



**The Compassionate Friends**  
**Manhattan Chapter**  
 Supporting Family After a Child Dies

**Our next meetings...**  
 Oct 12 & 26  
 Nov 9 & 23  
 Dec 14 & 28  
 Jan 11 & 25

**Manhattan Chapter Newsletter** **October 2021**

**In the Presence of An Absence**  
 by Marie Levine

Sometimes I lie awake nights thinking about ways to describe what it feels like. But how can we describe a black hole? That's a concept I never understood. And I suppose, that's as close to an apt description as I will ever get. I don't know why it's important to be able to metaphorically describe it. But somehow, once the absence of your child enters your life, it becomes so big, so palpable, so incomprehensible, so always there, that we spend the rest of our lives trying to understand it by adequately describing it.

Being absent is not being there. But our child's absence creates a presence that is more constant than if they were actually physically there. Perhaps it is the unnatural permanence of their absence that creates a presence that we cannot put aside. That "neverness" so poignantly described by Nicholas Wolterstorff in his "Lament For A Son". Some relate it to the story of "the elephant in the room". It is an invisible presence that only we can feel. Those who care about us may believe, as time goes on, that we are functioning without that presence. But we know that the absence caused by the death of our children creates a void that is almost physical – an invisible black hole in which we carry all the love, the heartache, the grief, the disbelief, the anger, the longing for our lost child – and only we can see it and feel it.

As we negotiate ourselves through the coming of the Holiday season, the presence of the absence we live with on a daily basis, becomes an even heavier burden. Reluctant to worry those who love us with the overwhelming sadness brought on by the onslaught of joyousness, we put on a brave face and do our best to participate in the season. But their absence is always present. And that absence

(cont'd page 3)

**AUTUMN FEELINGS**  
 by Evelyn Billings - Springfield, MA

During the next couple of months, we will see many changes taking place in the world around us. The amount of daylight is decreasing; nights are becoming chilly; we'll often need some sweaters or jackets as we venture forth each day. However, the most dramatic change we notice here in New England during September and October is that of the trees trading their green summer outfits for the brilliant reds, oranges and golds of autumn.

Many of us who are bereaved parents find ourselves feeling tense and depressed when the earth awakens in the spring; we may also experience these feelings when the dramatic changes of autumn occur.

A wise lady once said to me, "our bodies respond to the changing seasons." She was right. They do! And they respond by FEELING. It seems to me that all of the grief feelings that I have - emptiness, sadness, anger, loneliness, guilt and depression - are all intensified as the world of nature around me changes.

Sometimes, however, we can draw strength from situations that see, on the surface, to be negative. A few weeks after Linda's death, I heard from two friends within a few days of each other. One said, "you know, when I am troubled, I get out and walk until I find something in nature that I've never seen before. I look at it and think about it, and I am renewed." The other friend, who had some physical disabilities, wrote me a note in which she said, "whenever I feel discouraged, I find something in nature to study, and I am renewed."

(cont'd page 4)

**TELEPHONE FRIENDS:** When you are having the kind of day you feel only another bereaved parent or sibling can understand, we are willing to listen and share with you. Don't hesitate to call our Manhattan Chapter phone for meeting information **(917) 300 3706**. To speak with someone please call one of the following volunteers; Jacquie Mitchell (eves) (347) 414-1780 jacquienytcf@gmail.com and for siblings, Jordon Ferber (917) 837-7752, beatniknudnik@yahoo.com

TCF MANHATTAN CHAPTER email: [tcfmanhattan@gmail.com](mailto:tcfmanhattan@gmail.com)  
 TCF MANHATTAN website: [www.compassionatefriends.nyc](http://www.compassionatefriends.nyc)  
 CO-CHAPTER LEADERS: **Dan Zweig:** [danzweigtcf@gmail.com](mailto:danzweigtcf@gmail.com)  
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THE COMPASSIONATE FRIENDS MEETINGS are always the second and fourth Tuesdays of the month  
**WE MEET USING ZOOM AT 7:00pm—sign on at 6:45pm**  
 As soon as possible, we hope to return in person to the  
 Fifth Avenue Presbyterian Church  
 55th Street and Fifth Ave (enter at 7 West 55th St.)

*The Compassionate Friends is a mutual assistance self-help organization offering friendship and understanding to bereaved parents, grandparents and siblings. We are a group seeking support in our grief or are able to give it. Among us your religion, your race, your politics, your job or social standing are not important. We care about your grief—the tragedy that each of us have shared—and how we can grow through it, not back to the person we were, but to the person we can become.*

## When Tomorrow Starts Without Me

By Erica Shea Liupaeter

When tomorrow starts without me,  
and I'm not there to see;  
If the sun should rise and find your eyes,  
all filled with tears for me;

I wish so much you wouldn't cry,  
the way you did today,  
while thinking of the many things,  
we didn't get to say.

I know how much you love me,  
as much as I love you,  
and each time that you think of me,  
I know you'll miss me too;

But when tomorrow starts without me,  
please try to understand,  
that an Angel came and called my name,  
and took me by the hand,

and said my place was ready,  
in heaven far above,  
and that I'd have to leave behind,  
all those I dearly love.

But as I turned to walk away,  
a tear fell from my eye,  
for all life, I'd always thought,  
I didn't want to die.

