



**The Compassionate Friends**  
**Manhattan Chapter**  
 Supporting Family After a Child Dies

**Our next meetings...**  
 Nov 19  
 Candle Lighting Dec 8  
 Dec 17  
 Jan 21

**Manhattan Chapter Newsletter** **November 2024**

**NOV 19TH MEETING—3RD TUESDAY IN-PERSON**  
 In-person only on the third Tuesday, November 19th We are still working to figure out how and when we can work in on-line meetings. It's by far worth the extra effort to come in-person, but we recognize not everyone can.

**Worldwide Candle Lighting**

**Sunday, December 8th, 2024**  
 at the

**Parish House of the Church of Ascension**  
**12 W.11th Street, Manhattan, NY**

**Doors open at 5:45pm - Family guests are welcome**  
**PLEASE RSVP and arrive by 6:15pm**



**REFRESHMENTS WILL BE SERVED**

**Join us for this moving ceremony and celebration.**  
**Come to remember and honor our children and siblings**  
**in person together at our Holiday Candle Lighting.**

**SEND IN YOUR PHOTOS FOR OUR SLIDESHOW!**  
[Click here](#) and see page 6 for more information.

**IF YOU CANNOT ATTEND IN PERSON:**

**Our national office will have a Virtual Candle Lighting**  
**on Dec. 8th at 7pm in each time zone. Go to**  
[www.compassionatefriends.org](http://www.compassionatefriends.org) for information.

**As The World Turns**

In 1993, when the world stopped turning for me, I listened, without hearing, to the platitudes offered by those observing my sorry state. When I railed against the heavens, when I begged for release from the pain, when I prayed that I could join my beloved, now dead, child, all anyone could do was stand by and watch. There really was nothing anyone dared say without getting some horrific retort from me. So those who stayed just listened. Most drifted away, unable or unwilling to cope with the despair that emanated from my every pore.

The days were as dark as the nights. Nothing and no one could offer me any hope. And in looking back, it is hope that we all long for. It's taken years and years to heal to this point, and as the painful season of "joy" approaches, I thought I would reflect a little bit, on the journey, the distance and the light that slowly appears at the end of the tunnel. Sure they're all cliches. But as those of us who have lived for years in the world of metaphor know only too well, they are cliches because they describe this place so well.

This will be our tenth Thanksgiving without Peter. That first Thanksgiving I thought it would be a good idea to surround myself with the activity of the day and make dinner for my remaining family. It was a major mistake. The day proved more difficult than I imagined and for years after, Phil and I refused the company of friends or family and remained sequestered at home with the tiniest turkey we could find. It was several years later, with two other couples, also newly childless, that I attempted Thanksgiving dinner again. And with my new friends we all reflected on how grateful we were to have had our kids, even while we continued to rail together at the fates for our mutual misfortune.

The December holidays, hot on the heels of Thanksgiving, brought only more pain. Store windows, newspaper ads, (con't on page 2)

**TELEPHONE FRIENDS:** When you are having the kind of day you feel only another bereaved parent or sibling can understand, we can listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: [tcfmanhattan@gmail.com](mailto:tcfmanhattan@gmail.com)  
 TCF MANHATTAN website: [www.compassionatefriends.nyc](http://www.compassionatefriends.nyc)  
 CO-CHAPTER LEADERS: **Dan Zweig:** [danzweigtcf@gmail.com](mailto:danzweigtcf@gmail.com)  
**Jordon Ferber:** [beatniknudnik@yahoo.com](mailto:beatniknudnik@yahoo.com)  
 "Our Children" editor: **Dan Zweig:** [danzweigtcf@gmail.com](mailto:danzweigtcf@gmail.com)  
 Newsletter Editor: **Marie Levine** [marielevine2@verizon.net](mailto:marielevine2@verizon.net)

THE COMPASSIONATE FRIENDS MEETINGS are now monthly - in person on the third Tuesday of the month  
**WE MEET AT 7:00pm—arrive or sign on at 6:45pm**  
 This month, Nov. 19, 2024, we will be meeting only in person at the  
 Fifth Avenue Presbyterian Church  
**55th Street and Fifth Ave (enter at 7 West 55th St.)**

*The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.*

## DETOUR OF THE MONTH – THANKSGIVING

Well, here it is – detour time again – just when you were about headed back to the main road after Halloween, Some out there think of the four months of October, November, December and January as the holiday season, but we know better, don't we? We know they're really the "detour" season, and I don't have to tell you why, do I?

About this time last year, I had a really good laugh when I received a letter from a member of the Atlanta chapter where she told me, among other things, that she and her husband and their two young boys were heading to Florida over Thanksgiving. "We are not," she said, "going to sit around a turkey and pretend to be thankful." Now, that's not observing that day in a traditional way. Do whatever it is you need to do this year, if Thanksgiving is a problem. Explain to those who really care about you that this year will, by necessity be different. Hope they will understand, but if they don't, let it be their problem, for your needs are paramount right now.

I'm happy to report that I look forward to our traditional day now. (Let me tell you there was a time I didn't!) I hope you will soon reach that place, if you haven't already. I just want to assure you that nowhere is it carved in stone that you must sit around a turkey pretending.

~ **Mary Cleckley**, *TCF Atlanta*

\*\*\*\*\*

## THE FIRST THANKSGIVING

Today is Thanksgiving Lord  
And I don't know what to say.  
On June fifteenth of this fractured year,  
you took my son away.

Why should I be giving thanks?  
It makes no sense to pray.  
If you were listening to my prayers,  
you would have let him stay.

I have wonderful friends and relatives Lord,  
still, it's very tough.  
I love each and every one of them,  
and yet it's not enough.

The pain is unbelievable  
it cuts right through my soul.  
Although my family helps me cope,  
we are no longer whole.

Could you send a sign Lord,  
that Heaven does exist.  
Is my child in a better place,  
not cursed by you but kissed?

I could give thanks once again,  
if I knew he was safe and well,  
and in spite of the hole in my broken heart  
survive this endless hell.

~ **Madelaine Perri Kasden** in memory of her beloved son **Neill Perri** , *TCF Manhattan 1995*

## As The World Turns

(con't from page 1)

magazines, television, radio... the holidays were in my face everywhere I turned. There really wasn't anywhere to hide. It was a painful annual rite of passage. But to where?

