



The Compassionate Friends

Manhattan Chapter

Supporting Family After a Child Dies

Our next meetings...

Jun 17

Nat. Conf. Jul 12-14

Jul 22 (4th Tuesday)

Aug 19

Manhattan Chapter Newsletter

June 2025

JUNE 17TH MEETING—3RD TUESDAY IN-PERSON

In-person only **on the third Tuesday**, June 17th We are still working to figure out how and when we can work in on-line meetings. It's by far worth the extra effort to come in-person, but we recognize not everyone can.

"The Doctor and the Soul"

That time runs out before one's life's work is completed by no means makes it worthless. The fragmentary quality of life does not detract from its meaning. It is not from the length of its span that we can ever draw conclusions as to life's meaningfulness. We cannot, after all, judge a biography by its length, by the number of pages in it; we must judge by the richness of its contents. The exuberant life of one who has died young certainly has more content and meaning than the existence of some long-lived dullard.

Sometimes the "unfinishees" are among the most beautiful symphonies.

by Viktor Frankl

For now, to survive, I choose both acceptance and indignation.

Then even though your loss will never be okay, someday, I will be.

~ Molly Fumia, "Safe Passage"

A different kind of love....

A different kind of grief

I thought I knew what love is. I learned about love early. I adopted a kitten. I knew I 'loved' my mother and my father... but I really, really loved my Grandma... nobody made potatnik like she did. When I was 12 I fell in love with a boy at school. I thought that was love until I fell in love flavored with lust in high school and ultimately fell madly in love with Phil. I was pretty sure by then I had it all sorted out and knew what *real* love is. Then I had Peter. Love took on a whole new meaning.

I thought I knew about grief. When I was a young child I lost a precious toy. I was inconsolable. When I was 10 my best friend moved away. When I was a teenager my grandma died. As a young adult my boyfriend dumped me. In college I failed Spanish. In my thirties my father died. I thought I was having a nervous breakdown. In my forties my mother died. I realized I was an orphan. It was a life changing moment. For several years I longed to talk to her. I grieved daily. It took years until I accepted the loss and managed to move beyond the acute pain that loss caused. Having suffered so many of life's disappointments and losses, I knew that life goes on and time would restore me. Then Peter died. In the world of loss and grieving, nothing comes close to this.

How to describe this. Shock, disbelief, despair, anguish, physical pain, devastation, confusion, anger, impossibility, wonder, frustration, paralysis, hopelessness... the magnitude of pain is beyond description. There is simply no language that is sufficient. My mind shut down. Trying to reference past experiences that might help to rationalize this reality was impossible.

(con't on page 2)

TELEPHONE FRIENDS: When you are having the kind of day you feel only another bereaved parent or sibling can understand, we can listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: tcfmanhattan@gmail.com

TCF MANHATTAN website: www.compassionatefriends.nyc

CO-CHAPTER LEADERS: **Dan Zweig:** danzweigtcf@gmail.com

Jordon Ferber: beatniknudnik@yahoo.com

"Our Children" editor: **Dan Zweig:** danzweigtcf@gmail.com

Newsletter Editor: **Marie Levine** marielevine2@verizon.net

THE COMPASSIONATE FRIENDS MEETINGS are now monthly - in person on the third Tuesday of the month

WE MEET AT 7:00pm—arrive or sign on at 6:45pm

This month, June 17, 2025, we will be meeting only in person at the

Fifth Avenue Presbyterian Church

55th Street and Fifth Ave (enter at 7 West 55th St.)

The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.

Father's Day

Every father believes in his role as protector of his family. He has been assigned the job of fixer and problem solver. He has been told since his youngest days that he must be strong – must not cry.

But each father among us has had to face that point where no amount of fixing, problem solving and protecting has been able to stop our child's death. Inside we must ask ourselves about our failure, and we must face our lack of omnipotence.

Father's Day is often a forgotten holiday, overshadowed by the longer standing tribute to mothers. But for the bereaved father it is a poignant reminder of bitter sweetness, sweet in the memory of a loved, now lost, child. Bitter for the death and pain and recognition of the inability to stop what happened.

Fathers do not often have a chance to share their hurts and concerns. Oftentimes they are unable to do so, a remnant of childhood learnings about the strength and stoicism of "big boys". A father may even be uncomfortable opening up to his spouse, and the wife who pushes him to talk may be pushing too hard.

Father's Day does not have to be a time when everyone pours out of the woodwork to say "I'm sorry we haven't talked, let's do it now."

But it can be a time when the family gives Dad a hug, does something special, helps with the chores, and mostly, lets him know how important and needed and loved he is. It is some of the things that he has lost with the death of a child, and like Mother's Day, the day set aside for fathers does not have to be limited to a Sunday in June. It can be any day and every day. Fathers often show their hurts differently, often internally.

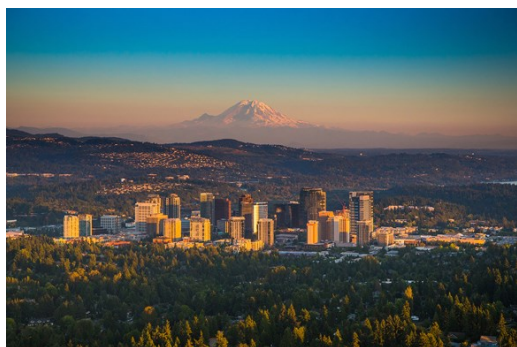
But they DO hurt.