I had so much to live for,  
so much yet to do,  
it seemed almost impossible,  
that I was leaving you.

I thought of all the yesterdays,  
the good ones and the bad,  
I thought of all the love we shared,  
and all the fun we had.

If I could relive yesterday,  
just even for awhile,  
I'd say goodbye and kiss you  
and maybe see you smile.

But then I fully realized,  
that this could never be,  
for emptiness and memories,  
would take the place of me.

And when I thought of worldly things,  
I might miss come tomorrow,  
I thought of you, and when I did,  
my heart was filled with sorrow.

So when tomorrow starts without me,  
don't think we're far apart,  
for every time you think of me,  
I'm right here, in your heart.

## Bring My Child Back to Me

By Barbara Patterson –TCF Conquitlam, BC

Whisper, whisper, wind in the woods,  
Bring back my child, here where he stood,  
Let him laugh, let him shout, let him giggle with glee,  
Wind in the woods, bring my child back to me.

Silence of morning, dew on the grass,  
Give me peace in my soul, let this time pass.  
Let my child sit beside me, let the two of us be,  
Silence of morning, bring my child back to me.

Middle of the night, so dark and so still,  
Let me relax and remember at will,  
Let my child in my thoughts drift forever to see,  
Middle of the night bring my child back to me.

Sunrise and sunset, beginning and end,  
Give me a day with my child, my friend.  
We'll run on the beach, we'll play in the sea,  
Sunrise and sunset, bring my child back to me.

Memories, memories here in my head.  
Don't ever leave me, even though my child's dead.  
Keep him alive, keep him strong, keep him free.  
Memories of mine, bring my child back to me

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### TUESDAYS

TUESDAYS AT 7:00PM

With Jordon Ferber - Sibling Leader

Siblings in the Manhattan Chapter meet every  
Tuesday of the month and more.

**Sign up to get our siblings schedule emails**

[Click here for exclusive sibling emails](#)

And access our regular Chapter website for the  
parent/sibling meetings and activities.

[www.compassionatefriends.nyc](http://www.compassionatefriends.nyc)

### TCF SIBLING CHATS

Some online chats for adult and teen siblings to  
share concerns and feelings are available on the  
TCF National website

[Click here to display the full schedule of chats for  
both parents and siblings](#)

## In the Presence of an Absence...

(cont'd from page 1)

seems even bigger than the actual presence of our children, had they lived.

It's a quandary, this need to adequately describe what we're feeling. Volumes have been written in our attempts to make the uninitiated "get it" and introduce the newly bereaved to what lies ahead – to assure them that they are not losing their minds, only discovering for themselves what none of us have been able to describe. I've said it before – there's a chemical change that enables us to feel the pain of this particular despair. No other sadness compares. And that is why we can only describe these sensibilities in metaphor. Though most can relate to the loss of a parent, a pet, or a friend, only those who live it can relate to the loss of a child.

And I guess that is why we all keep trying to describe the indescribable. We think once we describe it sufficiently, civilians will feel the intensity of our despair and we'll be understood by everyone and forgiven for feeling as we do and for changing onto the people we become. It's a puzzlement. So here we go again. Plunging in to the season of joy. Remember this season, it's all about you. Be kind to yourself. Be gentle to yourself. Our children are still with us. Wrapping us all in a big, warm, cuddly hug. Feel it.

**Marie Levine**

### TCF Worldwide Candle Lighting

Sunday, December 12, 2021 - Ceremonies begin at 6pm sharp

in time for candles to be lit at 7pm EDT in Manhattan

Remember your children & siblings in our Holiday Slide Show.

[Click here for more information about the Manhattan Event and about submitting your loved one's photos for the event](#)

## From "Say Olin to Say Goodbye"

by Don Hackett - TCF Hingham, MA

The time of concern is over. No longer am I asked how I am doing. A curtain descends. The moment has passed. A life slips from frequent recall. There are exceptions; close and compassionate friends, sensitive and loving family. For me, the drama is over. The spotlight is off. Applause is silent. But for me, the play will never end. The effects on me are timeless. Say Olin to me. On the stage of my life, he has been both lead and supporting actor. Do not tiptoe around one of the greatest moments of my life. Love does not die. His name is written on my life. The sound of his voice replays within my mind. You feel he is dead. I feel he is of the dead and still lives. Forever a part of me, beckoning in future welcome. You say he was my brother, I say he is. Say Olin to me and say Olin again.

It hurts to bury his memory in silence. What he was in flesh is now ashes. What he is in spirit is alive in Heaven. He is of my past, but he is part of me now. He is my hope for the future. You say not to remind me. How little you understand. I cannot forget. I would not if I could. I understand you, but feel pain in being forced to do so. I forgive you because you cannot know. And I would forgive you anyway. I accept how you see me, but I understand you see me not at all.

I strive not to judge you, for yesterday I was like you. I love you, will make no exceptions toward you. But I wish you could understand that I dwell both in flesh and spirit. The mystery is that you do too, but know it not. I do not ask you to walk this road. The ascent is steep and the burden heavy. I walk it not by choice. What I have lost, you cannot feel. What I have gained you cannot see. Say Olin, for his memory is alive in me. He and I will meet again, though in many ways we have never parted. He and his life play light songs in my mind. Sunrises and sunsets on my dreams. He is real and shadow, was and is. Say Olin to me and say Olin again.