No getting around it. In spite of us, the world keeps turning. The holidays come relentlessly every year. Along with all the other special days we must anticipate and endure. But for me, more than nine holiday seasons later, the edge has finally softened. Thanksgiving remains difficult, but not as difficult. We can even enjoy sharing the day with friends. And the beauty of the holiday season, especially in a city like ours, no longer makes me angry. I'm glad now, to know that so many people are untouched (yet) by tragedy. That they can enjoy the holiday season with the brightness and clarity of innocence. And I suspect now, that so many others are like me. I no longer feel so uniquely tragic.

I am an observer now, not exactly a participant. But from my perspective, high on a perch looking back over so much of life, I can appreciate the wonder, and remember that I too was innocent once, untouched by tragedy. And knowing what I now know about life, I look at all the joy and know how tenuous it all is. I've also learned the human spirit is a miraculous thing. And that as the world turns, as night turns into day, despair can turn to hope. As the pain begins to subside, the restorative power of hope returns.

For those who are only recently bereaved it is important to understand that there is no timetable for healing from our wounds. No formula. For some it is months, some years, some decades. Taking it one hour then one day at a time is key. There is no way to rush the process. But finding hope... that the pain will begin to soften, that despair will lift, that life will once again be worth living, that the thought of our children will bring a smile instead of tears, that just maybe, we will be with our children again someday...you can be sure the power of hope will return.

The world is still turning. We're just going along for the ride. Rest assured we all reach the same destination. No need to ask if we're almost there yet. One day, without even realizing, we'll know because our kids will be there, waiting.