~ **Gerry Hunt**, *TCF White River Junction, VT*

The Compassionate Friends 48th National Conference

July 11th to 13th , 2025

[Register NOW](#)



in Bellvue, WA

The 2025 National Conference

A different kind of love.... (con't from page 1)

I was in uncharted territory. And so was Peter. I suffered for him too because I just knew he was as upset as I was on the other side. I knew when he discovered he was dead, his despair was as acute as mine - not only discovering he was on the other side, but more, knowing he had left me here. I suffered doubly knowing my child was in such pain. I was falling down a black hole. There would be no end to this forever.

While my world was crumbling, those around me made pitiful attempts to comfort and assure me of my survival. They didn't understand that I had no desire to survive. Truth was I was sure I wouldn't survive. That was the only thought that comforted me. I would be with Peter soon. I had only limited time to get my life in order before I joined him. Remembering those early days, knowing now how universal that devastation is to every newly bereaved parent, compels me to reach out to every new parent that lands disbelieving and devastated into our world. It pains me to think anyone else must live through this.

I'm still here. Though Peter has preceded me into that great unknown, I am sure that we will be together again. I long for him still. I still cannot believe he is not in this world. But this indescribable love we share is ongoing. We are cosmically connected. He is my son and he is invisible. He taught me what love is and I love him still and always. As long as I live, he will live ...in my life, and in the lives of all I have come to know and will continue to meet for all the years that remain.

~ **Marie Levine**, April 2017

And Yet This Happened To Me

I took motherhood so seriously.
I took nothing for granted.
I was always thankful
for what I had.
And yet, this happened to me.

I chose to stay with them,
live through their lives closely,
put my own aspirations
on hold 'til they'd grown.
And yet, this happened to me.

My life was spent caring
for two lovely daughters
who made my life special
In so many ways.

One day she was living,
alive, well, and thriving.
The next she was gone
to a life we can't share.

I'm learning to struggle
to find ways of being
that brings wholeness and peace,
and live with what happened to me

~ **Genesse Gentry**,
from her book, *"Stars In The Deepest Night"*

Siblings

GRIEF, WISDOM AND REALIZATIONS

First...

Allow yourself to feel whatever you need.

Cry wherever and whenever.

Sob if your heart calls for it.

Find a space to scream as loud as you can.

Be as angry as you need to release the emotions that are not healthy for you.

Then...

Take responsibility for taking care of yourself.

Build courage to get through the day.

Do what you need to let the moment(s) pass.

Let go of people and things that do not serve you.

Work out your frustrations as much as you can because you deserve to de-stress and look gorgeous.

Surround yourself with people who are non-judgmental and low maintenance.

Lastly...

Laugh, laugh a lot.

Dance. Dance until you cannot stand anymore.

Smile, as your sibling wants you to be happy.

Hug, as you deserve to be loved as much as you love your sibling.

Breathe deeply, as that is what you need for survival.

Cherish the moments and stories that honor your sibling.

Love others as you do your sibling.

Surround yourself with compassionate people, people who get it, people who love you and understand your grief and are willing to be there to hold your hand and cry with you.

Give yourself time to redefine yourself and your identity.

Live the life that your sibling would want you to live.

Fight for your own happiness because your sibling wants to see you thrive.

Just be your own true self and do not give a damn about what others think, as they do not know the deep relationship and connection that you have with your sibling.

Always...

Reflect and recognize how far you have come in your grief process.

Self-reflect and follow your inner calling.

Yearn to do good things in this world that your sibling didn't get a chance to do.

Admire how far you have come in this process, and do not question the choices that you or your sibling have made.

Love, love, love and love unconditionally.

(con't in next column)

The Compassionate Friends Sibling Credo

We are the surviving siblings of The Compassionate Friends

We are brought together by the deaths of our brothers and sisters

Open your hearts to us, but have patience with us.

Sometimes we need our families to be there.

Sometimes we must walk alone, taking our memories with us, to become the individuals we want to be.

We cannot be our dead brother or sister; however a special part of them lives on with us.

When our brothers and sisters died, our lives changed.

We are living a life very different from what we envisioned and we feel a responsibility to be strong even when we feel weak.

Yet we can go on because we understand better than many the value of family and the precious gift of life.

Our goal is not to be the forgotten mourners that we are, but to walk together to face tomorrow as the surviving siblings of The Compassionate Friends.

TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every Tuesday of the month and more.

Sign up to get our siblings schedule emails

[Click here for exclusive sibling emails](#)

TCF SIBLING CHATS

Some online chats for adult and teen siblings to share concerns and feelings are available on the TCF National website

[Click here to display the full schedule of chats for both parents and siblings](#)

When you need a little inspiration...

Reach out to a compassionate friend.

Release in your journal.

Let things be, keep calm, be more spiritual.

Give yourself a lot more credit.

Remind yourself of the love you have for your sibling.

Make your sibling proud of the person that they love and will love, always.

~ Susan Zhou, TCF Manhattan

Recommended reading.....