**Don Hackett**

## Gifts of Love

**A Love Gift** is a donation given in memory of a child who has died, or sometimes a memorial to a relative or friend. It can be in honor of a happy event that you would like to acknowledge, or simply a gift from someone who wants to help in the work of our chapter.

All TCF chapters are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters is paid directly from our local resources and our local family contributions. Thank you to all who can contribute and support this chapter. Please see 'Making a Contribution' below:

**Passing the Basket** – During normal times, we raise needed funds at each meeting by passing a basket for voluntary contributions. In this time without in person meetings, the Manhattan Chapter is going without the resources we usually get from the basket passed during our meetings. We are so glad to be able to hold the online meetings, and if you are able to, once a month or whenever you are able to, please help and make a 'Basket' contribution to help our organization.

### Making a contribution –

Easiest way – online – use a credit card securely with Paypal – Click this link: [Please donate here](#)

Or you may mail a check to The Compassionate Friends, c/o Sally Petrick, 945 West End Ave Apt 2B, New York, NY 10025. Please make your check payable to The Compassionate Friends – Manhattan Chapter. We need and appreciate your support.

## From Healing After Loss by Martha Whitmore Hickman

*"Help thy brother's boat across, and lo thine own has reached the shore" ~Hindu proverb*

One reason self-help and recovery groups are so effective is that they enlist us in helping one another – so that in each transaction two people are helped and our coping muscles are strengthened in helping another through the familiar rapids.

To help another is to forget, for a few moments at least, one's own primary consuming need. We gain a little perspective in knowing we're not the only one. And having a similar need, we understand one another and are bonded together in ways only those who have traveled the same pathway can be. We don't need to explain ourselves. The other knows. He or she has been there.

Initially, in these pairings, we will be the needier. Someone who has been there can be our guide, our hope-inducing model. Then, after a while, we will take our turn as the guide. But even then, the sorrow that lingers will lessen as we give life-giving hope to another. See, I made it through. So can you. I'm grateful to those who have reached out to me and for the opportunities I will have to reach out to others.

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### Autumn Feelings... (cont'd from page 1)

I think hearing from these two friends within just a few days of each other had to be more than just a coincidence. I feel that there was an important message there for me, and I've tried to act on it.

I can draw strength from an early morning walk, from frost patterns on our windows, from a raging blizzard, from birds at our feeder, from a rainbow, a ladybug or a whale - if I slow down, think about those things, observe their intricacy and beauty, and attempt to let some of their energy into myself.

We have to slow down, try to realize what is happening to us and be receptive to the energy that is in the natural world for us. When I'm down because it's a sparkling, clear, colorful autumn day and Linda isn't here to experience it with me, I have to feel that pain, then let it go so that the natural beauty and energy around me can strengthen and renew me.

Let yourself experience autumn - the emptiness and aching that you feel. Then try to let go of those feelings, just enough to Set the wonder and the beauty of the season into yourself - one day at a time.

*Evelyn Billings, Springfield, Mass*

## Grief: When does it stop hurting by Anna Quindlen- Pulitzer prize winning columnist

Grief reminds one of the few things that has the power to silence us. It is a whisper in the world and a clamor within. More than sex, more than faith, even more than its usher death, grief is unspoken, publicly ignored except for those moments at the funeral, that are over too quickly, or the conversations among those of us who recognize in one another a kindred chasm deep in the center of who we are.

Maybe we do not speak of it because death will mark us all sooner or later. Maybe it is unspoken because grief is only the first part of it. After a time it becomes less sharp, but larger, to a more enduring thing called loss. Perhaps that is why this is the least explored passage: because it has no end.

The world loves closure, loves a thing that can, as they say, be gotten through. This is why it comes as a great surprise to find that loss is forever, that two decades after the event there are those occasions when something in you cries out at the continual presence of an absence. The landscape of our lives becomes as full of craters as the surface of the moon. We are defined by who we have lost.

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## The Compassionate Friends Sibling Credo

*We are the surviving siblings of The Compassionate Friends*

*We are brought together by the deaths of our brothers and sisters*

*Open your hearts to us, but have patience with us.*

*Sometimes we need our families to be there.*

*Sometimes we must walk alone, taking our memories with us, continuing to become the individuals we want to be.*

*We cannot be our dead brother or sister; however a special part of them lives on with us.*

*When our brothers and sisters died, our lives changed.*

*We are living a life very different from what we envisioned and we feel a responsibility to be strong even when we*

*feel weak.*

*Yet we can go on because we understand better than many the value of family and the precious gift of life.*

*Our goal is not to be the forgotten mourners that we are, but to walk together to face tomorrow as the surviving siblings of The Compassionate Friends.*

## TCF WORLDWIDE CANDLE LIGHTING

Sunday, December 12, 2021

Ceremonies begin at 6pm sharp—candles lit at 7pm EDT in Manhattan

[Click here for more information about the Manhattan Event and about submitting photos for the event](#)