A peaceful holiday season to you all.

~~~ **Marie Levine**, 2003

\*\*\*\*\*

## ***Grieving takes longer than we want it to.***

*" Grieving takes longer than we want it to.*

*Days, months, even years go by and we discover that the shock waves still reverberate in our scarred spirits, that our grieving is still hesitant, still halting, still sparse of those occasions that are healing.*

*But grief runs by its own clock, and as surely as we sometimes mourn with agonizing slowness, we will leap through other days, making astonishing strides toward recovery".*

~ **Molly Fumia**, *"Safe Passage"*

as promised in October's newsletter, more Elaine Stillwell

## Happy thoughts for The Heart

by Elaine Stillwell

While we are grieving the loss of a loved one it's important to find positive things to tell our heads, anything that will give us inspiration to keep going. Whether it is a popular phrase that motivates us, a song that keeps ringing in our ears, a book, article or poem that speaks to our hearts, or perhaps a sweet prayer that gives us strength, we all need some inspiring thoughts to help lift the burden of our sadness..

### Choose life.

What a choice! We can sit down and give up or we can be like the little engine that could, saying, "I think I can, I think I can." We can put one foot in front of the other reaching out to life, hoping our loved ones are proud of our efforts as they watch from above. My children will not have died in vain if I can show them that I am rebuilding my life, inch by inch, as I create my "new Normal".

### If their song is to continue, we must do the singing.

How we want everyone to remember our loved ones, just as I want everyone to remember my Peggy and Denis. When I began emptying their wallets, I froze, stopped and asked myself, "what are you doing? Getting rid of their credit cards, driver licenses, library cards and college ID's made me feel like I was erasing my children. Little did I realize that as time went by, my writing and speaking to the bereaved would keep my children remembered. Even though they have been dead for over twenty years, they still make a difference in the world. Do you know how that makes my heart sing?

We learn that our loved ones can live on through us. We are the "keepers of the memories", so we have to search for the ways we can keep our loved ones remembered. It happens in a variety of ways. It could be establishing a foundation or scholarship, donating equipment for a hospital, library or school, working in a soup kitchen, volunteering in a nursing home, planning memorial golf outings or walk-a-thons, or whatever cause is dear to your heart. Doing it with passion and zeal not only helps others and fills empty hours, but more importantly, keeps our loved ones remembered.

### Dare to dream.

Sometimes it helps to envision ourselves making it to the top of the mountain after our long struggle through the valley of sadness. As we climb each steppingstone of grief, we get closer to our dream of having a meaningful life again. We put shock, anger, guilt, denial and bargaining behind us and reach for the moon. We want to be social again, to be able to celebrate happy occasions, to get back in the swing of things. Don't be afraid to dream of better days. They are ahead.

*Elaine Stillwell runs the Rockville Center chapter of TCF. Her daughter Peggy and son Denis died together in the same car accident in 1990*

\*\*\*\*\*

...from *Healing After Loss* by Martha Whitmore Hickman.....

"In our sleep, pain which cannot forget falls drop by drop upon the heart until, in our own despair, against our will, comes wisdom through the awful grace of God."

~ Aeschylus

Grief engulfs us, takes over our lives, renders us impotent.

What are we to do?

Wait. Get through one day. Then another. And another.

We will feel as though we are only "going through the motions," but it is important to go through the motions.

We are, in a strange way, relearning that we are alive.

We are alive, functioning, and can do what we need to do. But just barely.

Then one day we're surprised (because how could it be so?) to realize that some of our energy has come back.

How did it happen? We didn't expect it, didn't even particularly want it to happen, because we had no expectation of *anything* happening. The important thing had already passed – the loss of our loved one.

But there it is. And our step lightens. And we begin to look around.

\*\*\*\*\*

## I FORGIVE

By Debbie Ortega

I've heard advice for the bereaved that forgiveness is an important part of "healing". I've worked hard at that elusive "forgiveness" and came to the realization today that I am actually able to forgive quite a lot.

- I forgive myself for not forgiving the people that caused my daughters' death. Some things are just not 'forgivable', and she would understand.
- I forgive others for sharing their "miracles" with me, not understanding how cruelly this attacks my heart, as I wonder where my daughter's miracle was.
- I forgive others for not understanding me. I don't understand anything anymore, so I can't expect others to understand me either.
- I forgive myself for not being able to do all the things I used to be able to do. I don't function as well as I used to and that's okay.
- I forgive others for continuing to live in that other world where I once lived with my daughter. It's a good world and I miss it a lot.
- I forgive myself for no longer fitting into that world and not always being able to fake it. I am different now.
- I forgive others for avoiding me. They don't know what to say and quite frankly, that leaves me with nothing to say to them either.
- I forgive my daughter for leaving me. She loved life and she loved me. I believe she loves me still.

This is probably not what people mean when they say we need to "forgive" but it's the best I can do. It's enough that I can do anything at all, and maybe they will forgive me as well.

~reprinted with permission from *We Need Not Walk Alone*, Autumn 2009

# Siblings

## MY FIRST FIVE YEARS AS AN ONLY CHILD

I've been without my brother for five years. I guess the hard part is over now. Sometimes I think I have aged 30 years in the past five. In a strange way, these past five years have been the best and the worst years of my life. I have accomplished the many things of a typical young adult learning to drive, graduating from high school, going to college, and starting a career.