Centering Corporation is a provider of resources for those grieving and publishes books on the loss of a child, grandchild, sibling, infant and miscarriage. For a catalog go to www.centering.org. Some examples:

Healing a Parents Grieving Heart – 100 practical ideas after your child dies by Alan Wolfelt, helps parents understand and reconcile grief. Covers common challenges such as dealing with marital stress, helping surviving siblings dealing with hurtful advice and exploring feelings of guilt.

Into the Valley and Out Again – The story of a Fathers Journey by Rich Edler. After the unexpected death of his son, Rich's life seemed to stop. It is a man's story about what is important in life, sorrow, faith, acceptance and rebirth.

For Bereaved Grandparents – by Margaret Gerner, this gentle resource addresses the issues grandparent are faced with when experiencing this double grief – helping your grieving child, what you can do, grandfathers, holidays and deeper relationships.

Suicide Survivors Handbook – A Guide for the Bereaved and Those Who Wish To Help Them by Trudy Carlson who wrote this book after the death of her son, Ben, to Suicide. The book answers what every parent wants to know, and also covers the shame and guilt and the anger associated with losing a loved one.

....from **Healing After Loss** by Martha W. Hickman....

"The refusal to love is the only unbearable thing."

~ Madeleine L'Engle

Sometimes it seems that this grief we are experiencing is the only unbearable thing.

But think...if we had no one we loved enough to mourn for, how flat, how terrible our lives would be. And this particular person... what would our lives have been without this one whom we loved so much? Was it worth the pain we are experiencing to have had this loved one for the time that we did?

Yes, but –

Of course. This grief is not to be dismissed by some attempted appeal to reason. Not now. Not ever. But it may help from time to time to look on the underside of this pain – as one lifts a leaf to look at the silvery underside – and note what riches we have had in the life of this one whose death we mourn.

Sometimes down the road – and when that will be is as variable as the people who mourn – the grief will be on the underside and the sense of blessing and gratitude will be the bright surface, luminous and green.

Sometimes when the pain is overwhelming, I will try to surround myself with the memory of love.

"I am afraid to be angry. Rage betrays the need to accept what has happened. Yet I am also afraid to accept. Acquiescence might suggest that I have given in to fate and to the injustice of you being taken from me.

Despite the taboo on anger, I sense that I have that right, even though fury will not alter the facts.

It is not, "I understand, but I am furious".

It is "I understand and I am furious."

The Compassionate Friends

48th National Conference

July 11th to 13th , 2025 in Bellvue, WA

The 2025 National Conference



Bellvue, WA

Recommended reading...

- ♦ The Bereaved Parent by Harriet Sarnoff
- ♦ First You Die by Marie Levine
- ♦ Talking to Heaven by James Van Praagh
- ♦ Beyond Tears by nine mothers
- ♦ Love Never Dies by Sandy Goodman
- ♦ The Worst Loss by Barbara D. Rossoff

⇒ take advantage of the book list on the TCF web-site www.compassionatefriends.org

⇒ go to www.centeringcorp.org, for an extensive list of resources for ALL those grieving for every possible reason – for parents, grandparents, siblings, mothers, fathers, teens, children...because of sudden death, accident, long term illness, infant loss, miscarriage, homicide, substance abuse, etc.

Reading other bereaved people's stories helps us. Take advantage of these resources. Discovering how much of what we feel is being experienced by fellow travelers helps us understand the process and restores hope.

...to our new members

Attending your first meeting is the hardest thing to do. But you have nothing to lose and everything to gain. Try not to judge your first meeting as to whether or not TCF will work for you. Often, it is the second, third or fourth meeting where you will find just the right person or the right words said that will help you along in your grief.

...to our long standing members

We need your encouragement and continued support. You are what ties our group together. Sadly, each meeting brings new parents. *THINK BACK*... what would it have been like for you if there had not been any "oldtimers" to welcome you and share your grief and encourage you and tell you that in time, the pain will soften...with time, there is hope.

~ ~ ~

The Compassionate Friends Credo

We need not walk alone.

We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

Our children have died at all ages and from many different causes,

but our love for our children unites us.

Your pain becomes my pain just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races and creeds.

We are young and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh,

and so intensely painful that we feel helpless and see no hope.

Some of us have found our faith to be a source of strength; some of us are struggling to find answers.

Some of us are angry, filled with guilt or deep depression; others radiate an inner peace.

It is pain we will share just as we share the love for our children.

We are all seeking and struggling to build a future for ourselves,

but we are committed to building a future together as we reach out to each other

in love, and share the pain as well as the joy,

share the anger as well as the peace,

share the faith as well as the doubts,

and help each other to grieve, as well as to grow.

WE NEED NOT WALK ALONE.

WE ARE THE COMPASSIONATE FRIENDS.

~ ~ ~

Online Support from the National Compassionate Friends Website

Live Chats

The Compassionate Friends offers "virtual chapters" through an Online Support Community (live chats). This program was established to encourage connecting and sharing among parents, grandparents, and siblings (over the age of 18) grieving the death of a child. The rooms supply support, encouragement, and friendship. The friendly atmosphere encourages conversation among friends; friends who understand the emotions you're experiencing. There are general bereavement sessions as well as more specific sessions.

Click [HERE](#) for more information and a list and schedule of Live Chats.

