter of Dick & Mary Auletta, sister of Kimberlee |
| 2/6 | BOBBY BEATTIE , brother of Rose Beattie | 2/19 | LORI HEALY , daughter of Tom Healy |
| 2/8 | JESS ILIAS , son of Chris Clavelli | 2/20 | GERSON JAIR SALMON , son of Ivette Salmon |
| 2/8 | WILLIAM (BILLY) SMEAL , nephew of Amanda Smeal | 2/21 | ALEXANDER ROBERTS , son of Nancy Roberts |
| 2/10 | JONATHAN BUCAOTO , son of Ruth Sowell | 2/21 | TEVIN A. HAMPTON , son of Patricia Lilly |
| 2/10 | JONATHAN TARA , son of John & Mary Tara | 2/22 | CARLOS APONTE , son of Mildred Aponte |
| 2/10 | SANDRA PLOUFFE , daughter of Margie & Bram Jelin | 2/22 | SERYNA RODRIGUEZ , daughter of Marilyn Castro |
| 2/10 | TALIA NEWFIELD , sister of Mike Newfield | 2/23 | AODHAN CUMISHEY , daughter of Donal Cumishey |
| 2/12 | KEITH DANIEL , son of Linda Daniel Finer | 2/24 | LEO CONAGHAN , nephew of Ellen Barry |
| 2/12 | LINCOLN WHEELER-POWELL , son of John Powell & Britta Wheeler | 2/24 | MARTIN DE JESUS FLORES , brother of Joanna Flores |
| 2/12 | PAMELYNN SAMUEL , daughter of Madelaine Samuel | 2/25 | MARY ANN VALVERDE , sister of Victoria Soto |
| 2/12 | RAJESHVARI PATEL , sister of Sandip Patel | 2/26 | GLENN SPELLER JR. , son of Glenn Speller Sr. |
| 2/13 | BRENDAN BITTNER , brother of Jessica Bittner Markus | 2/26 | JOSEPH MARINO , brother of Joanne Marino |
| 2/13 | LEO AYALA , son of Gila Ayala | 2/27 | BRANDON OLIVO , son of Nancy & Juan Olivo |
| 2/14 | DANIEL BRENNAN , brother of Aileen Brennan | 2/27 | FLORENCE FRAZER , sister of Harri Molese |
| 2/14 | ISAAC RAUCH , son of Marc Rauch & Lisa Anderson | 2/27 | PAUL THOMPSON , son of Elaine Thompson |
| 2/14 | KRISTEN SANCHEZ , sister of Melissa Rosario | 2/28 | MICHAEL MCGOVERN , son of Harri Molese |

Gifts of Love

A Love Gift is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

Passing the Basket – We raise needed funds at each meeting by passing a basket for voluntary contributions at our in-person meetings. We are so glad to hold online meetings whenever possible, but there is no 'basket' at our online meetings. If you are able to, whenever you can as an online participant, please help and make a 'Basket' contribution to help our organization.

Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.



OUR CHILDREN—LOVED AND REMEMBERED



MARCH BIRTHDAYS

3/1 **JO ANNA BURRO**, daughter of Jeanette Burro
 3/1 **RISA FIELD**, sister of Barbara Field
 3/1 **ROSARIO TORANZO**, sister of Carmen Toranzo
 3/1 **SCOTT DEMEL**, son of Caren and Marc Demel
 3/3 **AREIS GORDON**, son of Joselyn Gordon
 3/3 **DAVID MILLER**, brother of Jeanie Miller
 3/3 **DIANE HASS**, daughter of Lillian Hass
 3/3 **JENNA AGULE**, sister of Devon Agule
 3/4 **CHRISTOPHER ROMINE**, brother of Jennifer Romine
 3/4 **JASMINA ANEMA**, daughter of Theodora Anema
 3/5 **PAMELYNN SAMUEL**, daughter of Madelaine Samuel
 3/5 **RAY RATTRAY**, son of Amy Schrier & Dan Rattray
 3/5 **STEFANO AGOSTINELLI**, son of Pascale Agostinelli
 3/6 **LEAH NICO**, daughter of Linda Sacks, sister of Mara Bragg
 3/6 **PARKER KOLTCHAK**, son of Deb Capone
 3/6 **SITA OLIVE SINGH DUTTON**, daughter of Nirvani Bissessar and Edward Dutton
 3/7 **CHRISTIAN FUERSICH**, son of Janet Fuersich
 3/7 **RORY DAZE CHONG**, son of Pam Chong
 3/7 **SHIMMER HALL**, daughter of Janine James
 3/8 **DANIELLE ALEXANDRA GORDON**, daughter of Fran Gordon
 3/8 **MAGGIE GOWELL**, daughter of John & Rosanna Gowell and sister of Jesse
 3/9 **ANJELINA PATRICE WILLS**, granddaughter of Patricia Tyler-Owens
 3/10 **CYBELE ELIZABETH FISHER-KOPPEL**, daughter of Phyllis & Jack Fisher, sister of Remy Fisher-Bauman
 3/10 **ELINOR FRIEDBERG BLUME**, daughter of Leslie Kandell
 3/10 **JULIAN SERAFIN**, son of Agata Lisok-Serafin
 3/11 **GRACE CORDERO**, daughter of Margarita Zambrano
 3/11 **LYNDON HOWARD**, son of Lila Howard
 3/11 **SEAMUS WOOD**, son of Will Wood & Deb Funkhouser
 3/12 **BENJAMIN RONALD OJEDA-FEINSTEIN**, son of Talo Ojeda & Reva Feinstein
 3/13 **ALEXANDER ANDUJAR JR.**, son of Madelaine Colon
 3/13 **ROBERT CABALES**, son of Susan Cabaales
 3/14 **ALEXANDRA POLLIO**, daughter of Kathleen Curcio
 3/14 **BENJAMIN LEWIS KAPLAN**, son of Barbara Lewis Kaplan, brother of Julia Kaplan
 3/14 **WILLIAM JOHN BERTRAND**, son of MaryLee Bertrand
 3/15 **DEVON WONG**, son of Jennifer Bailey and Allan Wong
 3/15 **ROBERT PATRICK JENKINS**, son of Barbara Jenkins, brother of Cheryl