Every one of my accomplishments has been clouded by the fact that my brother George is not here to share each milestone, and is not achieving any more milestones for himself. He was cheated of so many things. He will never graduate, get married, have children or travel. He will never grow old, and I will never have a brother to grow old with. I'll never have nieces or nephews. The sibling relationship, usually the longest relationship of one's life, has been cut short for us. In these five years, although I have learned to accept that he is not coming back, the difficult part is dealing with it day by day.

My relationship with George ended just when we started to become friends. The childish fights and other annoyances of having a big brother were changing to real conversations and to having an occasional ally. I am angry about all the things that we have missed and all the things that will never be, and I guess I always will be. Five years heals a lot of wounds, but the hurt will always be there, no matter how many years pass.

In these past five years, I have been forced to grow up too fast. I have been forced into a new outlook on life. I have felt lonely and alone. I now realize that I will never be the same person as before. Maybe I am a better person because of what I have been through. Five years ago, I never thought I would survive, but I am still here dealing with it every day. I don't know what the next five years will bring, but at least I've made it this far.

~ **Kristen Steiner**, TCF, Staten Island, NY

### TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every Tuesday of the month and more.

Sign up to get our siblings schedule emails

[Click here for exclusive sibling emails](#)

### TCF SIBLING CHATS

Some online chats for adult and teen siblings to share concerns and feelings are available on the TCF National website

[Click here to display the full schedule of chats for both parents and siblings](#)

## The Compassionate Friends Sibling Credo

*We are the surviving siblings of The Compassionate Friends*

*We are brought together by the deaths of our brothers and sisters*

*Open your hearts to us, but have patience with us.*

*Sometimes we need our families to be there.*

*Sometimes we must walk alone, taking our memories with us, to become the individuals we want to be.*

*We cannot be our dead brother or sister; however a special part of them lives on with us.*

*When our brothers and sisters died, our lives changed.*

*We are living a life very different from what we envisioned and we feel a responsibility to be strong even when we feel weak.*

*Yet we can go on because we understand better than many the value of family and the precious gift of life.*

*Our goal is not to be the forgotten mourners that we are, but to walk together to face tomorrow as the surviving siblings of The Compassionate Friends.*

\*\*\*\*\*

**Siblings! Email in photos of your brothers and sisters for our slideshow of remembrance.**

**And come to the Worldwide Candle Lighting on December 8th.**

## Worldwide Candle Lighting

**Sunday, December 8th, 2024**

at the

**Parish House of the Church of Ascension  
12 W.11th Street, Manhattan, NY**

**Doors open at 5:45pm - Family guests are welcome**

**PLEASE RSVP and arrive by 6:15pm**



**REFRESHMENTS WILL BE SERVED**

**Join us for this moving ceremony and celebration.**

**Come to remember and honor our children and siblings in person together at our Holiday Candle Lighting.**

**SEND IN YOUR PHOTOS FOR OUR SLIDESHOW!**

**[Click here](#) and see page 6 for more information.**

**IF YOU CANNOT ATTEND IN PERSON:**

**Our national office will have a Virtual Candle Lighting on Dec. 8th at 7pm in each time zone. Go to**

**[www.compassionatefriends.org](http://www.compassionatefriends.org) for information.**

## Recommended reading...

- ◆ The Bereaved Parent by Harriet Sarnoff
- ◆ First You Die by Marie Levine
- ◆ Talking to Heaven by James Van Praagh
- ◆ Beyond Tears by nine mothers
- ◆ Love Never Dies by Sandy Goodman

⇒ take advantage of the book list on the TCF website [www.compassionatefriends.org](http://www.compassionatefriends.org)

⇒ go to [www.centeringcorp.org](http://www.centeringcorp.org), for an extensive list of resources for ALL those grieving for every possible reason – for parents, grandparents, siblings, mothers, fathers, teens, children...because of sudden death, accident, long term illness, infant loss, miscarriage, homicide, substance abuse, etc.

Reading other bereaved people's stories helps us. Take advantage of these resources. Discovering how much of what we feel is being experienced by fellow travelers helps us understand the process and restores hope.

\*\*\*\*\*

### ...to our new members

Attending your first meeting is the hardest thing to do. But you have nothing to lose and everything to gain. Try not to judge your first meeting as to whether or not TCF will work for you. Often, it is the second, third or fourth meeting where you will find just the right person or the right words said that will help you along in your grief.

### ...to our long standing members

We need your encouragement and continued support. You are what ties our group together. Sadly, each meeting brings new parents. *THINK BACK*... what would it have been like for you if there had not been any "oldtimers" to welcome you and share your grief and encourage you and tell you that in time, the pain will soften...with time, there is hope.

~ ~ ~

## The Compassionate Friends Credo

*We need not walk alone.*

*We are The Compassionate Friends.*

*We reach out to each other with love, with understanding, and with hope.*

*Our children have died at all ages and from many different causes,*

*but our love for our children unites us.*

*Your pain becomes my pain just as your hope becomes my hope.*

*We come together from all walks of life, from many different circumstances.*

*We are a unique family because we represent many races and creeds.*

*We are young and we are old.*

*Some of us are far along in our grief, but others still feel a grief so fresh,*

*and so intensely painful that we feel helpless and see no hope.*

*Some of us have found our faith to be a source of strength; some of us are struggling to find answers.*

*Some of us are angry, filled with guilt or deep depression; others radiate an inner peace.*

*It is pain we will share just as we share the love for our children.*

*We are all seeking and struggling to build a future for ourselves,*

*but we are committed to building a future together as we reach out to each other*

*in love, and share the pain as well as the joy,*

*share the anger as well as the peace,*