OUR CHILDREN—LOVED AND REMEMBERED



OCTOBER BIRTHDAYS

- 10/1 **AMBER ASHTON**, daughter of Tom & Eleanor Ashton
- 10/1 **PAX DESMORAIS**, son of Lian & Tim DesMorais
- 10/2 **NEILL PERRI**, son of Maddie & Cliff Kasden
- 10/3 **JAKE GOLDBERG**, son of Gene Goldberg, brother of Ben Goldberg
- 10/3 **JASON MARKS**, son of Helena Marks
- 10/3 **SKYLER CAGHLIN**, son of Seana Caghlin, brother of Cassandra Richardson
- 10/5 **ALAN MYL**, son of Joanne Myl
- 10/5 **JULIANA ADORNO**, daughter of Jerica Adorno
- 10/5 **NATHANIEL LOUIS RAND**, son of Jacob Rand
- 10/5 **SCARLETT KAUFMAN**, daughter of Eileen Kaufman
- 10/5 **TIM CARPENTER**, son of Donna Carpenter
- 10/6 **BEN LOCKHART**, son of Kate Sanford
- 10/6 **BENJAMIN IMBROGNO**, son of Naomi Imbrogno
- 10/7 **GIRBUN LAO**, brother of Ithreum Brown
- 10/7 **PETER TRAKIS**, son of Dolores & John Trakis
- 10/7 **RYAN KENT JACKSON**, son of Toby Jackson
- 10/8 **DONALD BROWN**, son of Desiree Brown
- 10/9 **CHRISTOPHER JOSEPH BAUMANN**, son of Maureen Mackey
- 10/9 **ELIZABETH HANAU**, daughter of Marsha Hanau
- 10/9 **JOANNA ZWEIG**, Ben's aunt, sister of Daniel Zweig
- 10/10 **CHRIS SANTIAGO**, son of Eve Ortega
- 10/10 **CHRISTOPHER PALMER**, son of Darlene and Douglas Palmer
- 10/10 **LAURA NAMIE**, sister of Matthew Namie
- 10/11 **KIERNAN BLAKER**, brother of Darby Blaker
- 10/11 **TIM MAGEE**, son of Mary & Tim Magee
- 10/12 **ARJUN VEER SHARMA**, son of Vikas & Priyanka Sharma
- 10/13 **DANA FLAX**, sister of Casey Flax
- 10/15 **JONATHAN BUCATO**, son of Ruth Sowell
- 10/15 **RELONZO W. PERKINS-MACK**, son of Denise Perkin Best

- 10/15 **SARAH & GRACE BADGER**, twin daughters of Madonna Badger
- 10/18 **RENEE THOMPSON**, daughter of Gregory & Joy Thompson
- 10/21 **ALEXIS NICOLE NEGRON**, daughter of German (Herman) Negron
- 10/22 **LUKE LUEBKE**, son of Bine Luebke, brother of Jonas
- 10/23 **CHARLOTTE KENLEY THOMPSON**, daughter of Jeannie Dalton & Paul Thompson
- 10/23 **MARK COOKE**, son of Maureen Cooke, brother of Jamie
- 10/23 **PATRIC KARN**, brother of Lisa Kaye
- 10/23 **PATRICK CESARIO**, son of Sharon Cesario, brother of Frank Cesario
- 10/24 **WILL GARRIGAN**, brother of Erin Garrigan
- 10/25 **JASON SCHECHTER**, son of Leo Schechter
- 10/26 **DEREK GOMEZ**, son of Marta Freyre & Robert McManus, brother of Xiomara Gomez
- 10/26 **KRISTOFFER SALAVANTE**, son of Maria & Eliezer Salavante
- 10/26 **SUZANNE PAGE**, daughter of Timmie Ross
- 10/27 **AIDAN STEVENS**, son of Lilly Stevens
- 10/27 **EMILY MACKEY**, sister of Lauren Minchen
- 10/27 **JUDAH BRYNDAL**, son of Dusty & David Bryndal
- 10/28 **MICHAEL BARNES**, son of Jaqueline Warren
- 10/29 **ADEDAYO ADEWALE**, son of Modesta Baltazar, brother of Phebe Ojomoses
- 10/29 **NATHANIEL HILL JR.**, son of Lynette & Nathaniel Hill, sister of Lenise
- 10/30 **CHRISTOPHER KWIK**, brother of Sharon Kwik
- 10/30 **MYLES CHANDLER**, son of Marcia Chandler
- 10/30 **ROBERT KISTENBERG**, son of Marilyn & Elliot Kistenberg, brother of Marni Nossel
- 10/31 **KERRY STONE**, brother of Catherine Kells
- 10/31 **SAESHA KAYTAL**, daughter of Supriya & Sid Kaytal



Our Children Remembrances — Changes

A longstanding tradition in our Manhattan Chapter of Compassionate Friends newsletter has been the listing of our children's and sibling's birthdays and anniversaries. I know I look first at each issue of the newsletter to see my child's listing, my sister's listing, and scan for the birthdays and anniversaries of my TCF friends loved ones.

It is very important that our listings are correct and meaningful and we try to keep the listings as accurate and up to date as possible, but we are not perfect. Should you desire a change to your loved one's listing or if your listing is missing, please let us know. Email to [tcfmanhattan.nyc@gmail.com](mailto:tcfmanhattan.nyc@gmail.com) and tell us what needs to change.