3/17 **ELYSE CARVER**, daughter of Violette Carver
 3/17 **GERSON JAIR SALMON**, son of Ivette Salmon
 3/17 **SOLOMON LEVINE**, son of Debby Levine
 3/17 **WILLIAM FISHER**, son of Sally A. Fisher
 3/18 **ANDY FISHER**, son of Barbara Fisher
 3/18 **ANDY PERSAUD**, son of Dennis Persaud, brother of Andrea Persaud
 3/18 **DESHA BEAMER**, sister of Laura Beamer
 3/19 **CHARLOTTE MILLER**, daughter of Caitlin Felton & Barney Miller, sister of Clara
 3/20 **ISABEL L. DODWELL**, daughter of Amy & William Dodwell
 3/20 **PHILIP GOODFRIEND**, son of Debbie Goodfriend
 3/21 **JOSHUA UNDERWOOD**, brother of Sarah Underwood
 3/22 **DARIA NORTON**, daughter of Charlotte Savino & Lee Norton
 3/23 **ALEXANDER ROBERTS**, son of Nancy Roberts
 3/23 **BIANCA J. BURRELL**, daughter of Iciline Burrell
 3/23 **GLENN GILLIARD**, son of Rose Chaney
 3/23 **MANUEL RODRIGUEZ**, son of Irene Rodriguez
 3/24 **BRYANT GIBBS**, brother of Cynthia Gibbs-Pratt
 3/24 **RONAN CHRISTOPHER LOUIS**, son of Rick Louis
 3/25 **AUDREY NIBLO**, daughter of John Niblo
 3/25 **JADEN MAXWELL THOMAS**, son of Louise Thomas, brother of Tanya
 3/25 **RICHARD CONLEY**, son of Phyllis Conley
 3/26 **AMANDA PIMENTEL GUZMAN**, daughter of Mayireny Guzman & Juan Pimentel
 3/26 **BEN BREEN**, son of Carol Breen
 3/26 **JEREMY PALLEY**, son of Iris Palley and Stephen Palley
 3/26 **NOAH COMPTON-MEYER**, nephew of Allison Meyer
 3/27 **CHADWICK ALEXANDER ANDERSON**, son of Stacie Hawkins
 3/27 **STEVEN HOUTERMAN**, son of Awilda Rodriguez Houterman
 3/28 **DAVID LANG BAREK**, son of Peggy Lang
 3/29 **BRANDON WEDEL**, brother of Brittni Wedel
 3/29 **MICHAEL VINCENT ROSEN PIPTONE**, son of Alison Rosen & David Hantman
 3/29 **ROBERT VRABLIK**, brother of Lauren Vrablik
 3/30 **ALEX REY**, son of Alex and Myrna Rey, brother of Amanda Rey
 3/30 **AURELIE FRANCHITTI**, daughter of Marianna Vertsman, sister of Valerie Franchitti
 3/30 **SANDY SMITH**, sister of Cindy Smith
 3/30 **ZANE MANDEL-MICHALAK**, son of Janet Robinson
 3/31 **ADAM RAPOPORT**, brother of Lindsay Rapoport
 3/31 **ROBERT RODRIGUEZ**, son of Caroline Linares