Private Facebook Groups

The Compassionate Friends offers a variety of Private Facebook Groups. These pages cover a wide range of topics and are moderated by bereaved parents, siblings, or grandparents. They may be accessed only after a request to join is approved by a moderator.

Click [HERE](#) for more information and a list of Private Facebook Groups.



OUR CHILDREN—LOVED AND REMEMBERED

JUNE BIRTHDAYS



6/1 **TSAIGH GREENIDGE-JAMES**, son of Sinaya Greenidge,
brother of Niasia Greenidge-James

6/1 **WILLIAM MONEN**, son of Nancy Monen

6/3 **JESSE VALENTINE**, son of Joanna Valentine

6/3 **KATHLEEN YANCHIS**, sister of Marybeth Bannon

6/4 **ADAM JACOBS**, son of Rick Jacobs

6/5 **JOHN COOPER JR.**, brother of Keith P. Cooper

6/5 **MAYA CZEPULKOWSKA**, daughter of Anna Klegon, sister of
Matt Klegon

6/6 **HOLLY OESTREICH**, daughter of Joyce Oestreich

6/6 **ZACH HOWELS**, brother of Matt Howels

6/7 **JOSETTE GIBBS**, daughter of Juanita Gibbs

6/9 **JOEY**, son of Shantel Morrison & Tamara Cantave

6/9 **RASHID WASHINGTON**, son of Chakaina Anderson

6/9 **TIMOTHY KOK**, brother of Tse Wei Kok

6/10 **BLAKE GARY**, daughter of Denyze Gary

6/10 **LOUIS DEDAJ**, brother of Victor Dedaj

6/10 **MARLON LABOVITCH**, son of Hannah Labovitch

6/10 **NOAH GLARPHAM**, son of David & Heather Kopp

6/10 **ORIYAH GRAY**, daughter of Chelsea Conklin

6/10 **TAYLOR HOLLOWAY**, brother of Brittany Holloway-Brown

6/11 **BENJAMIN GOURDJI**, son of Anna Gourdji

6/11 **RUSSELL GABAY**, brother of Lori Gabay

6/12 **EBONY N. JACKSON**, daughter of Diana Jackson, cousin of
Aaron Jackson-Kent

6/13 **BRIAN QUINN**, son of Susan Quinn

6/14 **KHEMALI MURRAY**, daughter of Georgette Murray

6/14 **ORION DUMITRIU**, son of Winnie Yang

6/15 **AODHAN CUMISHEY**, daughter of Donal Cumishey

6/16 **JASON ZAIN TZ**, son of Linda Zaintz

6/16 **SHAY DORRITIE**, son of Richard Dorritie

6/17 **REBECCA MOORE**, daughter of Debra Phillips

6/17 **URSULA PARSON**, daughter of Bernetta (Penny) Parson

6/17 **VICENTE EDUARDO**, son of Tomasina Eduardo

6/18 **CHANDI PYTOWSKI**, daughter of Rosanne Cosentino &
Bronek Pytowski

6/18 **JACK FREYTES**, son of Olga Lopez & Elvin Freytes

6/18 **JOSIAH BAAWUAH**, son of Porsha & Terry Baawuah

6/18 **JUDAH GUBBAY**, son of Marge Gubbay

6/18 **KASRIEL BENJAMIN**, son of Sarah & Tony Benjamin

6/19 **RACHEL AUSTER**, daughter of Gail Auster

6/20 **PAUL FONGKIN**, brother of Desiree Brown

6/20 **YULIA KRASHENNAYA**, sister of Deb Faynshteyn

6/21 **RALPH JOSEPH GONZALEZ**, son of Blanca Gonzalez

6/21 **WILLIAM EDWARD SHUBERT**, son of Irma E. Shubert

6/22 **CELINA PACHECO**, daughter of Evelyn Gonzalez

6/22 **JELANI CARTER**, son of Darlene Hoffman

6/23 **ANNETTE JOSEPH**, daughter of Era Joseph, sister of Jeannette

6/23 **JOE MCCLENAHAN**, brother of Michael McClenahan

6/23 **JOHN CORBETT**, brother of Sara Corbett

6/23 **PAUL WALKER**, son of Ellen Walker

6/24 **HUMZA MALIK**, brother of Amani Malik

6/25 **JASON R. CHIN**, son of China Chin

6/25 **SANDRA CHU**, Best friend of Emanuel Veras

6/26 **ALAN SOLITAR**, son of Susie & Bruce Solitar

6/26 **ANTHONY HELZER**, son of Donna Romer

6/28 **CIANNA L. ALEXANDER**, daughter of Rebecca Harper-Alexander

6/28 **JAMIE ROBERTS**, son of Katelin Roberts

6/28 **VIRGINIA JOHNSON**, sister of Angela Pistilli

6/29 **DAVID ZABLIDOWSKY**, son of Doris & Martin Zablidowsky

6/29 **JAVAN STEWART**, son of Omarr & Ursula Stewart

6/29 **KAREEM EDWARDS-MITCHELL**, son of Jacquie & John Mitchell,
brother of Kristopher & the late Kevin Mitchell

6/30 **CAROLINE MASON**, daughter of Rachel Mason

6/30 **IAN BYSTOCK**, son of Marc Bystock

6/30 **JORGIE PEREZ**, sister of Janeisy Perez

6/30 **LINDA MARQUEZ**, daughter of Hilda Mendoza

6/30 **SAVANNAH WIGGINS**, daughter of Dolores Wiggins



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to tcfmanhattan.nyc@gmail.com and tell us what needs to change.