Dan Zweig



**OUR CHILDREN—LOVED AND REMEMBERED**  
**OCTOBER ANNIVERSARIES**



- |       |  |       |   |
|-------|--|-------|---|
| 10/1  | <b>LEAH NICO</b> , daughter of Linda Sacks, sister of Mara Bragg                       | 10/16 | <b>CLARISSA JACKSON</b> , sister of Jillian Jackson   |
| 10/1  | <b>PAX DESMORAIS</b> , son of Lian & Tim DesMorais                                     | 10/16 | <b>CYBELE FISHER-KOPPEL</b> , daughter of Phyllis & Jack Fisher, sister of Remy Fisher-Bauman |
| 10/1  | <b>TUSHAR ATRE</b> , son of Shaku Atre   | 10/16 | <b>JEM MAIR</b> , daughter of Ilana Mair  |
| 10/2  | <b>CHRISTOPHER LUKE ELMER</b> , son of Anne Elmer & Jeff Elmer                         | 10/16 | <b>LAURA LEVIS</b> , daughter of Georgia & William Levis                                      |
| 10/2  | <b>ROBERT KISTENBERG</b> , son of Marilyn & Elliot Kistenberg, brother of Marni Nossel | 10/16 | <b>LUCAS SCOTT</b> , brother of Erin Scott  |
| 10/3  | <b>TIONNIE MURRAY</b> , daughter of Marie Caballero                                    | 10/17 | <b>RYAN CHRISTIAN BALLON</b> , brother of Dylan Ballon  |
| 10/4  | <b>BARA COLODNE</b> , daughter of Mia and Eric Colodne                                 | 10/19 | <b>DANILO RODRIGUEZ</b> , sister of Enrique Rodriguez   |
| 10/4  | <b>BRANDON SCHWARTZ</b> , son of Joann & Mark Schwartz                                 | 10/20 | <b>CHRISTOPHER JAMES ROUCH</b> , son of Kathy Rouch   |
| 10/4  | <b>CAROLINE MASON</b> , daughter of Rachel Mason                                       | 10/20 | <b>MAX JACOBSON</b> , son of Terry & Hugh Jacobson  |
| 10/4  | <b>HAMEEN JASPER</b> , daughter of Yolanda Jasper                                      | 10/22 | <b>ADRIAN PURICELLI</b> , son of Denise Puricelli, brother of Vironika                        |
| 10/4  | <b>SAMUEL TITUS</b> , son of Sara Jenkins  | 10/22 | <b>ELLIS ZIMMERMAN</b> , son of Anna Ellis & Benjamin Zimmerman                               |
| 10/5  | <b>MATTHEW YUDELMAN</b> , grandson of Anne Schuman & Ian Yudelman                      | 10/23 | <b>AIDAN STEVENS</b> , son of Lilly Stevens   |
| 10/6  | <b>HANNAH POTIS</b> , sister of Taylor Potis   | 10/23 | <b>MICHAEL BARNES</b> , son of Jaqueline Warren   |
| 10/6  | <b>JAMES ROACH</b> , brother of Omar Roach   | 10/24 | <b>MASON SIMMS</b> , son of Shavon Simms  |
| 10/6  | <b>KIMANI FOSTER</b> , daughter of Katrina Thomas                                      | 10/25 | <b>RYAN KENT JACKSON</b> , son of Toby Jackson  |
| 10/6  | <b>MEL'LISA ANDRE</b> , daughter of Darchelle Hinson-Andre                             | 10/26 | <b>LUKE LUEBKE</b> , son of Bine Luebke, brother of Jonas                                     |
| 10/6  | <b>SCARLETT KAUFMAN</b> , daughter of Eileen Kaufman                                   | 10/27 | <b>ROSITA CUNNINGHAM</b> , sister of Sedel Mapp   |
| 10/7  | <b>BRYCE SHELDON</b> , son of Bianca Villalona   | 10/28 | <b>AHREN JUDE KARRAN SINGH</b> , son of Rondha-Ann Lam  |
| 10/7  | <b>MICHAEL RAMIREZ</b> , son of Michele Cennamo  | 10/28 | <b>SARA CHANGHONG ADAMS</b> , daughter of Muriel Adams  |
| 10/8  | <b>SAMMY COHEN ECKSTEIN</b> , son of Amy Cohen & Gary Eckstein                         | 10/28 | <b>THOMAS J. MANNO</b> , son of Elizabeth M. Davey  |
| 10/10 | <b>JOSETTE GIBBS</b> , daughter of Juanita Gibbs                                       | 10/30 | <b>CHARLOTTE KENLEY THOMPSON</b> , daughter of Jeannie Dalton & Paul Thompson                 |
| 10/10 | <b>JULIANA ADORNO</b> , daughter of Jerica Adorno                                      | 10/30 | <b>ROBERT ZIETEK</b> , brother of Barbara Zietek  |
| 10/11 | <b>CHRISTOPHER JOSEPH BAUMANN</b> , son of Maureen Mackey                              | 10/30 | <b>TERESA MILLER-D'ALESSANDRO</b> , daughter of Mariana & Bob Miller-D'Alessandro             |
| 10/12 | <b>BEN LOCKHART</b> , son of Kate Sanford  | 10/31 | <b>NOAH GLARPHAM</b> , son of David & Heather Kopp  |
| 10/12 | <b>CHARLIE CAMPDERRICH</b> , son of Jody Campderrich                                   |       |   |
| 10/12 | <b>CYRUS SINK</b> , son of Susan Huggins   |       |   |
| 10/15 | <b>HAYLEE LABBAN</b> , daughter of Penelope Coward                                     |       |   |