*share the faith as well as the doubts,*

*and help each other to grieve, as well as to grow.*

WE NEED NOT WALK ALONE.

WE ARE THE COMPASSIONATE FRIENDS.

~ ~ ~

## Online Support from the National Compassionate Friends Website

### Live Chats

The Compassionate Friends offers "virtual chapters" through an Online Support Community (live chats). This program was established to encourage connecting and sharing among parents, grandparents, and siblings (over the age of 18) grieving the death of a child. The rooms supply support, encouragement, and friendship. The friendly atmosphere encourages conversation among friends; friends who understand the emotions you're experiencing. There are general bereavement sessions as well as more specific sessions.

Click [HERE](#) for more information and a list and schedule of Live Chats.

### Private Facebook Groups

The Compassionate Friends offers a variety of Private Facebook Groups. These pages cover a wide range of topics and are moderated by bereaved parents, siblings, or grandparents. They may accessed only after a request to join is approved by a moderator.

Click [HERE](#) for more information and a list of Private Facebook Groups.



# Worldwide Candle Lighting

Sunday, December 8th, 2024

Worldwide Candle Lighting Event In Manhattan

at the

Parish House of the Church of Ascension

12 W.11th Street, Manhattan, NY

Doors open at 5:45pm - Please arrive by 6:15pm - Family guests are welcome - PLEASE RSVP

[Click here](#) or the Events Tab on our website [www.compassionatefriends.nyc](http://www.compassionatefriends.nyc) for more information.

## The Compassionate Friends - Worldwide Candle Lighting



***We remember... that their light will always shine.***

***\* Remember - if in person...be sure to bring a framed photo of your loved one to be displayed in the ballroom during the evening.***

**Important - take note!**

***There will be an ongoing slideshow of all our children...***

**To include your loved one in this beautiful memorial, please email your photos by DECEMBER 5TH to:**

**[photosmtcf@gmail.com](mailto:photosmtcf@gmail.com)**

We suggest you send two photos - a young, "sunrise" photo and a "sunset" more recent photo.

Be sure to indicate your child's **full name exactly as you wish it to appear!**

**(If you had photos in last year's slideshow, just request to use the same photos for 2024)**

**IF YOU CANNOT ATTEND IN PERSON: National will have Virtual Candle Lighting. Go to [www.compassionatefriends.org](http://www.compassionatefriends.org).**

## Gifts of Love

**A Love Gift** is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

**Passing the Basket** – We raise needed funds at each meeting by passing a basket for voluntary contributions at our in-person meetings. We are so glad to hold online meetings whenever possible, but there is no 'basket' at our online meetings. If you are able to, whenever you can as an online participant, please help and make a 'Basket' contribution to help our organization.

## Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.

OUR CHILDREN—LOVED AND REMEMBERED  
NOVEMBER BIRTHDAYS



- 11/1 **BRETT DOUGLAS**, brother of Danielle Monaco
- 11/1 **FLORENCE FRAZER**, sister of Harri Molese
- 11/1 **LIAM ARDEN**, son of Esther & Patrick Arden
- 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro
- 11/2 **STEVEN SCHWARTZ**, son of Ellen Schwartz
- 11/2 **TY PICKETT**, son of Jan Pickett
- 11/3 **NICK CARIS**, son of Konstantina Caris
- 11/4 **ASHLEE D. BLAKE GUTIERREZ**, daughter of Marlene & Francisco Gutierrez
- 11/4 **DMITRI PAJITNOV**, son of Nina Pajitnova
- 11/4 **KEVIN MITCHELL**, son of Jacquie & John Mitchell, brother of Kristopher & the late Kareem Mitchell
- 11/4 **MILES ELLIOT COUGHLIN**, son of Fredricka Weinstein & Matthew Coughlin, brother of Marla Tolson, uncle of Lena Tolson
- 11/4 **TRAVIS FREEMAN**, son of Daniel Freeman & Elizabeth Morse
- 11/5 **PAULA VOLLEN**, daughter of Raizy Vollen
- 11/5 **ROSE MAYR**, sister of Anna Mayr
- 11/6 **BENJAMIN ZWEIG**, son of Sally Petrick & Daniel Zweig
- 11/7 **KELLI ANNE AULETTA**, daughter of Dick & Mary Auletta, sister of Kimberlee
- 11/7 **MALIK DUFOR**, son of Waltrina DeFrantz-Dufor
- 11/7 **MARY GIBBS**, sister of Cynthia Gibbs-Pratt
- 11/7 **MILO KESSLER**, son of Alana Fishberg & Daryl Kessler
- 11/7 **NICHOLAS SOTO**, son of Deborah Freeman & Eddie B. Soto, Jr.
- 11/8 **ADAM WEINER**, son of Susan Weiner
- 11/8 **DANNY MOONEY, JR.**, son of Danny Mooney
- 11/8 **TEVIN A. HAMPTON**, son of Patricia Lilly
- 11/9 **AIMEE GANDOUR**, sister of Molly Gandour
- 11/9 **CHRISTOPHER ROTH**, brother of Stephanie Roth
- 11/9 **GERRI SHIMMIN**, sister of Marybeth Bannon
- 11/9 **ISAIAH WINCH**, son of Jesse Winch, brother of Louisa-Carpenter Winch
- 11/9 **MICHAEL RAMIREZ**, son of Michele Cennamo
- 11/9 **SANDRA PLOUFFE**, daughter of Margie & Bram Jelin
- 11/10 **ALIX LECLAIR**, daughter of Julie Neches, sister of Dom LeClair
- 11/10 **DONNA MALIZIS**, daughter of Agata Malizis
- 11/10 **MATTHEW GORDON**, brother of Elizabeth Stilwell
- 11/10 **MAX JACOBSON**, son of Terry & Hugh Jacobson
- 11/11 **CONNOR LEE-KAWANISHI**, son of Choony Lee
- 11/12 **BURTON SANDLES**, son of Ina Sandles
- 11/12 **HENRY JAY**, brother of Daniel Jay
- 11/12 **YIANNIS STATHOPOULOS**, son of Kathleen Negri Stathopoulos
- 11/13 **THOMAS J. MANNO**, son of Elizabeth M. Davey
- 11/14 **CATHERINE CORENU**, daughter of Carrie Tuhý
- 11/15 **AARON HOROWITZ**, son of Allan & Liz Horwitz
- 11/15 **DYLAN RANDALL**, son of Yenia & Robert Randall
- 11/15 **JORDAN WEINSTEIN**, daughter of Wendy J. Schriber
- 11/17 **ADRIAN PURICELLI**, son of Denise Puricelli, brother of Vironika
- 11/17 **KATHLEEN BEAMER**, sister of Laura Beamer
- 11/17 **LINCOLN WHEELER-POWELL**, son of John Powell & Britta Wheeler
- 11/17 **LYLA SKYE MEDICI**, daughter of Mimi Delle Donne, sister of Meghan Matias
- 11/17 **TREVOR LOUGHLIN**, son of Suzy & Joe Loughlin, brother of Juliette Loughlin
- 11/18 **JAMILA IRONS-JOHNSON**, daughter of Jeannine Irons
- 11/18 **LIN GUO**, brother of Sylvia Guo
- 11/18 **MATT RITTER**, brother of Grace Ritter
- 11/19 **CRAIG MARTINEZ**, son of Louis Hampton Martinez
- 11/19 **SARA CHANGHONG ADAMS**, daughter of Muriel Adams
- 11/20 **DAVID LESSER**, brother of Debbie Lesser
- 11/20 **JEFFREY CARTER**, son of Linda Carter
- 11/21 **JACK ROBERTS**, son of Joanne Wright
- 11/22 **NICHOA WALKER**, daughter of Mazrene Holmes
- 11/23 **INSANN LAWLOR**, son of Serena Bhaduri
- 11/23 **JENNA HERNAN**, daughter of Maria Hernan