OUR CHILDREN—LOVED AND REMEMBERED

JUNE ANNIVERSARIES



6/1 **LOUIS PEREZ**, son of Mercedes Tapia

6/1 **WILFRED DELVALLE**, son of Carmen DelValle, brother of Judy DelValle

6/2 **NICHOLAS SOTO**, son of Deborah Freeman & Eddie B. Soto, Jr.

6/2 **WILLIAM MAEROV**, son of Lance Maerov

6/3 **ISABELLA PALMER**, daughter of Alan & Meghan Palmer

6/4 **SACHA REID KANTOR**, son of Kathy Landau & Michael Kantor

6/6 **JOCELYN REED**, daughter of Cynthia Powell

6/7 **ANDREW MARTIN ARNOLD**, brother of Barbara Arnold

6/7 **BLAKELY RUSSELL KAY**, daughter of Barbara Russell

6/7 **VIRGINIA JOHNSON**, sister of Angela Pistilli

6/9 **HARVEY STERMER**, brother of Carol Lee Stermer-Aulicino

6/9 **JENNIFER CARGILL**, daughter of Virginia Crosby

6/9 **STEVEN SCHWARTZ**, son of Ellen Schwartz

6/10 **BRYAN KELLY**, son of Sean Kelly

6/10 **DAVID GIBBS**, son of Ann Gibbs

6/10 **MIKE CHARY**, brother of EllaRose Chary

6/10 **REBECCA MOORE**, daughter of Debra Phillips

6/10 **SCOTT LACROIX**, brother of Kendra Lacroix

6/10 **ZIGGY MARTINEZ**, daughter of Sally Tucker

6/11 **BRENDAN CLAVIN**, son of Nancy Hamma

6/12 **CHRISTOPHER WAGNER**, son of Linda & Edward Wagner

6/12 **FRANK UNTENER**, son of Barbara Chase

6/12 **LUIS A. GARCIA**, son of Tania Germes

6/12 **PATRICK CESARIO**, son of Sharon Cesario, brother of Frank Cesario

6/13 **STEFANO AGOSTINELLI**, son of Pascale Agostinelli

6/14 **AHMAD SHARRIEFF-AL-BEY**, son of Rashied Sharrieff-Al-Bey

6/15 **CHRISTOPHER ROMINE**, brother of Jennifer Romine

6/15 **NEILL PERRI**, son of Maddie & Cliff Kasden

6/15 **PIERRE MCALOON**, son of Peggy McAloon

6/16 **BRIAN GOLDBERG**, son of Gloria & Arthur Goldberg

6/16 **JOSH GROSSE**, son of Susan Grosse

6/16 **MALCOLM LIVESEY**, son of Katey Bernard, brother of Gigi Livesey

6/18 **BLAKE GARY**, daughter of Denyze Gary

6/18 **LISA WEINER**, sister of Abby Moller

6/20 **AARON BENVENISTE**, grandson of Susan & Richard Rosenbluth

6/20 **ALEX KNEPPER**, son of Lisa & Emanuel Psychojos

6/20 **JAKE MAJER**, grandson of Linda Reed

6/21 **MARIA**, daughter of Gigi Semone

6/22 **KAREN CASBAY**, sister of Laura Reissman

6/23 **ANDRE AMES**, son of Jacqueline Jackson

6/23 **GERRI SHIMMIN**, sister of Marybeth Bannon

6/23 **ROBERT WILLIAMS JR.**, son of Kimberly Hatwood

6/24 **PETER TRAKIS**, son of Dolores & John Trakis

6/26 **CAMERON NICHOLLS**, son of Stephanie Moore Nicholls

6/26 **JULIETTE DICKSTEIN**, daughter of Gail Luria

6/27 **ANJELINA PATRICE WILLS**, granddaughter of Patricia Tyler-Owens

6/27 **BETTY DIBIASO**, daughter of Susan Carty

6/27 **JAQUELINE AHERN**, niece of Nan Ahern

6/27 **JASON MARKS**, son of Helena Marks

6/28 **ANTONIA DALEY**, granddaughter of Linda Daley

6/28 **MALIK DUFOR**, son of Waltrina DeFrantz-Dufor

6/30 **DAVID PICARD**, son of Darlene Picard

6/30 **KAREEM EDWARDS-MITCHELL**, son of Jacquie & John Mitchell, brother of Kristopher & the late Kevin Mitchell

6/30 **MITCHELL WALKER**, son of Fountain Walker

6/30 **ROMEL ARIAS**, son of Luisa Cabrera



Gifts of Love

A Love Gift is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

Passing the Basket – We raise needed funds at each meeting by passing a basket for voluntary contributions at our in-person meetings. We are so glad to hold online meetings whenever possible, but there is no 'basket' at our online meetings. If you are able to, whenever you can as an online participant, please help and make a 'Basket' contribution to help our organization.

Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.