OUR CHILDREN—LOVED AND REMEMBERED

MARCH ANNIVERSARIES



- 3/2 **DANIEL ALBERT**, son of Anita Albert, brother of Jenna Van Dusen
- 3/2 **NATASHA GEMBKA**, daughter of Tim & Alexis Gembka
- 3/2 **TY PICKETT**, son of Jan Pickett
- 3/3 **ERIC LINETT**, beloved nephew of Roberta Schine
- 3/3 **LOUIS ARESU**, son of Elizabeth Sperrazza, brother of Maria Sperrazza
- 3/4 **EDDIE WALSH**, twin brother of Tricia Walsh
- 3/4 **SAESHA KAYTAL**, daughter of Supriya & Sid Kaytal
- 3/4 **WILL EARLE**, son of Nancy Earle
- 3/5 **MICHAEL MCFARLAND**, son of Tamara McFarland
- 3/5 **SONNY MINHAS**, brother of Amrita Minhas
- 3/6 **ALEXANDER MAXWELL**, son of Deanna & Kent Grant
- 3/6 **DANIELLE BAKER**, sister of Tiffany Baker
- 3/6 **DIMITRI VAZQUEZ**, son of Maria Bryant
- 3/6 **RICHIE BENANTI**, son of Monica Benanti
- 3/7 **PETER SCHLENDORF**, son of Karen Schendorf
- 3/9 **DAVID 'JESSE' REISSMAN**, brother of Phil Reissman
- 3/9 **DONNA MALIZIS**, daughter of Agata Malizis
- 3/9 **ROBERT VRABLIK**, brother of Lauren Vrablik
- 3/9 **ROSARIO TORANZO**, sister of Carmen Toranzo
- 3/10 **BRIAN MARC LIPTON**, son of Nancy & Charles Lipton
- 3/11 **GRACE CORDERO**, daughter of Margarita Zambrano
- 3/11 **MILO KESSLER**, son of Alana Fishberg & Daryl Kessler
- 3/12 **AMOL VADEHRA**, brother of Mallika Vadehra
- 3/12 **BURTON SANDLES**, son of Ina Sandles
- 3/12 **TEREL SMITH**, son of Cathy Philbert
- 3/13 **JACK CASSELS**, son of Ellen Cassels-Conde & John Cassels, brother of Collin Cassels
- 3/13 **JOHN CORBETT**, brother of Sara Corbett
- 3/13 **JUDAH GUBBAY**, son of Marge Gubbay
- 3/13 **NOAH COMPTON-MEYER**, nephew of Allison Meyer
- 3/14 **AMY KIMM**, daughter of Arleen Becker
- 3/14 **MICHAEL ANTHONY EAGLE**, son of Leslie Katina Eagle
- 3/15 **DANIELLE ALEXANDRA GORDON**, daughter of Fran Gordon
- 3/16 **ARTHUR KOZLOVSKI**, brother of Kristina Kozlovski
- 3/16 **CHARLIE DENIHAN**, son of Barbara and Ben Denihan, brother of Krissy and Kate
- 3/16 **MICHAEL KAMEO**, son of Mordi and Keren Kameo

- 3/16 **NICHOLAS MONICO**, son of Lisa & Craig Monico
- 3/17 **ISAAC JACOB MEYERS**, son of Nahma Sandrow Meyers, brother of Hannah Meyers
- 3/17 **LAUREN HAROPULOS**, daughter of Mike & Barbara Haropulos
- 3/18 **CATHERINE CORENU**, daughter of Carrie Tuhy
- 3/18 **CHARLENE ALVAREZ**, daughter of Charlie Alvarez
- 3/18 **DAVID MILLER**, brother of Jeanie Miller
- 3/19 **DAVID KRANZ**, son of Denise Kranz and Charles Katz
- 3/19 **LUKA BALAC**, son of Olgica Balac
- 3/19 **SITA OLIVE SINGH DUTTON**, daughter of Nirvani Bissessar and Edward Dutton
- 3/20 **MICHAEL STEIN**, son of Eric Stein
- 3/20 **RASHID WASHINGTON**, son of Chakaina Anderson
- 3/21 **JELANI CARTER**, son of Darlene Hoffman
- 3/21 **LOUIS KORENMAN**, son of Sanders Korenman
- 3/21 **MELANIE DINOWITZ**, daughter of Elaine Dinowitz
- 3/22 **CARRA POLEN**, daughter of Nella Hahn
- 3/22 **LIN GUO**, brother of Sylvia Guo
- 3/23 **ARIELLE ANEY**, daughter of Jenelle & Christopher Aney
- 3/23 **JOSHUA CLARKE**, son of Jodie Retalis & Anthony Clarke
- 3/24 **BIANCA J. BURRELL**, daughter of Iciline Burrell
- 3/24 **CALLUM ROCHE**, son of Sean Roche
- 3/24 **SUZANNE PAGE**, daughter of Timmie Ross
- 3/25 **MATTHEW CARLSON LUTZ**, son of Linda L. Carlson
- 3/25 **ROBERT GOKARNA**, son of Kamal Gokarna, brother of Kimberly Gokarna
- 3/26 **AIMEE GANDOUR**, sister of Molly Gandour
- 3/26 **CLARIS GLOVER**, daughter of Crystal Glover
- 3/27 **ASHLEE D. BLAKE GUTIERREZ**, daughter of Marlene & Francisco Gutierrez
- 3/28 **ROBERT GRAUP**, son of Leona Graup
- 3/28 **TEPLY RACHMEL**, daughter of Alllison Tepley & Nir Rachmel
- 3/28 **ZAIDA SANTIAGO**, daughter of Selena Santiago & Lewis Harbour
- 3/29 **GARY LEUNG**, brother of Tony Leung
- 3/29 **KHEMALI MURRAY**, daughter of Georgette Murray
- 3/29 **NICOLAS DE LAVALETTE**, brother of Sebastian Lavalette
- 3/31 **GRANT PHILLIPS**, son of Linda Phillips
- 3/31 **HARRIS KAPLANSKY**, son of Denise Gelfand