- 11/23 **TERRANCE RICHARDSON**, son of Theresa Richardson, brother of Francina Branch Elysee
- 11/24 **ARTHUR DUDIN**, son of Stan & Irina Dudin
- 11/24 **ERIK BANKS**, son of Laurene Buckley
- 11/26 **ALEXANDER MAXWELL**, son of Deanna & Kent Grant
- 11/26 **CLARISSA JACKSON**, sister of Jillian Jackson
- 11/26 **ISABELLA PALMER**, daughter of Alan & Meghan Palmer
- 11/26 **MARLA SUE COLLAZO**, daughter of Lita & Joe Robinson
- 11/26 **NOEL AMELLIO**, son of Margaret M. Amellio
- 11/27 **CASEY ACKERMAN**, son of Melissa and Hal Ackerman
- 11/27 **DANIELLE HYMOWITZ**, daughter of Karen Hymowitz
- 11/27 **ISABEL XIE**, baby daughter of Denise Chow & Wayne Xie
- 11/27 **KEVIN DEL ROSARIO**, son of Annaliza del Rosario
- 11/27 **LUCAS SCOTT**, brother of Erin Scott
- 11/27 **RED LAYNE**, daughter of Greg & Trillich Layne
- 11/28 **ALAN ROSENTHAL**, son of Lynne Rosenthal
- 11/28 **GABRIEL ROCCOFORTE**, son of Judith Weiss
- 11/28 **SEAN COYLE**, brother of Krista Coyle
- 11/28 **VYLETTE MOON**, daughter of Jackie Hakiki
- 11/29 **EVAN FRIEDLANDER**, son of Kathy Friedlander
- 11/29 **MAMADON JOHNSON**, sister of Djassi Johnson
- 11/29 **STEVE DAVOREN**, brother of Doug Davoren
- 11/29 **TREVOR MATTHEWS**, son of Angela Matthews



**OUR CHILDREN—LOVED AND REMEMBERED**  
**NOVEMBER ANNIVERSARIES**



- 11/1 **JUSTIN CRAIG LEDERMAN**, son of Ruth Lederman
- 11/1 **MATT BEHAN**, brother of Chris Behan
- 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro
- 11/1 **SHANEIREE DAMES**, daughter of Vivian Richardson
- 11/1 **SKYLER CAGHLIN**, son of Seana Caghlin, brother of Cassandra Richardson
- 11/2 **JASON ZAIN TZ**, son of Linda Zaintz
- 11/2 **KRISTEN DUBERRY**, daughter of Michael Duberry
- 11/3 **VISHAL TUNGARE**, brother of Ajay Tungare
- 11/4 **ILIA KRASOTINA**, sister of Sofiya Krasotina
- 11/4 **PARIS CAVIC**, sister of Mel Cavic
- 11/4 **SETH KAHN**, son of Debbie & Harold Kahn
- 11/5 **CASSIE WILSON**, sister of Kaylie Wilson
- 11/5 **GAVIN PESKIN**, son of Leah Peskin
- 11/5 **RACHEL AUSTER**, daughter of Gail Auster
- 11/6 **DAVID LESSER**, brother of Debbie Lesser
- 11/6 **RUSSELL GABAY**, brother of Lori Gabay
- 11/7 **JACOB PAUL ROBINSON-SWEET**, son of Gail Robinson
- 11/8 **JAMES GIBBON**, son of James (Jimie) Gibbon
- 11/9 **ALI SEEDAT**, daughter of Deborah McKinzie
- 11/9 **QUINDORA PERSUAD**, daughter of Maria Cabassa
- 11/10 **PARKER KOLTCHAK**, son of Deb Capone
- 11/10 **STEVEN HOUTERMAN**, son of Awilda Rodriguez Houterman
- 11/11 **BRENDA CHAPMAN**, daughter of Della Scrugs
- 11/11 **LINDA GIOVE**, daughter of Arlene Schechter
- 11/11 **MYLES CHANDLER**, son of Marcia Chandler
- 11/12 **JON ROMULO**, son of Tocy Friend
- 11/13 **HENRY JAY**, brother of Daniel Jay
- 11/13 **MICHAEL AARONSON**, son of Dorothy Aaronson, brother of Robert Aaronson
- 11/13 **ROBERT CABALES**, son of Susan Cabaales

- 11/14 **VICENTE EDUARDO**, son of Tomasina Eduardo
- 11/16 **JAY SCHNEIDER**, son of Bonnie Bowes
- 11/17 **DYLAN LAKER**, son of Claudette Kraus & Robert Laker
- 11/17 **JASON ELLIS**, son of Michael Ellis
- 11/17 **MATTHEW NOVAK**, son of Clare Hogan
- 11/17 **SYDNEY MARTINEZ**, daughter of Fabiola Bello & Alex Martinez
- 11/18 **CHRISTOPHER MEYER**, brother of Kimberly Meyer
- 11/18 **KIERNAN BLAKER**, brother of Darby Blaker
- 11/20 **"SPROUT" WILSON**, son of Elizabeth Minei
- 11/20 **NOEL AMELLIO**, son of Margaret M. Amellio
- 11/20 **RORY DAZE CHONG**, son of Pam Chong
- 11/21 **GEORGE MICHAEL KOTSIS**, son of Doris Kotsis
- 11/21 **KATHLEEN BEAMER**, sister of Laura Beamer
- 11/22 **AMIR PRIZANT**, brother of Ayelet Prizant
- 11/22 **ETHAN WASSERBERGER**, son of Simon & Cynthia Wasserberger
- 11/24 **CHRISTOPHER EISELE**, son of Kathleen & John Montoya
- 11/24 **PATRICE WALKER**, daughter of Mazrene Holmes
- 11/25 **JESSICA REVELEY**, sister of Britt Bonney
- 11/26 **ALEX REY**, son of Alex and Myrna Rey, brother of Amanda Rey
- 11/26 **DR. AMY BETH ROSEN**, daughter of Helen Rosen
- 11/28 **RUBY MANE**, daughter of Mohasin Mane
- 11/29 **BRONWEN PRADT**, daughter of Katherine Pradt
- 11/29 **KHALIL KNOWLEDGE SMITH**, son of Malazha Wright
- 11/29 **KOFI A. MENSAH JR.**, son of Rosinah Mensah & the late Samuel A. Mensah, brother of Dr. Kofi A. Mensah, Ph. D
- 11/30 **GINGER SIMMS**, daughter of Larry Simms & Alison Ho
- 11/30 **JAMES PATRICK (JIMMY) SINISI**, son of Ann Marie Sinisi
- 11/30 **JESSE VALENTINE**, son of Joanna Valentine
- 11/30 **LYDIA WOOD**, daughter of Matt Wood
- 11/30 **SHIMMER HALL**, daughter of Janine James



**Our Children Remembrances — Changes**

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look *first* at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to [tcfmanhattan.nyc@gmail.com](mailto:tcfmanhattan.nyc@gmail.com) and tell us what needs to change.





OUR CHILDREN—LOVED AND REMEMBERED



DECEMBER BIRTHDAYS

- 12/1 **CASSIE WILSON**, sister of Kaylie Wilson
- 12/1 **GLEN FRASER**, son of James Fraser
- 12/1 **MATEO TASHMAN**, son of William Tashman
- 12/1 **ROBERT GOODEN**, son of Tonya & Frank Gooden
- 12/2 **FORREST RYZY-RYSKI**, brother of Sophia Rzyz-Ryski
- 12/2 **JANIE GONG**, daughter of Alan & Daisy Gong
- 12/2 **JENNIFER CARGILL**, daughter of Virginia Crosby
- 12/3 **ASHLEY CALAZAN**, daughter of Erica Bonifacio
- 12/3 **PAULINE FUCHS**, daughter of Carolin Fuchs & Rene Groth
- 12/3 **YVONNE BURDEN**, sister of Crystal Burden
- 12/4 **JESSE ARATOW**, son of Susanna Hoffman
- 12/4 **MEGAN YODER**, sister of Kyle Yoder
- 12/4 **SETH KAHN**, son of Debbie & Harold Kahn
- 12/5 **GLENN SPELLER JR.**, son of Glenn Speller Sr.
- 12/5 **MEGAN SMITH**, daughter of Ann Smith
- 12/6 **AARON BENVENISTE**, grandson of Susan & Richard Rosenbluth
- 12/6 **DESIRA (Desi) PACUK**, sister of Nikkie Pacuk
- 12/6 **YEHUDA MILSTEIN**, son of Edith Bayne, brother of Ilana Milstein
- 12/7 **JOHN BARNES**, son of Hana Barnes
- 12/7 **RYAN THOMAS**, son of Jacqueline Thomas Kilbane
- 12/8 **SAMMY COHEN ECKSTEIN**, son of Amy Cohen & Gary Eckstein
- 12/10 **JONAH HENIG**, son of Abby Henig
- 12/11 **JAMES PATRICK (Jimmy) SINISI**, son of AnneMarie Sinisi
- 12/11 **MIKE CHARY**, brother of EllaRose Chary
- 12/13 **CAMDYN JAYEL DUCKWORTH**, daughter of Tiffany Clark
- 12/14 **AMELIA (Yannie) CORBETT**, sister of Sara Corbett
- 12/14 **DUSTIN TUNICK**, son of Jenifer Kelly
- 12/14 **DYLAN BISCH**, son of Eileen Eck
- 12/14 **LISA WEINER**, sister of Abby Moller
- 12/14 **MATTHEW SADI**, son of Sheri & Tzuri Sadi
- 12/14 **MICHAEL MOUSSA**, son of Mariam Moussa
- 12/15 **BRANDON MYERS**, brother of Rachel Myers