OUR CHILDREN—LOVED AND REMEMBERED

JULY BIRTHDAYS



7/1 **JONAH BING**, son of Dana Lodge
7/1 **NOAH MITCHELL**, son of Melody Mitchell
7/3 **ALEC FELDMAN**, brother of Andrew Feldman
7/3 **CORLYN HAYNES**, daughter of Yvonne Haynes
7/3 **MICHAEL CYRUS**, son of Linda Reed
7/5 **PIERRE MCALOON**, son of Peggy McAloon
7/6 **NARI GAJADHAR**, son of Beena Bermingham, nephew of Asha Singh
7/6 **RASHID SOLIS**, son of Frank Solis
7/7 **SIMONE MILLER**, daughter of Josephine Wong & Steve Miller
7/7 **TODD C. FIORE**, son of Yvonne Fiore
7/8 **CHRISTOPHER MURPHY**, brother of Nina Murphy
7/8 **JOEL MALDONADO**, son of Alisha Murzi, grandson of Evelyn Murzi
7/8 **MICHAEL SINCLAIR**, son of Susan Sinclair
7/8 **TIONNIE MURRAY**, daughter of Marie Caballero
7/9 **DYLAN LAKER**, son of Claudette Kraus & Robert Laker
7/10 **DANILO RODRIGUEZ**, sister of Enrique Rodriguez
7/11 **MILES STEPHENSON**, son of Syntyche Stephenson
7/12 **ELIOT BARTLETT**, brother of Emanuekl Bartlett
7/12 **ELIZABETH O'HARE**, sister of Christopher O'Hare
7/12 **KANNE IKONOMOU**, sister of Natasha Ikononou
7/12 **KARINA VETRANO**, sister of Tara Vetrano
7/12 **SARAH AKHTAR**, sister of Alafia Akhtar and Rahil Darbur
7/12 **THOMAS PARISI**, son of Pamela Parisi
7/13 **LAVONE SKY SANTANA**, son of Istrha Santana
7/13 **MICHAEL WHITLOCK**, son of Peggy Whitlock
7/14 **CAMERON CHIANG**, daughter of Joanna & Chris Chiang
7/14 **MIA SACASA**, daughter of Malik Sacasa
7/14 **PETER ADAM LEVINE**, beloved son of Marie Levine & the late Philip Levine
7/14 **STEFAN THEGEBY**, son of Dale Thegeby
7/15 **BRIAN MEEHAN**, brother of Kevin Meehan
7/15 **JEM MAIR**, daughter of Ilana Mair
7/15 **MICHELE SIEGEL**, daughter of Lillian Hass
7/15 **SEYQUAN CHAMBLISS**, son of Derricka Chambliss
7/16 **AMIAS**, son of Samantha Diaz, nephew of Jasmine Burney
7/16 **HOLLAND WILLIAMS**, son of Asia & Jarell Williams
7/16 **LUIS A. GARCIA**, son of Tania Germes

7/16 **MICHAEL KAMEO**, son of Mordi and Keren Kameo
7/17 **JACK PAHLE**, brother of Rebecca Pahle
7/17 **MICHAEL DURNIN**, son of Karen & Mike Durnin
7/17 **TEPLY RACHMEL**, daughter of Allison Tepley & Nir Rachmel
7/17 **TYREE SHEPPARD**, son of Laura Sheppard
7/18 **BAJUN RIDDICK**, son of Gable Grehan
7/18 **BRADLEY FRIEDMAN**, son of Jane Friedman
7/18 **CALLIE LONG**, daughter of Jackie Long
7/18 **JEFFREY VANCHIRO**, son of Sylvester (Sly) Vanchiro
7/18 **RHETT THOMPSON**, son of Gayla Thompson
7/19 **JOSH GROSSE**, son of Susan Grosse
7/19 **MATTEO SACHMAN**, son of Alexia & Steve Sachman
7/20 **ANDREW MARTIN ARNOLD**, brother of Barbara Arnold
7/20 **OSCAR REED PUGH**, son of Jon Pugh & Rachelle Guiragossian
7/20 **ROBERT GRAUP**, son of Leona Graup
7/22 **MAHLIK WILLIAMS**, son of Ramona Williams, brother of Mekael Williams
7/22 **NATALIE JOY HERTEL-VOISINE**, daughter of Barbara Hertel & Don Voisine
7/23 **ANYA GABRIELA KUPPERSMITH**, daughter of Judith Koppersmith
7/23 **GINO FONGKIN**, brother of Desiree Brown
7/23 **PETER SCHLENDORF**, son of Karen Schlendorf
7/23 **SHAUN BECKWITH CHASEN**, son of Dr. Barbara Chasen
7/24 **LUIS LARA**, son of Harry & Maria Ruff
7/25 **BRENDAN BITTNER**, brother of Jessica Bittner Markus
7/25 **KHALIL KNOWLEDGE SMITH**, son of Malazha Wright
7/28 **ANTONIO LAW**, son of Jacqueline Law
7/28 **JASMIN REQUENA**, daughter of Eleanor Requena, sister of Jaqueline
7/29 **CLARIS GLOVER**, daughter of Crystal Glover
7/29 **CRYSTAL LAUZAU**, daughter of Gwyneth Hotaling
7/29 **DIMITRI VAZQUEZ**, son of Maria Bryant
7/29 **GRANT PHILLIPS**, son of Linda Phillips
7/29 **RICK HOWELL**, brother of Annie Howell
7/30 **BRITTANY MCGRATH**, sister of Chelsea McGrath
7/30 **JUSTIN HOLLAND**, son of Carole & Marvin Holland
7/31 **JESSIE MORGAN PEK**, daughter of Karyn Pek
7/31 **PAIX MICHAEL BARILLON**, son of Christine & Benjamin Barillon