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THE COMPASSIONATE FRIENDS CHAT SCHEDULE. Click here to display exact times and to see entire schedule			
ET	MORNING	EARLIER EVENING	LATER EVENING
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
TUE		Loss to Substance Related Causes First time CHAT orientation	Bereaved less than 2 yrs Bereaved more than 2 yrs
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
THU		No Surviving Children First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
FRI	General Bereavement Parents/Grandparents/Siblings	Pregnancy/Infant Loss	General Bereavement Parents/Grandparents/Siblings
SAT			General Bereavement Parents/Grandparents/Siblings
SUN		Suicide Loss	General Bereavement Issues Parents/Grandparents/Siblings

The Compassionate Friends National Office
48660 Pontiac Trail #930808, Wixom, MI 48393
Toll Free (877) 969-0010
www.compassionatefriends.org
email:nationaloffice@compassionatefriends.org

WE NEED NOT WALK ALONE
TCF Online National Magazine
[Click here for Information](#)

MARK YOUR CALENDARS!
Our next Chapter meetings are the 3rd Tuesday of each month:
JAN 27 FEB 17 MAR 17 APR 21

Newsletter article submissions are welcome.
Please email to marielevine2@verizon.net

MAKE A DONATION
[Click here to Donate to the Manhattan Chapter](#)

OUR COMPASSIONATE FRIENDLY NEIGHBORS

Babylon	1st Friday	(516) 795-8644	Medford	2nd Friday	(631) 738-0809
Bronx	2nd Tuesday	(914) 714-4885	Rockville Centre	2nd Friday	(516) 766-4682
Brookhaven	2nd Friday	(631) 738-0809	Rockland County	3rd Tuesday	(845) 398-9762
Brooklyn	3rd Wednesday	(917) 952-9751	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Flushing	3rd Friday	(718) 746-5010	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Manhasset	3rd Tuesday	(516) 466-2480	Syosset (Plainview)	3rd Friday	(718) 767-0904
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389

PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

24/7 PRIVATE FACEBOOK GROUPS

[TCF – Loss of a Child](#)

[TCF – Loss of a Stepchild](#)

[TCF – Loss of an Only Child/All Your Children](#)

[TCF – Multiple Losses](#)

[TCF – Daughterless Mothers](#)

[TCF – Men in Grief](#)

[TCF – Bereaved LGBTQ Parents with Loss of a Child](#)

[TCF – Bereaved Parents with Grandchild Visitation Issues](#)

[TCF – Loss to Miscarriage or Stillbirth](#)

[TCF – Infant and Toddler Loss](#)

[TCF – Loss of a Child 4 -12 Years Old](#)

[TCF – Loss of a Child 13-19 Years Old](#)

[TCF – Loss of an Adult Child](#)

[TCF – Loss of a Child with Special Needs](#)

[TCF – Loss of a Grandchild](#)

[TCF – Grandparents Raising their Grandchildren](#)

[TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild](#)

[TCF – Loss to Long-term Illness](#)

[TCF – Loss to Cancer](#)

[TCF – Loss After Withdrawing Life Support](#)

[TCF – Loss to Mental Illness](#)

[TCF – Sudden Death](#)

[TCF – Loss to Suicide](#)

[TCF – Loss to Homicide](#)

[TCF – Loss to Substance Related Causes](#)

[TCF – Loss to a Drunk/Impaired Driver](#)

[TCF – Grieving with Faith and Hope](#)

[TCF – Reading Your Way Through Grief](#)

The Compassionate Friends
c/o Sally Petrick - Treasurer
945 West End Ave Apt 2B
New York, NY 10025

Making a Donation—Now Online

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings. You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)