- 12/15 **HAYLEE LABBAN**, daughter of Penelope Coward



- 12/15 **THOMAS ROBERTS**, brother of Victoria Roberts-Wierbowski
- 12/16 **BRENDAN CLAVIN**, son of Nancy Hamma
- 12/16 **MICHELLE GITTENS**, daughter of Lenise Ballard-Gittens
- 12/16 **WILFRED DeVALLE**, son of Carmen DelValle, brother of Judy DelValle
- 12/17 **JAMES MONTGOMERY**, son of Denise Montgomery
- 12/17 **RICKY BATASHOFF**, brother of Dana Stein
- 12/17 **STEFAN PAKULSKI**, brother of Marek Pakulski
- 12/18 **DAVID GLASS**, son of Jack & Laura Glass
- 12/18 **ZIGGY MARTINEZ**, son of Sally Tucker
- 12/20 **DANIEL O'NEILL TOLEDO**, son of Kathleen O'Neill
- 12/20 **EUGENE BONACCI**, brother of Meredith Bonacci
- 12/21 **DAVID ALEXANDER**, brother of Farah Alexander
- 12/21 **MELISSA AVRIN**, sister of Andrew Avrin
- 12/22 **JACOB PAUL ROBINSON-SWEET**, son of Gail Robinson
- 12/22 **MATT BEHAN**, brother of Chris Behan
- 12/22 **MATTHEW FIDLER**, son of Annette Fidler
- 12/23 **JON MICHAEL CAMINITI**, son of Charles & Linda Caminiti, brother of Jacqueline Caminiti
- 12/26 **ETHAN WASSERBERGER**, son of Simon & Cynthia Wasserberger
- 12/26 **OWEN MULLER** son of Jane K. Muller
- 12/27 **NORBI MORGENSTEIN**, son of Gary Morgenstein
- 12/28 **SCOTT LACROIX**, brother of Kendra Lacroix
- 12/29 **ARTURO LAULO**, brother of Luz Laulo
- 12/29 **CALEB SANDE**, grandson of Renee & Hervey Sande
- 12/29 **NASIR NEWSOME**, son of Sharhon Newsome
- 12/29 **VALDING DURAN**, son of Milagros Bueno
- 12/30 **ETHAN HOLDER**, son of Beverly Holder
- 12/30 **MICHAEL McGOVERN**, son of Harri Molese
- 12/31 **JOEY HOLLIDAY**, son of Billy & Terry Holliday
- 12/31 **ROBERT WILLIAMS JR.**, son of Kimberly Hatwood
- 12/31 **RUSSELL FERBER**, son of David Ferber & Dorothy Jordon, brother of Jordon Ferber
- 12/31 **WILLIE GWATHMEY**, brother of Katie Gwathmey



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look first at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends' loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to [tcfmanhattan.nyc@gmail.com](mailto:tcfmanhattan.nyc@gmail.com) and tell us what needs to change.

**OUR CHILDREN—LOVED AND REMEMBERED**  
**DECEMBER ANNIVERSARIES**



12/1 **VERNON KENNEDY**, son of Tressie Kennedy  
 12/2 **JOEY**, son of Shantel Morrison & Tamara Cantave  
 12/2 **JONATHAN MOORE**, son of Ron & Ronnie Moore  
 12/2 **SAVANNAH WIGGINS**, daughter of Dolores Wiggins  
 12/2 **SUZANNE ZHOU**, sister of Susan Zhou  
 12/2 **ZOIE BENNETT**, daughter of Zachary Bennett  
 12/3 **HENRY SZOR**, son of Eva Grin  
 12/3 **VYLETTE MOON**, daughter of Jackie Hakiki  
 12/4 **ROBERT PATRICK JENKINS**, son of Barbara Jenkins, brother of Cheryl  
 12/6 **ALEX HARRY SINGER**, son of Susan & Lewis Singer  
 12/6 **DYLAN JOSEPH MAIDA**, son of Lisa Burns & Sal Maida  
 12/8 **DYLAN RANDALL**, son of Yenya & Robert Randall  
 12/8 **JADEN MAXWELL THOMAS**, son of Louise Thomas, brother of Tanya  
 12/9 **AREIS GORDON**, son of Joselyn Gordon  
 12/9 **SHONEN CHAMBERS**, brother of Tiffani Chambers  
 12/10 **CHRISTOPHER ROTH**, brother of Stephanie Roth  
 12/10 **JOHN HULWIYA**, brother of Vanessa Hulwiya  
 12/10 **ZUNILDE (ZUNNY) MARTE**, daughter of Victor Marte  
 12/11 **HARRY GANDEL**, grandson of Karen & Meyer Gross  
 12/11 **JONAH HENIG**, son of Abby Henig  
 12/12 **CALLIE LONG**, daughter of Jackie Long  
 12/12 **CIANNA L. ALEXANDER**, daughter of Rebecca Harper-Alexander  
 12/12 **DANNY VOLEN**, brother of Raizy Volen  
 12/12 **PAULA VOLEN**, daughter of Raizy Volen  
 12/12 **SHANA DOWDESWELL**, daughter of Laurie & Roger Dowdeswell  
 12/13 **ALAN MYL** son of Joanne Myl  
 12/13 **AMBER ASHTON**, daughter of Tom & Eleanor Ashton  
 12/13 **GEORGE DAVID MARAS**, son of Marilyn Maras  
 12/14 **DANNY MAZRAANI**, brother of Mona Mazraani  
 12/14 **JIMMY ARMSTRONG**, brother of Siobhan Armstrong  
 12/15 **COLETTE WAINWRIGHT**, sister of Katherine Sall  
 12/15 **JEFFREY VANCHIRO**, son of Sylvester (Sly) Vanchiro  
 12/15 **JESSIE MORGAN PEK**, daughter of Karyn Pek  
 12/15 **JOSE SANFORD**, son of Yolanda Rosado Ortiz & Gloria Perez  
 12/16 **DARIA NORTON**, daughter of Charlotte Savino & Lee Norton  
 12/18 **ALEX BIBLER**, son of Lindsay Bibler  
 12/18 **ARON LINDELL**, son of Julie Lindell  
 12/18 **CHRISTOPHER DOMBROWSKI**, brother of William & Brianne Dombrowski

12/18 **DESTINI DOYLE**, daughter of Annette & Kendall Doyle  
 12/19 **JOEL MALDONADO**, son of Alisha Murzi, grandson of Evelyn Murzi  
 12/19 **JOSHUA ROBERT ESFORMES**, son of Susan Esformes, brother of Jacob  
 12/19 **JUSTIN ALMON** brother of Kristina Adam  
 12/19 **ROBERT RODRIGUEZ**, son of Caroline Linares  
 12/20 **TATE RAMSDEN**, brother of Ashley Ramsden  
 12/20 **TROY O. MEYERS** son of Claudette Hannibal  
 12/21 **BAYLIN CODDINGTON**, son of Debra F. Coddington  
 12/21 **CAITLIN SANDERS**, daughter of Veronica & Lamar Sanders  
 12/21 **JUDAH BRYNDAL**, son of Dusty & David Bryndal  
 12/22 **GREGORY ROTH**, brother of Stephanie Roth  
 12/22 **TODD C. FIORE**, son of Yvonne Fiore  
 12/23 **AMANDA RUSSELL**, sister of Katie Turner  
 12/23 **QUENTIN MUNDY**, son of Terri Mundy  
 12/24 **ADAM AZZOLI**, son of Amanda Azzoli  
 12/24 **DANIEL O'NEILL TOLEDO**, son of Kathleen O'Neill  
 12/24 **MONTE JONATHAN GOLLUB** son of Ellie Gollub  
 12/24 **RENZO SCHNIPPER**, son of Matthew Schnipper and Marla Farina  
 12/24 **RICHARD CONLEY**, son of Phyllis Conley  
 12/25 **CHARLIE SINISI**, son of Ann Marie Sinisi, brother of Kelly and Dawn and the late Jimmy Sinisi  
 12/25 **DAVID LANG BAREK**, son of Peggy Lang  
 12/25 **LILY, SARAH & GRACE BADGER**, daughters of Madonna Badger and Matt Badger  
 12/25 **ROBERT SULKOWSKI**, brother of Sarah Sulkowski  
 12/26 **ASHLEY CALAZAN**, daughter of Erica Bonifacio  
 12/27 **SAIGIA BRON**, daughter of Florence Layayette  
 12/27 **SANDRA CHU**, Best friend of Emanuel Veras  
 12/27 **THOMAS ROBERTS**, brother of Victoria Roberts-Wierbowski  
 12/28 **ANDY PERSAUD**, son of Dennis Persaud, brother of Andrea Persaud  
 12/28 **NASIR NEWSOME**, son of Sharhon Newsome  
 12/29 **PAULINE FUCHS**, daughter of Carolin Fuchs & Rene Groth  
 12/30 **KELLY ERIN GRAVES** daughter of Gail Graves  
 12/30 **OLIVER LIEGEY**, son of Viva & Robert Draper  
 12/31 **IAN BOSIN**, son of Judy Neustadter  
 12/31 **LIAM ARDEN**, son of Esther and Patrick Arden



| THE COMPASSIONATE FRIENDS CHAT SCHEDULE.<br><a href="#">Click here to display exact times and to see entire schedule</a> |                                                      |                                                                 |                                                             |