OUR CHILDREN—LOVED AND REMEMBERED

NOVEMBER BIRTHDAYS



- 11/1 **BRETT DOUGLAS**, brother of Danielle Monaco
- 11/1 **FLORENCE FRAZER**, sister of Harri Molese
- 11/1 **LIAM ARDEN**, son of Esther & Patrick Arden
- 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro
- 11/2 **STEVEN SCHWARTZ**, son of Ellen Schwartz
- 11/2 **TERESA MILLER-D'ALESSANDRO**, daughter of Mariana & Bob Miller-D'Alessandro
- 11/4 **ASHLEE D. BLAKE GUTIERREZ**, daughter of Marlene & Francisco Guttierrez
- 11/4 **DMITRI PAJITNOV**, son of Nina Pajitnova
- 11/4 **KEVIN MITCHELL**, son of Jacquie & John Mitchell, brother of Kristopher & the late Kareem Mitchell
- 11/5 **PAULA VOLEN**, daughter of Raizy Volen
- 11/5 **ROSE MAYR**, sister of Anna Mayr
- 11/6 **BENJAMIN ZWEIG**, son of Sally Petrick & Daniel Zweig
- 11/7 **KELLI ANNE AULETTA**, daughter of Dick & Mary Auletta, sister of Kimberlee
- 11/7 **MALIK DUFOR**, son of Waltrina DeFrantz-Dufor
- 11/7 **MARY GIBBS**, sister of Cynthia Gibbs-Pratt
- 11/7 **NICHOLAS SOTO**, son of Deborah Freeman & Eddie B. Soto, Jr.
- 11/8 **ADAM WEINER**, son of Susan Weiner
- 11/9 **AIMEE GANDOUR**, sister of Molly Gandour
- 11/9 **CHRISTOPHER ROTH**, brother of Stephanie Roth
- 11/9 **ISAIAH WINCH**, son of Jesse Winch, brother of Louisa-Carpenter Winch
- 11/9 **MICHAEL RAMIREZ**, son of Michele Cennamo
- 11/9 **SANDRA PLOUFFE**, daughter of Margie & Bram Jelin
- 11/10 **DONNA MALIZIS**, daughter of Agata Malizis
- 11/10 **MATTHEW GORDON**, brother of Elizabeth Stilwell
- 11/10 **MAX JACOBSON**, son of Terry & Hugh Jacobson
- 11/12 **BURTON SANDLES**, son of Ina Sandles
- 11/12 **HENRY JAY**, brother of Daniel Jay
- 11/13 **THOMAS J. MANNO**, son of Elizabeth M. Davey
- 11/14 **CATHERINE CORENU**, daughter of Carrie Tuhy
- 11/15 **AARON HOROWITZ**, son of Allan & Liz Horwitz
- 11/15 **DYLAN RANDALL**, son of Yenya & Robert Randall
- 11/15 **JORDAN WEINSTEIN**, daughter of Wendy J. Schriber

- 11/17 **ADRIAN PURICELLI**, son of Denise Puricelli, brother of Vironika
- 11/17 **KATHLEEN BEAMER**, sister of Laura Beamer
- 11/17 **LYLA SKYE MEDICI**, daughter of Mimi Delle Donne, sister of Meghan Matias
- 11/17 **TREVOR LOUGHLIN**, son of Suzy & Joe Loughlin, brother of Juliette Loughlin
- 11/18 **JAMILA IRONS-JOHNSON**, daughter of Jeannine Irons
- 11/19 **CRAIG MARTINEZ**, son of Louis Hampton Martinez
- 11/19 **SARA CHANGHONG ADAMS**, daughter of Muriel Adams
- 11/20 **DAVID LESSER**, brother of Debbie Lesser
- 11/20 **JEFFREY CARTER**, son of Linda Carter
- 11/21 **JACK ROBERTS**, son of Joanne Wright
- 11/23 **INSANN LAWLOR**, son of Serena Bhaduri
- 11/23 **JENNA HERNAN**, daughter of Maria Hernan
- 11/23 **TERRANCE RICHARDSON**, son of Theresa Richardson, brother of Francina Branch Elysee
- 11/24 **ARTHUR DUDIN**, son of Stan & Irina Dudin
- 11/24 **ERIK BANKS**, son of Laurene Buckley
- 11/26 **ALEXANDER MAXWELL**, son of Deanna & Kent Grant
- 11/26 **CLARISSA JACKSON**, sister of Jillian Jackson
- 11/26 **MARLA SUE COLLAZO**, daughter of Lita & Joe Robinson
- 11/26 **NOEL AMELLIO**, son of Margaret M. Amellio
- 11/27 **CASEY ACKERMAN**, son of Melissa and Hal Ackerman
- 11/27 **DANIELLE HYMOWITZ**, daughter of Karen Hymowitz
- 11/27 **ISABEL XIE**, baby daughter of Denise Chow & Wayne Xie
- 11/27 **KEVIN DEL ROSARIO**, son of Annaliza del Rosario
- 11/27 **LUCAS SCOTT**, brother of Erin Scott
- 11/27 **RED LAYNE**, daughter of Greg & Trillich Layne
- 11/28 **ALAN ROSENTHAL**, son of Lynne Rosenthal
- 11/28 **GABRIEL ROCCOFORTE**, son of Judith Weiss
- 11/28 **SEAN COYLE**, brother of Krista Coyle
- 11/28 **VYLETTE MOON**, daughter of Jackie Hakiki
- 11/29 **EVAN FRIEDLANDER**, son of Kathy Friedlander
- 11/29 **MAMADON JOHNSON**, sister of Djassi Johnson
- 11/29 **STEVE DAVOREN**, brother of Doug Davoren
- 11/29 **TREVOR MATTHEWS**, son of Angela Matthews