OUR CHILDREN—LOVED AND REMEMBERED

JULY ANNIVERSARIES



7/1 **ALAIA MOSELEY**, daughter of Patricia Mosley
7/1 **NOAH MITCHELL**, son of Melody Mitchell
7/1 **SEAMUS WOOD**, son of Will Wood & Deb Funkhouser
7/2 **KEVIN MITCHELL**, son of Jacquie & John Mitchell, brother of Kristopher & the late Kareem Mitchell
7/2 **MELISSA ANN WALSH**, sister of Stephanie Walsh
7/2 **NATHANIEL LOUIS RAND**, son of Jacob Rand
7/3 **DMITRI PAJITNOVA**, son of Nina Pajitnova
7/4 **JONAH BING**, son of Dana Lodge
7/4 **LISA**, daughter of Masha Leyn, sister of Max Leyn
7/4 **TREVOR LOUGHLIN**, son of Suzy & Joe Loughlin, brother of Juliette Loughlin
7/4 **TYLER MADOFF**, son of Michael & Marianne Madoff
7/5 **ALAN ROSENTHAL**, son of Lynne Rosenthal
7/5 **YIANNIS STATHOPOULOS**, son of Kathleen Negri Stathopoulos
7/6 **BENJAMIN IMBROGNO**, son of Naomi Imbrogno
7/6 **BOSTON GRIMM-STIBEL**, son of Travis Grimm
7/6 **EVAN MAXWELL**, brother of Jean Maxwell
7/6 **RUSSELL FERBER**, son of David Ferber & Dorothy Jordon, brother of Jordon Ferber
7/7 **ELINOR FRIEDBERG BLUME**, daughter of Leslie Kandell
7/8 **JACK PAHLE**, brother of Rebecca Pahle
7/8 **LATASHA ALCANTARA**, daughter of Anita Guy-Martin
7/8 **MICHAEL KLINOFSKY**, brother of Melanie Klinofsky
7/8 **SEAN MCCLURE**, son of Patricia McClure
7/9 **LAURA NAMIE**, sister of Matthew Namie
7/9 **T.J. CRAIG**, son of Tom Craig, brother of Mac Craig
7/10 **GABRIEL J. DIERRE**, son of Marie Nicole Rene
7/11 **ELYSE CARVER**, daughter of Violette Carver
7/13 **GAIL ROACH**, daughter of Joyce Roche
7/13 **JULIAN SERAFIN**, son of Agata Lisok-Serafin
7/13 **KIARA KHARPERTIUM**, sister of Devin Kharpertium
7/14 **DAVID ZABLIDOWSKY**, son of Doris & Martin Zablidowsky
7/14 **WAYNE NELSON**, son of Amelia Brewer-Nelson
7/15 **ASHER FERGUSON**, son of Ryan Ferguson & Christine Tran
7/15 **NATHANIEL HILL JR.**, son of Lynette & Nathaniel Hill, sister of Lenise
7/15 **ZACHARY JAMES MILLIKEN**, son of Vigi Cadunz
7/16 **ARTHUR DUDIN**, son of Stan & Irina Dudin
7/16 **IRIS**, daughter of Alyson Ben-David
7/16 **SHAY DORRITIE**, son of Richard Dorritie
7/17 **KRISTOFFER WILLIAMS**, son of Anette Lian-Williams & Eric Williams
7/20 **IAN MALSON**, brother of Caitlin Malson