|--------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------|
| ET                                                                                                                       | MORNING                                              | EARLIER EVENING                                                 | LATER EVENING                                               |
| MON                                                                                                                      | Parents/Grandparents/Siblings                        | First time CHAT orientation                                     | General Bereavement<br>Parents/Grandparents/Siblings        |
| TUE                                                                                                                      |                                                      | Loss to Substance Related Causes<br>First time CHAT orientation | Bereaved less than 2 yrs<br>Bereaved more than 2 yrs        |
| WED                                                                                                                      | Parents/Grandparents/Siblings                        | First time CHAT orientation                                     | General Bereavement<br>Parents/Grandparents/Siblings        |
| THU                                                                                                                      |                                                      | No Surviving Children<br>First time CHAT orientation            | General Bereavement<br>Parents/Grandparents/Siblings        |
| FRI                                                                                                                      | General Bereavement<br>Parents/Grandparents/Siblings | Pregnancy/Infant Loss                                           | General Bereavement<br>Parents/Grandparents/Siblings        |
| SAT                                                                                                                      |                                                      |                                                                 | General Bereavement<br>Parents/Grandparents/Siblings        |
| SUN                                                                                                                      |                                                      | Suicide Loss                                                    | General Bereavement Issues<br>Parents/Grandparents/Siblings |

**The Compassionate Friends National Office**  
48660 Pontiac Trail #930808, Wixom, MI 48393  
Toll Free (877) 969-0010  
www.compassionatefriends.org  
email:nationaloffice@compassionatefriends.org

**WE NEED NOT WALK ALONE**  
*TCF Online National Magazine*  
[Click here for Information](#)

**MARK YOUR CALENDARS!**  
Our next Chapter meetings are the 3rd Tuesday of each month:  
**NOV 19 DEC 17 JAN 21 FEB 18**

**Newsletter article submissions are welcome.**  
Please email to [marielevine2@verizon.net](mailto:marielevine2@verizon.net)

**MAKE A DONATION**  
[Click here to Donate to the Manhattan Chapter](#)

### OUR COMPASSIONATE FRIENDLY NEIGHBORS

|                    |               |                |                     |                  |                |
|--------------------|---------------|----------------|---------------------|------------------|----------------|
| Babylon            | 1st Friday    | (516) 795-8644 | Medford             | 2nd Friday       | (631) 738-0809 |
| Bronx              | 2nd Tuesday   | (914) 714-4885 | Rockville Centre    | 2nd Friday       | (516) 766-4682 |
| Brookhaven         | 2nd Friday    | (631) 738-0809 | Rockland County     | 3rd Tuesday      | (845) 398-9762 |
| Brooklyn           | 3rd Wednesday | (917) 952-9751 | SmithPoint/Mastic   | 2nd Thursday     | (631) 281-9004 |
| Flushing           | 3rd Friday    | (718) 746-5010 | Staten Island       | 2nd & 4th Thurs. | (718) 983-0377 |
| Manhasset          | 3rd Tuesday   | (516) 466-2480 | Syosset (Plainview) | 3rd Friday       | (718) 767-0904 |
| Marine Park, Bklyn | 3rd Friday    | (718) 605-1545 | White Plains        | 1st Thursday     | (914) 381-3389 |

### PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

#### 24/7 PRIVATE FACEBOOK GROUPS

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><a href="#"><u>TCF – Loss of a Child</u></a></p> <p><a href="#"><u>TCF – Loss of a Stepchild</u></a></p> <p><a href="#"><u>TCF – Loss of an Only Child/All Your Children</u></a></p> <p><a href="#"><u>TCF – Multiple Losses</u></a></p> <p><a href="#"><u>TCF – Daughterless Mothers</u></a></p> <p><a href="#"><u>TCF – Men in Grief</u></a></p> <p><a href="#"><u>TCF – Bereaved LGBTQ Parents with Loss of a Child</u></a></p> <p><a href="#"><u>TCF – Bereaved Parents with Grandchild Visitation Issues</u></a></p> <p><a href="#"><u>TCF – Loss to Miscarriage or Stillbirth</u></a></p> <p><a href="#"><u>TCF – Infant and Toddler Loss</u></a></p> <p><a href="#"><u>TCF – Loss of a Child 4 -12 Years Old</u></a></p> <p><a href="#"><u>TCF – Loss of a Child 13-19 Years Old</u></a></p> <p><a href="#"><u>TCF – Loss of an Adult Child</u></a></p> <p><a href="#"><u>TCF – Loss of a Child with Special Needs</u></a></p> | <p><a href="#"><u>TCF – Loss of a Grandchild</u></a></p> <p><a href="#"><u>TCF – Grandparents Raising their Grandchildren</u></a></p> <p><a href="#"><u>TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild</u></a></p> <p><a href="#"><u>TCF – Loss to Long-term Illness</u></a></p> <p><a href="#"><u>TCF – Loss to Cancer</u></a></p> <p><a href="#"><u>TCF – Loss After Withdrawing Life Support</u></a></p> <p><a href="#"><u>TCF – Loss to Mental Illness</u></a></p> <p><a href="#"><u>TCF – Sudden Death</u></a></p> <p><a href="#"><u>TCF – Loss to Suicide</u></a></p> <p><a href="#"><u>TCF – Loss to Homicide</u></a></p> <p><a href="#"><u>TCF – Loss to Substance Related Causes</u></a></p> <p><a href="#"><u>TCF – Loss to a Drunk/Impaired Driver</u></a></p> <p><a href="#"><u>TCF – Grieving with Faith and Hope</u></a></p> <p><a href="#"><u>TCF – Reading Your Way Through Grief</u></a></p> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

The Compassionate Friends  
c/o Sally Petrick - Treasurer  
945 West End Ave Apt 2B  
New York, NY 10025

**Making a Donation—Now Online**

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings. You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)