**OUR CHILDREN—LOVED AND REMEMBERED**  
**NOVEMBER ANNIVERSARIES**



- 11/1 **JUSTIN CRAIG LEDERMAN**, son of Ruth Lederman
- 11/1 **MATT BEHAN**, brother of Chris Behan
- 11/1 **OLIVIA LAURA CASTRO**, daughter of Gigi & Robert Castro
- 11/1 **SHANEIREE DAMES**, daughter of Vivian Richardson
- 11/1 **SKYLER CAGHLIN**, son of Seana Caghlin, brother of Cassandra Richardson
- 11/2 **JASON ZAINTZ**, son of Linda Zaintz
- 11/2 **KRISTEN DUBERRY**, daughter of Michael Duberry
- 11/3 **VISHAL TUNGARE**, brother of Ajay Tungare
- 11/4 **ILIA KRASOTINA**, sister of Sofiya Krasotina
- 11/4 **PARIS CAVIC**, sister of Mel Cavic
- 11/4 **SETH KAHN**, son of Debbie & Harold Kahn
- 11/5 **CASSIE WILSON**, sister of Kaylie Wilson
- 11/5 **GAVIN PESKIN**, son of Leah Peskin
- 11/5 **RACHEL AUSTER**, daughter of Gail Auster
- 11/6 **DAVID LESSER**, brother of Debbie Lesser
- 11/6 **RUSSELL GABAY**, brother of Lori Gabay
- 11/8 **JAMES GIBBON**, son of James (Jimie) Gibbon
- 11/9 **ALI SEEDAT**, daughter of Deborah McKinzie
- 11/9 **QUINDORA PERSUAD**, daughter of Maria Cabassa
- 11/10 **PARKER KOLTCHAK**, son of Deb Capone
- 11/10 **STEVEN HOUTERMAN**, son of Awilda Rodriguez Houterman
- 11/11 **BRENDA CHAPMAN**, daughter of Della Scrugs
- 11/11 **LINDA GIOVE**, daughter of Arlene Schechter
- 11/11 **MYLES CHANDLER**, son of Marcia Chandler
- 11/12 **JON ROMULO**, son of Tocy Friend
- 11/13 **HENRY JAY**, brother of Daniel Jay
- 11/13 **MICHAEL AARONSON**, son of Dorothy Aaronson, brother of Robert Aaronson

- 11/13 **ROBERT CABALES**, son of Susan Cabaales
- 11/14 **VICENTE EDUARDO**, son of Tomasina Eduardo
- 11/16 **JAY SCHNEIDER**, son of Bonnie Bowes
- 11/17 **DYLAN LAKER**, son of Claudette Kraus & Robert Laker
- 11/17 **JASON ELLIS**, son of Michael Ellis
- 11/18 **CHRISTOPHER MEYER**, brother of Kimberly Meyer
- 11/18 **KIERNAN BLAKER**, brother of Darby Blaker
- 11/20 **"SPROUT" WILSON**, son of Elizabeth Minei
- 11/20 **NOEL AMELLIO**, son of Margaret M. Amellio
- 11/20 **RORY DAZE CHONG**, son of Pam Chong
- 11/21 **GEORGE MICHAEL KOTSIS**, son of Doris Kotsis
- 11/21 **KATHLEEN BEAMER**, sister of Laura Beamer
- 11/22 **AMIR PRIZANT**, brother of Ayelet Prizant
- 11/22 **ETHAN WASSERBERGER**, son of Simon & Cynthia Wasserberger
- 11/24 **CHRISTOPHER EISELE**, son of Kathleen & John Montoya
- 11/25 **JESSICA REVELEY**, sister of Britt Bonney
- 11/26 **ALEX REY**, son of Alex and Myrna Rey, brother of Amanda Rey
- 11/26 **DR. AMY BETH ROSEN**, daughter of Helen Rosen
- 11/28 **RUBY MANE**, daughter of Mohasin Mane
- 11/29 **BRONWEN PRADT**, daughter of Katherine Pradt
- 11/29 **KHALIL KNOWLEDGE SMITH**, son of Malazha Wright
- 11/29 **KOFI A. MENSAH JR.**, son of Rosinah Mensah & the late Samuel A. Mensah, brother of Dr. Kofi A. Mensah, Ph. D
- 11/30 **GINGER SIMMS**, daughter of Larry Simms & Alison Ho
- 11/30 **JAMES PATRICK (JIMMY) SINISI**, son of Ann Marie Sinisi
- 11/30 **JESSE VALENTINE**, son of Joanna Valentine
- 11/30 **LYDIA WOOD**, daughter of Matt Wood
- 11/30 **SHIMMER HALL**, daughter of Janine James