7/20 **JOHN BARNES (KOKO)**, son of Hana Barnes
7/20 **NNENE EZEONYIM**, daughter of Uche Ezeonyim
7/20 **YVONNE LAURICE AJAKIE**, daughter of Evelyn Rabi
7/21 **MIKEY HARTNETT**, son of Jessica & James Kerwin
7/21 **OSCAR REED PUGH**, son of Jon Pugh & Rachelle Guiragossian
7/21 **RED LAYNE**, daughter of Greg & Trillich Layne
7/21 **SEAN COLLINS**, brother of Kelly Collins
7/21 **SONU ADAMS**, daughter of Una Chaudhuri & Michael Adams, sister of Nathaniel Adams
7/21 **STACEY LEONDIS**, sister of Diana Leondis
7/21 **THOMAS PARISI**, son of Pamela Parisi
7/22 **ANDREW MARTIN**, son of Marina Re
7/22 **JUSTIN R. NEGRON**, son of Nancy Negron, brother of Samantha
7/22 **MILES STEPHENSON**, son of Syntyche Stephenson
7/22 **SAM BINNICKER**, brother of Griffin Binnicker
7/22 **WILL GARRIGAN**, brother of Erin Garrigan
7/24 **MAYA CZEPULKOWSKA**, daughter of Anna Klegon, sister of Matt Klegon
7/24 **THERESA MARTIN HOUGH**, daughter of Sara Martin
7/25 **ABIGAIL BURG**, daughter of Jean & David Burg
7/25 **ARJUN VEER SHARMA**, son of Vikas & Priyanka Sharma
7/25 **ISABEL L. DODWELL**, daughter of Amy & William Dodwell
7/26 **ANTHONY & NICHOLAS AURELIA**, twin sons of Patrick Aurelia
7/26 **DANIELLE HYMOWITZ**, daughter of Karen Hymowitz
7/26 **LAEL MASE**, daughter of Marla Mase
7/26 **MARSHALL NEIDIG**, son of Quinn and Joe Neidig
7/27 **ALEXIS NICOLE NEGRON**, daughter of German (Herman) Negron
7/27 **ANAYA TAHA**, granddaughter of Soheir Kache
7/27 **DANA YONATAN**, sister of Nirit Yonatan
7/27 **MARK COOKE**, son of Maureen Cooke, brother of Jamie
7/27 **MICHAEL SINCLAIR**, son of Susan Sinclair
7/28 **ALEXANDER KYLE NUNEZ**, son of Melba & Luis Nunez
7/28 **EMILY MACKEY**, sister of Lauren Minchen
7/28 **OSCAR JOAQUIN**, son of Dru Levasseur
7/28 **VALDING DURAN**, son of Milagros Bueno
7/30 **DAVID YOOD**, son of Nora & Barry Yood
7/30 **ORIJAH GRAY**, daughter of Chelsea Conklin
7/31 **JASON SCHECHTER**, son of Leo Schechter
7/31 **PAIX MICHAEL BARILLON**, son of Christine & Benjamin Barillon
7/31 **PAUL HENNESSEY**, brother of Kevin Hennessey
7/31 **RENEE THOMPSON**, daughter of Gregory & Joy Thompson



THE COMPASSIONATE FRIENDS CHAT SCHEDULE. Click here to display exact times and to see entire schedule				The Compassionate Friends National Office 48660 Pontiac Trail #930808, Wixom, MI 48393 Toll Free (877) 969-0010 www.compassionatefriends.org email:nationaloffice@compassionatefriends.org
ET	MORNING	EARLIER EVENING	LATER EVENING	
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings	WE NEED NOT WALK ALONE TCF Online National Magazine Click here for Information
TUE		Loss to Substance Related Causes First time CHAT orientation	Bereaved less than 2 yrs Bereaved more than 2 yrs	
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings	MARK YOUR CALENDARS! Our next Chapter meetings are the 3rd Tuesday of each month: JUN 17 JUL 22 AUG 19 SEP 16
THU		No Surviving Children First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings	
FRI	General Bereavement Parents/Grandparents/Siblings	Pregnancy/Infant Loss	General Bereavement Parents/Grandparents/Siblings	Newsletter article submissions are welcome. Please email to marielevine2@verizon.net
SAT			General Bereavement Parents/Grandparents/Siblings	
SUN		Suicide Loss	General Bereavement Issues Parents/Grandparents/Siblings	MAKE A DONATION Click here to Donate to the Manhattan Chapter

OUR COMPASSIONATE FRIENDLY NEIGHBORS

Babylon	1st Friday	(516) 795-8644	Medford	2nd Friday	(631) 738-0809
Bronx	2nd Tuesday	(914) 714-4885	Rockville Centre	2nd Friday	(516) 766-4682
Brookhaven	2nd Friday	(631) 738-0809	Rockland County	3rd Tuesday	(845) 398-9762
Brooklyn	3rd Wednesday	(917) 952-9751	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Flushing	3rd Friday	(718) 746-5010	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Manhasset	3rd Tuesday	(516) 466-2480	Syosset (Plainview)	3rd Friday	(718) 767-0904
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389

PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

24/7 PRIVATE FACEBOOK GROUPS

[TCF – Loss of a Child](#)
[TCF – Loss of a Stepchild](#)
[TCF – Loss of an Only Child/All Your Children](#)
[TCF – Multiple Losses](#)
[TCF – Daughterless Mothers](#)
[TCF – Men in Grief](#)
[TCF – Bereaved LGBTQ Parents with Loss of a Child](#)
[TCF – Bereaved Parents with Grandchild Visitation Issues](#)
[TCF – Loss to Miscarriage or Stillbirth](#)
[TCF – Infant and Toddler Loss](#)
[TCF – Loss of a Child 4 -12 Years Old](#)
[TCF – Loss of a Child 13-19 Years Old](#)
[TCF – Loss of an Adult Child](#)
[TCF – Loss of a Child with Special Needs](#)

[TCF – Loss of a Grandchild](#)
[TCF – Grandparents Raising their Grandchildren](#)
[TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild](#)
[TCF – Loss to Long-term Illness](#)
[TCF – Loss to Cancer](#)
[TCF – Loss After Withdrawing Life Support](#)
[TCF – Loss to Mental Illness](#)
[TCF – Sudden Death](#)
[TCF – Loss to Suicide](#)
[TCF – Loss to Homicide](#)
[TCF – Loss to Substance Related Causes](#)
[TCF – Loss to a Drunk/Impaired Driver](#)
[TCF – Grieving with Faith and Hope](#)
[TCF – Reading Your Way Through Grief](#)

The Compassionate Friends
c/o Sally Petrick - Treasurer
945 West End Ave Apt 2B
New York, NY 10025

Making a Donation—Now Online

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings.
You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)