THE COMPASSIONATE FRIENDS CHAT SCHEDULE. <a href="#">Click here to display exact times and to see entire schedule</a>			
ET	MORNING	EARLIER EVENING	LATER EVENING
MON	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
TUE		Loss to Substance Related Causes First time CHAT orientation	Bereaved less than 2 yrs Bereaved more than 2 yrs
WED	Parents/Grandparents/Siblings	First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
THU		No Surviving Children First time CHAT orientation	General Bereavement Parents/Grandparents/Siblings
FRI	General Bereavement Parents/Grandparents/Siblings	Pregnancy/Infant Loss	General Bereavement Parents/Grandparents/Siblings
SAT			General Bereavement Parents/Grandparents/Siblings
SUN		Suicide Loss	General Bereavement Issues Parents/Grandparents/Siblings

**The Compassionate Friends National Office**  
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Toll Free (877) 969-0010  
www.compassionatefriends.org  
email:nationaloffice@compassionatefriends.org

**WE NEED NOT WALK ALONE**  
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**MARK YOUR CALENDARS!**  
Our next Chapter meetings are Tuesdays:  
**OCT 12   NOV 9   DEC 14   JAN 11**  
**OCT 26   NOV 23   DEC 28   JAN 25**

**Deadline for Newsletter article submissions:**  
**Oct:** Sept 1st   **Nov:** October 1st  
**Dec:** November 1st   **Holiday:** November 15th

**MAKE A DONATION**  
[Click here to Donate to the Manhattan Chapter](#)

### OUR COMPASSIONATE FRIENDLY NEIGHBORS

Babylon	1st Friday	(516) 795-8644	Rockville Centre	2nd Friday	(516) 766-4682
Bronx	2nd Tuesday	(914) 714-4885	Rockland County	3rd Tuesday	(845) 398-9762
Brookhaven	2nd Friday	(631) 738-0809	SmithPoint/Mastic	2nd Thursday	(631) 281-9004
Brooklyn	3rd Wednesday	(917) 952-9751	Staten Island	2nd & 4th Thurs.	(718) 983-0377
Flushing	3rd Friday	(718) 746-5010	Syosset (Plainview)	3rd Friday	(718) 767-0904
Manhasset	3rd Tuesday	(516) 466-2480	Twin Forks/Hamptons	3rd Friday	(646) 894-0317
Marine Park, Bklyn	3rd Friday	(718) 605-1545	White Plains	1st Thursday	(914) 381-3389
Medford	2nd Friday	(631) 738-0809			

### PRIVATE FACEBOOK GROUPS

Click below for National Website's Listing of groups.

#### 24/7 PRIVATE FACEBOOK GROUPS

- |  |   |
|--|---|
| <a href="#">TCF – Loss of a Child</a>                                    | <a href="#">TCF – Loss of a Grandchild</a>                                  |
| <a href="#">TCF – Loss of a Stepchild</a>                                | <a href="#">TCF – Grandparents Raising their Grandchildren</a>              |
| <a href="#">TCF – Loss of an Only Child/All Your Children</a>            | <a href="#">TCF – Miscarriage, Stillbirth, Loss of an Infant Grandchild</a> |
| <a href="#">TCF – Multiple Losses</a>                                    | <a href="#">TCF – Loss to Long-term Illness</a>                             |
| <a href="#">TCF – Daughterless Mothers</a>                               | <a href="#">TCF – Loss to Cancer</a>  |
| <a href="#">TCF – Men in Grief</a>                                       | <a href="#">TCF – Loss After Withdrawing Life Support</a>                   |
| <a href="#">TCF – Bereaved LGBTQ Parents with Loss of a Child</a>        | <a href="#">TCF – Loss to Mental Illness</a>                                |
| <a href="#">TCF – Bereaved Parents with Grandchild Visitation Issues</a> | <a href="#">TCF – Sudden Death</a>  |
| <a href="#">TCF – Loss to Miscarriage or Stillbirth</a>                  | <a href="#">TCF – Loss to Suicide</a>                                       |
| <a href="#">TCF – Infant and Toddler Loss</a>                            | <a href="#">TCF – Loss to Homicide</a>                                      |
| <a href="#">TCF – Loss of a Child 4 -12 Years Old</a>                    | <a href="#">TCF – Loss to Substance Related Causes</a>                      |
| <a href="#">TCF – Loss of a Child 13-19 Years Old</a>                    | <a href="#">TCF – Loss to a Drunk/Impaired Driver</a>                       |
| <a href="#">TCF – Loss of an Adult Child</a>                             | <a href="#">TCF – Grieving with Faith and Hope</a>                          |
| <a href="#">TCF – Loss of a Child with Special Needs</a>                 | <a href="#">TCF – Reading Your Way Through Grief</a>                        |

The Compassionate Friends  
c/o Sally Petrick - Treasurer  
945 West End Ave Apt 2B  
New York, NY 10025

#### **Making a Donation—Now Online**

Many of us are grateful for what Compassionate Friends has done for them and want to lend their support, even those who do not currently attend our meetings. You can still mail a check to the address to the left or donate online.

[Click here to Donate to the Manhattan Chapter](#)